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Hidden Gems of Pennsylvania
Entertainment for the Soldier, by the Soldier
Military Family Relief Assistance Program
Employee Spotlight

Judy Schreiber

Judy Schreiber comes to us with an extensive background in aquatics. She was the Aquatic Director at the Carlisle Family YMCA for 15 years and is now the aquatic aide at Big Spring High School. Judy is excited to be working at the Carlisle Barracks’s Splash Zone swimming pool this summer to provide quality swim lessons and a safe aquatic environment.

What is Family and Morale, Welfare & Recreation?

In 1940 a branch within the Army was established known as the Morale Division which later became known as “Special Services.” Family and MWR is a group of men and women who provide support and leisure activities to our Soldiers (active duty, Reserve, and Guard) their Families, military retirees, and civilian employees. Currently working in Family and MWR are approximately 37,000 employees worldwide and their mission is to deliver quality programs to Soldiers and their Families.

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On the Cover

The trees are turning green, the flowers are starting to bloom, and the earth is becoming vibrant! May is when the weather starts to play in our favor and warm up. At the end of the month Carlisle Barracks’ Splash Zone swimming pool will open up offering a place for family and friends to hangout and celebrate the end of the school year together. In May we also celebrate all military spouses and their sacrifices and contributions they make to our country.

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Ice dissuaded Me

dla.mil/pages/ice.aspx

To advertise in First Choice Magazine, please give us a call at 717-265-3779 or email marketing@1stchoicemag.com.

First Choice is a Family and Morale, Welfare & Recreation publication published monthly. The appearance of advertising does not constitute an endorsement of goods or services by the U.S. Army. Activities and events are subject to change without notice. For more information, visit www.1stchoicemag.com.

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ELicT ER FROM THE DIRECTOR

Elizabeth Knouse - Director

In the month of May we celebrate our mothers and remember our fallen. Make sure to take extra special care of the women that take care of you this holiday. This Mother’s Day you can treat mom to a hearty Breakfast Buffet at the Fort Indiantown Gap Community Club (RSVP 861-2450) featuring all of your favorite comfort foods and freshly baked and melt-in-your-mouth pastries or take her for an Italian Dinner Buffet at the Letort View Community Center (RSVP 245-4329) with a wonderful selection of soups and a variety of specialty dishes.

This month we set aside a special day to honor Military Spouses. Military Spouse Appreciation Day is celebrated the Friday before Mother’s Day. It is a day to honor both the men and women and the important role our Military Families play in keeping our Armed Forces strong and our country safe.

As we thaw from a very cold winter, we welcome longer days and warmer weather. Make sure to take advantage of the many services that Family and MWR has to offer. Visit your local Leisure Travel Services office at Carlisle or the Fort Indiantown Gap to learn about the Amish Experience and New York City On Your Own or pick-up discounted tickets for Disney Parks, Hershey Park or the Baltimore Aquarium.

Experience the beauty of Pennsylvania with Outdoor Recreation via professionally guided trips for hiking, kayaking and biking as well as clinics and outdoor rentals.

May also signals the upcoming PCS season at Carlisle Barracks so don’t forget about the Post wide Yard Sale on May 16th. It is open to the public and there will be a consolidation of sales on Indian Field and throughout the post. The Carlisle Barracks Splash Zone swimming pool will be opening on Memorial Day weekend so make sure to check out www.carlislemwr.com for all the upcoming details.

Finally, while Memorial Day carries thoughts of outdoor fun and recreation, we also take this time to honor those who have given the ultimate sacrifice to secure our many freedoms. I hope you will all take some time to remember those who serve our country.

Whatever you choose to do this May, MWR is here to serve you!
CARLISLE AUTOCARE CENTER
We Keep America Running

Virtually all vehicles come with power steering, so many Carlisle motorists have never driven a car or truck without it. Power steering assists you when you turn your steering wheel. Without it, it is very hard to steer.

This power assist comes in a couple of forms. A lot of vehicles have an electric motor that reduces steering effort and helps improve fuel efficiency. Another kind of power steering is hydraulic. This is the kind most vehicles have. Power steering fluid is pressurized by a pump and is used to assist steering. Of course, motorists need the right amount of fluid in the system. If losing your power steering while driving can be unsettling – just remember that you can still steer. It will just be harder. Check with your service specialist to see if it’s time to service your power steering system.

In addition to power steering service, at Carlisle Autocare Center we offer comprehensive automotive services including oil change, tire replacement and alignment.

Tip of the Month

Carlisle Autocare Service
Tip of the Month

473 E North Street Carlisle, PA 17013
717-245-4158 • www.carlisleautocare.com

CARLISLE AUTOCARE CENTER

BASIC BIKE

MAINTENANCE CLINICS

AT OUTDOOR RECREATION

Join us for this Information session on basic bike maintenance and adjustments for only $50 per person.

One class each month through December. Check our website or Facebook pages for dates, times and locations.

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717-245-4518 • www.CarisleMWR.com • www.CarlisleOutdoorRec.com

CARLISLE AUTOCARE CENTER

FAMILY AND MORALE, WELFARE & RECREATION

4 FIRST CHOICE MAGAZINE | FIND US ON FACEBOOK: MWR FIRST CHOICE

WWW.1STCHOICEMAG.COM | MAY 2015

5
FREE Shuttle bus service available every Thu - call (717) 226-3985 for pick up.

Armory: 6
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- Keyston Arms - West Point Drive 
- Keyston Arms - Taylor Avenue 
- Carlisle Academy Apartments - On the Square, Corner of Hanover & High Streets near 1st Presbyterian Church

- Tiki Bar Entertainment Schedule

7 - donna Jean Foster 5:30-6pm

4 - old school 6-9pm

(245-4329

Tiki Bar: 6-9pm.

INSPIRITIVE Live Classess! You've seen it on TV, now do it live. Tue's & Fri's at 3pm. High intensity cardio & tonetrics.

Fitness Classes: Thorpe Fitness Center. TRX, TRX for Adults over 40, Zumba, and Lifting All classes are FREE except Tae Kwon Do, $55 Thu from 4:30-6pm at Thorpe Fitness Center. $15 per month.

Tax Bo Cardiovascular Workout: Tue and Thu from 6-7pm at Thorpe Fitness Center. $15 per month.

Beginner's Wheel Throwing Pottery Class: Call for class times and dates. Four classes will be offered each month. $20 per class. Learn to hand build and throw clay on a wheel. Limited seating available – 4 seats per class.

Courtyard Concert Series: U.S. Army Heritage and Education Center.

- Jun 20 - Chris Lee from 5-8pm, Jul 18 - The Octavia Blues Band from 3-6pm, Jul 25 - Donna Jean Foster from 5-8pm, Aug 15 - Donna Jean Foster from 5-8pm and Aug 29 - Chris Lee from 5-8pm. Bring a blanket to sit on while you eat, drink, and enjoy the music! Call bar and Courtyard menu. Scavenger hunt for the kids with prizes.

Coffee, hot tea and water. cakes and freshly brewed italian coffee, hot tea and water.

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Coffee, hot tea and water. cakes and freshly brewed italian coffee, hot tea and water.
**BOWLING** - 245-4109

$5.50 Game Night: Sat’s & Sun’s in May from 1-8pm. Open bowling for $5.50 per person. Shoe Rental $1 per pair.

**Grill’n Chill’n**: May 20, Jun 17, Jul 22, Aug 19, Sep 16 and Oct 7 from 11am-4pm. Seating Outside. A variety of grilled items will be offered. Regular snacks will be limited to cold sandwiches, salad bar and deep fried items only.

**Summer Saver Card**: 20 - 335. Valid Jun 1 - Aug. 31 Savings of $5.00.

**Birthday Parties**: Celebrate your birthday with us! Enjoy bowling, food, and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!

**GOLF** - 243-3262

Play & Ride/Weekday Special: Mon-Thur from 12-4 pm. $24 p/p. 18 holes. Must call for a tee time.

Open Golf and Drive: Open Mon-Fri 7-9am and Sat-Sun 9am.

Golf Lessons: Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

**OUTDOOR REC** - 245-4565

**Bike Rides** (half-day): May 20, Jun 7, Jul 28, Aug 2, Sep 19, 9, 25, 29, Oct 4 and Nov 7: 325 p/p. Transportation and bikes provided. All abilities welcome. Must register one week prior to event.

Kayaking: May 3, 31, Jun 6, 20 or 25. Experience Pennsylvania’s beautiful scenery by Kayak. Basic paddling instruction is provided then followed by a day of boating and nature watching. Location: Big Springs, Yellow Breeches Creek

**Imaginative Day Hikes**: Jun 30, Jul 21 and Sep 13 from 10am-2pm. $15 p/p. Must register one week prior to event.

**Road Trip Destination**: Allegheny Passage: Jun 17-15. Three days of cycling the Great Allegheny Passage bike trail. Equipment provided. Must be 15 years of age. Must register two weeks before event. Sag wagon provided. Camp out in the great outdoors for only 175 p/p. Mandatory pre-trip training. Must register by Jun 10 from 6-7pm at COD.

**GREENS PROGRAMES**

**SKIES Programs**: 245-4555

**Summer Camp 2015 Register Now!** Must register in advance of week(s) desired, by appointment only please. Camp runs Jun 4 – Aug 21. K-5th Grade, includes all activities, field trips, meals and snacks.

**MUST Register for all** SKIES Classes on line [https://www.carleicney.com](https://www.carleicney.com) or call CYSS

**British Soccer Camp**: May 27, Jun 23 and Dec 16. If you’re an outdoors enthusiast this class is for you. Learn how to extend the life of your outdoor gear and how to store clean and repair valuable outdoor clothing and equipment. Held at Outdoor Recreation from 6-8pm. $20 p/p. Must register one week prior to event.

**Outdoor Gear Maintenance Classes**: May 27, Jun 23 and Dec 16. If you’re an outdoors enthusiast this class is for you. Learn how to clean and pack gear that sets you go fast and light. Held at Outdoor Recreation from 6-8pm. $20 p/p. Must register one week prior to event.

**Spring Cookout & DJ**: Jun 28. Join us for a night of fun, dancing, sports activities, neon dodgeball, glow-bowling, glow crafts and activities. please bring a clean pair of sneakers to wear. Every Fri, 7-8pm. $5 p/p. McConnell Youth Center, FREE.

**Friday Night Dodgeball!:** Open to youth in grades 1 - 12. Please bring a clean pair of sneakers to wear. Every Fri, 7-8pm. $5 p/p. McConnell Youth Center, FREE.

**MAY 2015**

**Upcoming Events**

**Spring Yard Sale**: May 16

County Fair/Newcomer’s Information Expo: Aug 12

[www.carleicney.com](http://www.carleicney.com)

**Upcoming Events**

**3rd Annual Spring Cookout & DJ**: May 28

Join us for this exciting event providing boys and girls the opportunity to compete on four levels of competition including Team Championship events at all 30 Major League ballparks and the National Finals at the MLB All-Star Game. Register online to participate. [http://mlb.com/mlb/mlb/MlbKids/mlb_pitch_ht_run.jsp](http://mlb.com/mlb/mlb/MlbKids/mlb_pitch_ht_run.jsp) May 2-1, 2-7pm, Ages 7-14, Boys Baseball & Girls Softball, Indian Fields, FREE.

**American’s Armed Forces Day**: Kids Run (This is a worldwide Military Base event) May 9 Register today! Open to the public. Ages 5 & 6 run 1/4 mile, Ages 7 & 8 run 1/2 mile, Ages 9-13 run 1 mile – Indian Field, FREE. Online Registration: [www.americaskidsrun.org](http://www.americaskidsrun.org)

**Memorial Day Events**

**Memorial Day Cookout**: May 20

**Family Fun Night**: May 22

**TRAPPEN HOLIDAY** Memorial Day

**Patriotic Events**

**Memorial Day**: May 25

**Family Events**

**Sunday River Fun Day**: May 22

**Father’s Day Fun Day**: May 17

**Father’s Day Celebration**: May 18

**Father’s Day Events**: May 19

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Hidden Gems of Pennsylvania

By: LAUREN SNYDER

When you hear about the attractions that Pennsylvania has to offer, you often hear about the Liberty Bell and Independence Hall in Philadelphia, Hershey Park in Hershey and Gettysburg’s battlefields. Time and time again, the commonwealth of Pennsylvania goes by the way-side and is forgotten about. The state has a variety of “hidden gems” offering history, fun for the whole family and a one-of-a-kind experience. We would like to share with you “hidden gems” across the entire state.

Eastern State Penitentiary

This penitentiary is America’s most historic prison and is located in Philadelphia. It was once the most famous and expensive prison in the world. Today it stands in ruins, with unforgettable crumbling cellblocks and vacant guard towers. This is the world’s first true penitentiary and is known for its impressive architecture and strict discipline. Eastern State Penitentiary once held many of America’s most notorious criminals, such as bank robber ‘Slick Willie’ Sutton and Al Capone.

Fallingwater

While making a trip to Ohiopyle, just a few miles down the road from the state park is a home designed by a renowned architect, Frank Lloyd Wright, which is a must see also! Fallingwater is nestled in the lush, wooded Bear Run Nature Reserve and is a timeless monument of organic architecture at its finest. This home is listed in Smithsonian’s “Life List of 28 Places to Visit Before You Die.” The house became so famous because it doesn’t appear to be on solid ground, but stretches across a 30 foot waterfall.

Old Jail & Museum

When traveling south on I-81 and need to stretch your legs, you can pay a visit to Ohiopyle State Park. The grand Canyon is known as “the Crown Jewel of Pennsylvania” and stretches 50 miles and ranges depths of 1,000 feet. The canyon winds its way through an immense wilderness scenery of magnificent beauty that will capture your imagination and renew your soul. Many activities are offered for nature lovers, from kayaking, fishing, hiking to cycling and camping. The hiking trails offer breathtaking views of the canyon, forests, waterfalls and wildlife.

Eisenhower National Historic Site

Along with touring the battlefields in Gettysburg, you can pay a visit to the home and farm of General and President Dwight D. Eisenhower. The Eisenhower farm served as a weekend retreat for the President and his family in addition to a meeting place for world leaders. This farm has a peaceful setting and view of mountains which made it a great place to get away from Washington D.C. and to reduce the tension of the Cold War.

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NEW HOURS
Arrowheads Bar & Grill
Sun-Thurs, 11am – 10pm
Fri & Sat, 11am – Midnight
OPEN TO THE PUBLIC
717-861-9481

MAY EVENTS
Mother’s Day Breakfast Buffet
May 10, 8am - noon, please call 717-861-2450 for reservations
Earl David Reed
May 23, 7-11pm, please call 717-861-2450 for reservations
Yuengs & Wings Tue Nights
Pair your wings with a pitcher of our Yuengling draft selections $10
Wed Trivia Nights
7-9pm
No Cover, prizes, open to the public, Full Menu available

Line Dancing
Every Tue & Every Other Sun
7-9pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community Club Ballroom

Upcoming Events
Cigar Social
Jul 18, 2-4pm

Ongoing Events
shown on 13 hdtv’s
NASCAR Sunday Ticket
Hockey...and much more!

GET A JOB WITH US
USAJOBS.GOV

Starts at 4pm
$10

5th Annual
America’s 911 & Military Tribute
Bike and Car Show
July 13, 2015 10am-4pm
Day of GIVING BACK to
Our Troops & First Responders
Fort Indiantown Gap Community Club
9-95 Fisher Avenue, Annville, PA 17003
Registration Open from 8am-11am
REGISTRATION BY DONATION
All Hot Rods, Motorcycles, Trucks, Cars, Emergency & Military Vehicles Welcome
Daily door prizes
100+ registered vehicles
ROCKIN CHARLIE DI
BRETT "NEED TO KNOW"

STUMPS GARAGE, INC.
GAP DIVISION

New Hours
Stumps Garage, Inc.
717-861-2711

OPEN TO THE PUBLIC
10 New Locations
EMISSION & STATE INSPECTION • OIL CHANGE • DISCOUNTED TIRES
ALIGNMENT • BRAKES • EXHAUST • COMPUTER SERVICE
A PORTION OF ALL SALES FUNDS MWR AND ITS PROGRAMS

FORT INDIANTOWN GAP
MORALE WELFARE & RECREATION DIRECTORY

FORT INDIANTOWN GAP
MORALE WELFARE & RECREATION

Directory

MWR Programs
Marketing
717-245-4496
Corporate Sponsorship
717-245-3777
Community Club
Bldg. 9-65 Fisher Ave
Annville, PA 17003
717-861-2450
Community Club Catering
717-861-2450
Box Car Coffee Shop
717-861-2693 / 2450
Mon-Fri 6-10 am
Dine Weekends 6-9 am
Arrowheads Bar and Grill
717-861-9481
Mon-Thu 11 am-1 pm, 4 pm-Midnight
Fri 11 am-1 pm, 4 pm-2 am
Sat 5 pm-2 am
Community Club Cafeteria
717-861-9482
Mon-Fri 11 am-1 pm
DMWR Cafe
717-861-2450
Recreation Center
Bldg. 13-510
Annville, PA 17003
717-861-2296
Fri-Sun 6-10 pm
Leisure Travel Services
Bldg. 9-65 Fisher Ave
Annville, PA 17003
717-861-3994
Thu & Fri 9am - 1pm
All-Army Sports Program
717-861-2647
Blue Mountain Sports Arena
Call for classes available
Bldg. 4-117
Annville, PA 17003
717-861-2711
Summer Hours:
Mon-Fri 6-9 am - 9 pm
Sun 8 am-8 pm
Warrior Fitness Center
Bldg. 12-99
Annville, PA 17003
Open 24/7 with access key
717-861-9611
Sports/Racquetball Courts
717-861-2711
*reservations required
Outdoor Recreation
717-861-2711
Stumps Garage, Inc.
717-861-5440
Key Numbers
Emergency
911
Chapel
717-861-2122
Credit Union
717-861-6641
Veteran Affairs
717-861-8902
Museum
717-861-2402
ID Card Center
717-861-8693
Judge Advocates
717-861-8891
HBO/ Employment/ Jobs Federal
717-861-8709
HBO/ Employment/ Jobs State
717-861-6993
SATO Travel
1-800-603-1993
Port Exchange
717-861-2058
Barber Shop
717-861-2058
Military Clothing
717-861-2976
Subway
717-861-1700
Tuition Assistance
717-861-9238
Public Affairs
717-861-8468
Police Department
717-861-2727
Fire Department
717-861-2212
Education Center
717-861-9341
Emergency Relief
717-861-8841
Medical Clinic
717-861-2091
Range Control
717-861-2152

Line Dancing
Every Tue & Every Other Sun
5:30 pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community Club Ballroom

Upcoming Events
Cigar Social
Jul 18, 2-4pm

Ongoing Events
shown on 13 HDTV’s
NASCAR Sunday Ticket
Hockey...and much more!

GET A JOB WITH US
USAJOBS.GOV

Starts at 4pm
48 oz pitcher & 8 wings
Just $10
Exploring Cumberland Valley

by KRISTEN ROWE

Cumberland Valley is home to a collection of tucked away attractions that can fill your weekends with family fun and offer many journeys to be discovered. Below are a few “hidden gems” in your own backyard. Find even more at visitcumberlandvalley.com.

Kings Gap Garden – Get in touch with nature and native Cumberland Valley plants at the Kings Gap Garden. The garden located on the grounds of the Kings Gap Environmental Education Center features three educational areas containing native plants and flowers, an herb garden and a wildlife habitat area.

Rolls Royce Museum – This hidden 5,000 sq. ft. facility in Mechanicsburg holds a changing collection of Rolls-Royce and Bentley motorcars, an extensive research library and functioning garage where technical seminars are given by noted professionals.

The Trout Gallery at Dickinson College – This fine arts museum located in the Weiss Center for the Arts houses Dickinson’s permanent collection of art, ancient through contemporary, with changing exhibits.

Oakes Museum – This quirky attraction is located on Messiah College’s campus and is only open on Saturday afternoons, but it’s definitely worth a visit. This museum is devoted to natural history with exhibits that take you back thousands of years to America and Africa. It features 75 full mounts, including a zebra, giraffe and elephant.

Pauls Farm Market – This popular market in Mechanicsburg is pretty well known for their farm-fresh products and great flower selection. However, the hidden gem at this farmer’s market is the kid’s activities. In the warmer months, kids can enjoy barnyard and baby animals, horse tire swings, a wooden tractor structure and other play areas.

Sunset Rocks Trail – Follow this trail through Michaux State Forest to hike past top-secret World War II POW camp ruins. Make it a longer hike to include beautiful views of the Valley.

Union Fire Company No. 1 and Museum – The Union Fire Company No. 1 is the oldest, operating volunteer company in the state of Pennsylvania. The company was organized in 1789 and now contains a two-story museum at its location in Carlisle.

Historical Society of East Pennsboro - This historical gem invites railroad lovers to browse the collection of items from the famed Enola Yards. From its beginnings through 1956, the Enola Yards was the largest freight yard in the world and still operates today on a smaller scale.

The hunt for hidden gems doesn’t stop here! Other fun finds in Cumberland Valley include a variety of events and festivals. View a sampling below and find other exciting things to see and do this month at visitcumberlandvalley.com/events-calendar.

Children’s Fishing Derby @ Mt. Holly Fish & Game Pond – May 9
Dickinson Township and Mt. Holly Fish and Game Association will host a Children’s Fishing Derby for children ages 3 to 12 at the Mt. Holly Fish and Game Pond. There will be prizes, raffles, food, crafts and of course, fishing!

43rd Annual Greek Festival @ Holy Trinity Greek Orthodox Cathedral – May 15-16
Take a tour of the church, enjoy the Greek dancers, stop by the hand-crafted jewelry and artisan booths. Also visit the Gyro, Souvlaki and Saganaki booths.

Army Heritage Days @ USAHEC – May 16-17
Army Heritage Days is an annual, two-day living history event full of different demonstrations and activities. Hundreds of living history interpreters occupy the Army Heritage Trail and recreate historical military moments throughout history.

Camp Hill Kite Festival @ Fiala Field – May 17
Come out and watch the Keystone Kiters fly their kites and make one yourself for free. Food will be available for purchase.

Wildflower Hike @ Pole Steeple – May 21
Spring is in bloom! Join the Appalachian Trail Conservancy for its Third Thursdays Wildflower Hike on May 21. Get your heart pumping with a short, but steep hike up the Pole Steeple Trail in Pine Grove Furnace State Park before connecting to the Appalachian National Scenic Trail.

Fifth Annual Plein Air Camp Hill Arts Festival – May 30
This free festival for people of all ages is skill levels features a juried competition for painters and photographers, quick draw and quick shoot competitions, youth “paint out,” student competitions, free workshops, demonstrations, lectures, live music and food.

Kings Gap Garden at Messiah College is the kid’s activities. In the warmer months, kids can enjoy barnyard and baby animals, horse tire swings, a wooden tractor structure and other play areas.

Enola Yards is the largest freight yard in the world and still operates today on a smaller scale.

Cumberland Valley is home to hundreds of living history interpreters occupy the Army Heritage Trail and recreate historical military moments throughout history.
The 2015 U.S. Army Soldier Show is a high-energy, 90-minute live musical production that showcases the talents of Soldiers who were selected through a rigorous audition process from worldwide competition. It’s Army entertainment you’ve never experienced before. It is a live Broadway-style performance featuring the Army’s best talent. The Soldiers participating are amateur artists who have a passion for music, dancing and performing that are Active-Duty, Reserve or National Guard Army. They come from all military occupational specialties: combat arms, information technology, human resources, food services, signal systems support, petroleum supply, combat medicine, aircraft structural repair and other tactical units. The show is assembled in five weeks, spending months rehearsing and training before taking the show “on the road” for six months of touring from mid-April through mid-October. Even the backstage crew for the Soldier Show has a lengthy screening process, as the lighting and sound are also 100% Soldier managed.

The modern version of the U.S. Army Soldier Show originated in 1983 as an outgrowth of several shows existing in various Army commands. The motto, mission and philosophy of the show, “Entertainment for the Soldier, by the Soldier,” was established during WWII by Sgt. Beilin. He conceived and directed the first Army Soldier Show “Yip Yaphank,” which appeared on Broadway in 1918. The show was the reinvented during WWII on Broadway and given the title “This is the Army.” which was written, directed and produced by Beilin. The Soldier Show was selected to perform in New York’s Times Square in 2012 as part of Fleet Week. Every year, The Soldier Show has a complete tour schedule, appearing in venues throughout the country.

Want to see The Soldier Show? It’s FREE!

Thursday, May 28: 7:00PM
Lebanon Valley College Sports Center
Free Admission, Open to the Public and Family Friendly!
Doors open at 6:00PM; First Come First Serve Seating

Military Family Relief Assistance Program

The Pennsylvania Military Family Relief Assistance Program (MFRAP) provides financial assistance, in the form of grants, to eligible Pennsylvania service members and their eligible family members. Eligible members must have a direct and immediate financial need as a result of circumstances beyond their control. The amount of a grant is based on documented financial need, up to a maximum of $3,500. Examples of such financial need include:

• A sudden or unexpected loss of income, real or personal property, assets or support, directly related to military service, or exigent circumstances affecting the service member.
• Emergency need for child care for which the applicant lacks financial resources.
• Natural or man-made disasters resulting in a need for food, shelter or other necessities.
• The death or critical illness of a parent, spouse, sibling or child resulting in immediate need for travel, lodging or subsistence for which the applicant lacks financial resources. (Service members serving in OCONUS locations must seek assistance through military channels for emergency travel prior to submitting for assistance from PA MFRAP. A statement from the service member’s command (LTC or higher) that such assistance is not available, and why, will be required with each application.)

Eligibility: The Program applies to Pennsylvania residents who:

• Are serving on 30 or more consecutive days of active duty with the Pennsylvania Army or Air National Guard or Reserve Components of the Armed Forces for a period of three years after completion of a qualifying tour of active duty of 30 or more consecutive days when the financial need is directly related to the member’s active duty period.
• Are former members of the Armed Forces of the United States, the Reserve Components and the Pennsylvania Army and Air National Guard for a period of four years after medical discharge for medical disability incurred in line of duty while serving on a qualifying tour of active duty of 30 or more consecutive days when the financial need is directly related to the former member’s service, to exigent circumstances beyond the eligible members control or the disability incurred in the line of duty of the military service.
• Are eligible relatives of qualified eligible service members in limited circumstances.

To Apply or get more Information:

Military Family Relief Assistance Program (MFRAP)
Department of Military and Veterans Affairs
6th Floor East, Building 410
1201 S 6th Street
Annapolis, MD 21402-5002
Phone: (410) 260-0535 or toll-free at 1-800-995-5332
Fax: (410) 295-9180
Email: mfrap@maryland.gov
Or
The PNG State Family Program Office at 717-861-2650

The Carlisle Barracks Community Recognizes Your Sacrifices

Military Spouse Appreciation Day
A Day to Honor Military Spouse Appreciation Day
May 8

The Pennsylvania Military Family Relief Assistance Program (MFRAP) provides financial assistance, in the form of grants, to eligible Pennsylvania service members and their eligible family members. Eligible members must have a direct and immediate financial need as a result of circumstances beyond their control. The amount of a grant is based on documented financial need, up to a maximum of $3,500. Examples of such financial need include:

• A sudden or unexpected loss of income, real or personal property, assets or support, directly related to military service, or exigent circumstances affecting the service member.
• Emergency need for child care for which the applicant lacks financial resources.
• Natural or man-made disasters resulting in a need for food, shelter or other necessities.
• The death or critical illness of a parent, spouse, sibling or child resulting in immediate need for travel, lodging or subsistence for which the applicant lacks financial resources. (Service members serving in OCONUS locations must seek assistance through military channels for emergency travel prior to submitting for assistance from PA MFRAP. A statement from the service member’s command (LTC or higher) that such assistance is not available, and why, will be required with each application.)

Eligibility: The Program applies to Pennsylvania residents who:

• Are serving on 30 or more consecutive days of active duty with the Pennsylvania Army or Air National Guard or Reserve Components of the Armed Forces (Army Reserve, Air Force Reserve, Navy Reserve, Marine Corps Reserve, Coast Guard Reserve).

To Apply or get more Information:

Military Family Relief Assistance Program (MFRAP)
Department of Military and Veterans Affairs
6th Floor East, Building 410
1201 S 6th Street
Annapolis, MD 21402-5002
Phone: (410) 260-0535 or toll-free at 1-800-995-5332
Fax: (410) 295-9180
Email: mfrap@maryland.gov
Or
The PNG State Family Program Office at 717-861-2650

FIRST CHOICE MAGAZINE | FIND US ON FACEBOOK: MWR FIRST CHOICE
WWW.1STCHOICEMAG.COM | MAY 2015
16 17
When Your Spouse Serves, You Serve

Military Spouse Appreciation Day is celebrated every year on the Friday before Mother’s Day on US military installations worldwide. We celebrate the tremendous sacrifice and commitment military spouses’ exhibit in support of our troops every day. Army Community Service is here to support you. We have resources to help you with PCS, employment counseling, financial questions, deployment and family needs. Stop in to speak with us anytime and be sure to add these websites to your ‘toolbox’ for navigating the life of a military spouse.

GENERAL SUPPORT AND RESOURCES

Military One Source www.militaryonesource.mil

Policies, procedures, timely articles, cutting-edge social media tools and support. All in one place empowering our military community.

Army OneSource www.myarmyonlinesource.com

A one-stop shop for everything; health, relocation, family, financial, social connection and more.

Military Spouse www.militaryspouse.com

For your unique lifestyle; resources on relationship, parenting, finances, career and more.

Military Installations www.militaryinstallations.dod.mil

Your official DoD source for installation and state resources available to active duty, guard and reserve service and Family members. Operation Home Front! www.operationhomefront.org

Military Child Education Coalition www.militarychild.org

Educational programs and training, publications and tools for parents and educators.

Tutoring www.tutor.com/army

Free homework and studying help from a professional tutor for students in Army, Navy, Air Force, Marines, National Guard and Reserve families, as well as DoD civilians.

EMPLOYMENT

Military Spouse Foundation www.militaryspousefoundation.org

Interactive career planning customized for the unique lives and careers of military spouses.

MyCAA Program https://aiportal.acc.af.mil/mycaa

Up to $4,000 of financial assistance for pursuing license, certification, Associate’s degree in a ‘portable career.’

FAITH

Wives of Faith www.wivesoffaith.org

Connect with other Military wives and grow in your walk with God amid the challenges of military life.

Christian Military Wives www.crmw.org

Interdenominational, Bible-based encouragement, aid and education for military wives and their families.

Beliefnet www.community.beliefnet.com

Resources for spirituality, health and wellness, entertainment and more.

FAMILY

National Military Family Association www.militaryfamily.org

Tips on military culture, dealing with all things deployment, spouse education, moving and more.
SPRING YARD SALE

SATURDAY, MAY 16
INDIAN FIELD | 7 A.M. - 2 P.M.

• CARLISLE BARRACKS RESIDENTS MAY SET UP DISPLAYS IN THEIR YARDS
• SPACES WILL BE AVAILABLE ON INDIAN FIELD FOR VENDORS
• CONTACT OUTDOOR RECREATION 245-4616 OR SKILLS DEVELOPMENT CENTER 245-3020

• EARLY BIRD REGISTRATION $20 BY MAY 8
• REGISTRATION $30 AFTER MAY 8
• PAYMENT DUE AT TIME OF RESERVATION
• $20 PER 20’ x 30’ SPACE
• TABLES, CHAIRS, AND TENTS ARE AVAILABLE FOR AN ADDITIONAL FEE

OPEN TO THE PUBLIC!

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