In this issue:
Summer Camp
All About Father’s Day
What is Family and Morale, Welfare & Recreation?

In 1940 a branch within the Army was established known as the Morale Division which later became known as “Special Services.” Family and MWR is a group of men and women who provide support and leisure activities to our Soldiers (active duty, Reserve, and Guard) their Families, military retirees, and civilian employees. Currently working in Family and MWR are approximately 37,000 employees worldwide and their mission is to deliver quality programs to Soldiers and their Families.
In June we celebrate Father’s Day. Father’s Day is a celebration honoring fathers, celebrating fatherhood and the influence of fathers in families and society. MWR offers an array of activities if you need some ideas on what to do for that special man in your life. Fort Indiantown Gap Pool and Splash Zone Swimming Pool will be open and will offer a relaxing day with the family for fathers to enjoy. Our Leisure Travel Services sells tickets for a day at Hershey Park or the Baltimore Aquarium. Even our Outdoor Recreation has activities for those nature lover fathers out there, from hiking and biking to white water rafting. From the FMWR family, we want to wish all the fathers a very Happy Father’s Day.

Regulars

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Features

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Session I: June 15 - 26
Session II: July 6 - 17
Session III: August 3 - 14
Youth-Age: 6 - 14 years
9:00 A.M. - 9:45 A.M.
Pre-School: 3 - 5 years
9:55 A.M. - 10:25 A.M.
Tadpoles: 6 - 24 months
10:30 A.M. - 11:00 A.M.

Splash Zone
Monday - Thursday
40 participants per session

245-3560
carlisle.mwr.com/carlislefmwr

GRILLIN & CHILLIN'
APRIL 22
MAY 20
JUNE 17
JULY 22
AUG 19
SEP 16
OCT 7

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It is key to know about fuel delivery system cleaning. The first thing to know is how important it is to have a clean fuel system. You need fuel to go, and the cleaner your fuel system is, the more efficiently the fuel will burn. As a result, that means more power and better fuel economy.

A clean fuel system saves money at the pump. One of the most important things you can do to keep your fuel system clean is to buy good quality gas. Major brands have detergents that keep gum and varnish from rapidly building up in the fuel system. Nowadays, most cars on the road are more than five or six years old. That means they’ve had time for some dirt and rust to start accumulating in the fuel tank. This junk needs to be filtered out of the fuel before it hits your engine; this is the fuel filter’s job. You should have your fuel filter changed when recommended. Check your owner’s manual or ask your service advisor if your fuel filter is due for replacement.

After the fuel goes through the filter, it then goes up into the throttle body. This is another area where varnish and gum can accumulate. A professional fuel system cleaning will use a combination of special cleaning chemicals and old fashioned swabbing to clean out the throttle body.

Lastly, the fuel injectors are the last stop in the fuel delivery system. It’s very important to keep the fuel injectors clean. They are in need to deliver a precise amount of fuel, at exactly the right time, in a particular spray pattern. They can’t do that if they’re dirty. Dirty fuel injectors really deprive power and waste fuel.

It is important for the fuel system to be in good condition, but in addition there are other things that will help keep your engine clean. Of course, air is mixed with the fuel before it’s burned; dirty air means dirt gets into your engine, so you need to replace your engine’s air filter when it’s dirty.

Do all these things and your engine’s air and fuel will be as clean as possible. You’ll get much better fuel economy and better power.
USAG CARLISLE BARRACKS
MORALE WELFARE & RECREATION
DIRECTORY

MWR PROGRAMS
Directorate of Family & MWR
46 Ashburn Dr.
Carlisle, PA 17013
Mon-Fri 7:30am-4:30pm
☎ 717-245-4332

Marketing
☎ 717-245-4533
Sponsorship and Advertising
☎ 717-245-3777
Finance
☎ 717-245-4696

Barracks Crossing
870 Jim Thorpe Road
Carlisle, PA 17013
Tue, Wed & Fri 10am-5pm
Thu 10am-8pm
Sat 9am-4pm
Closed Sat prior to a Mon Holiday

Auto Crafts
Mon-Fri 8am-5pm
☎ 717-245-3156
Auto Self Service
☎ 717-245-3156
Mon-Fri 8am-5pm
Thu 8am-8pm
Sat 9am-4pm
☎ 717-245-3319

Frame & Engraving
☎ 717-245-3319
Frame Studio - Self Help
Thu 1pm-8pm
Fri 10am-4pm
Sat 9am-4pm
☎ 717-245-3319

Strike Zone Bowling Center
686 Letort Lane
Carlisle, PA 17013
Mon-Fri 8:30am-9pm
Sat 1-9pm
Sun 1-8pm
☎ 717-245-4109

Carlisle Barracks Golf Course
901 Jim Thorpe Road
Carlisle, PA 17013
Mon-Sun 8am-4pm
☎ 717-243-3262

Golf Course
☎ 717-243-3262
19th Hole Snack Bar
☎ 717-245-3267

Child, Youth & School Age Services
459 Bouquet Road
Carlisle, PA 17013
Mon-Fri 6:30am-6pm
☎ 717-245-3418

CYS Division Chief
☎ 717-245-4283
CYS Central Registration
☎ 717-245-3801
School Liaison Officer
☎ 717-245-4638
Youth Center
☎ 717-245-4555
Youth Sports
☎ 717-245-4519
Child Development Center
455 Fletcher Road
Carlisle, PA 17013
Mon-Fri 6:30am-5:30pm
☎ 717-245-3701

Letort View Community Center
315 Lovell Avenue
Carlisle, PA 17013
☎ 717-245-4329

Letort View Catering
Tue-Thu 9am-5pm
☎ 717-245-3960/4049

Joint Deli (Army War College)
Mon-Fri 7am-2pm
☎ 717-245-4883

USAHEC Catering
☎ 717-243-3099

Café Cumberland
950 Soldiers Drive
Carlisle, PA 17013
Mon-Sat 10am-2pm
☎ 717-245-3377

Leisure Travel Services
842 Summer Road
Carlisle, PA 17013
Mon-Fri 9am-4:30pm
☎ 717-245-4048

Army Heritage Center LTS Desk
Fri-Sat 11am-2pm
☎ 717-245-3883

Outdoor Recreation (ODR)
☎ 717-245-4616
Mon-Thu 9am-5pm
Fri 9am-6pm
Sat and Sun Closed
860 Summer Road
Carlisle, PA 17013

Sports Director
☎ 717-245-3434/3906

Thorpe Hall Fitness
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-5pm
☎ 717-245-3418

Root Hall Gymnasium
Mon-Fri 5:00am-8:30pm
Sat, Sun & Holidays Closed
☎ 717-245-4343/3906

Indian Field Fitness Center
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-5pm
☎ 717-245-3535

“Splash Zone” Swimming Pool
Mon-Fri Lap swim: 6am-7am
11am-noon
Open swim: noon-7pm
Sat-Sun
Lap swim: 11am-noon
Open swim: noon-7pm

Tiki Bar
Near “Splash Zone”
Swimming Pool
Open Thu-Fri 4-10pm
Joint Pub is open when Tiki Bar is closed due to inclement weather
☎ 717-245-4352

Army Community Service
632 Wright Ave
Carlisle, PA 17013
Mon-Fri 8am-4:30pm

Family Advocacy Manager/ Exceptional Family Member
☎ 717-245-3775

Consumer Affairs
Financial Asst. /AFTB/Army Emergency Relief
☎ 717-245-4720

Employee Readiness/Transition Assistance Program
☎ 717-245-3684

Army Family Action Plan/ Volunteer Manager
☎ 717-245-4557

Relocation, Mobilization & Deployment
☎ 717-245-3685

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Relocation, Mobilization & Deployment
☎ 717-245-3685

KEY POST NUMBERS

Emergency
☎ 911

Post Operator
☎ 717-245-3131

Chapel
☎ 717-245-3318

Civilian Personnel / Jobs
☎ 717-245-3923

Commissary
☎ 717-245-3105

Members 1st Credit Union
☎ 717-245-3900

Dental Clinic
☎ 717-245-4542

Dunham Health Clinic
☎ 717-245-3400

Education Center
☎ 717-245-3943

ID Card Center, Military
☎ 717-245-3533

Legal Office
☎ 717-245-4940

Movie Theater, Reynolds
☎ 717-245-4108

Optical Shop, PX
☎ 717-249-5150

Police Desk
☎ 717-245-4115

Post Exchange/Class VI
☎ 717-243-2463

Post Lodging
☎ 717-245-4245

Post Office, USPS
☎ 717-258-1930

Sexual Assault Hotline
☎ 717-448-1067

Motorcycle Registration
☎ 717-245-4115

Cleaning, Tailoring, Shoe Repair
☎ 717-258-1857

Vet Clinic
☎ 717-245-4168

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50 GAMES - $35
WITH THE STRIKE ZONE SUMMER SAVINGS PASS
Valid until August 31

(717) 245-4109
www.carlislebowling.com

BOWLING SUMMER SAVERS
Save $15 on Bowling Summer Saver Pass:
Mon-Tue Wed 9:30am-9pm
Thu-Fri 9am-5pm
Sat-Sun & Sun Closed
Closed July 4th weekend.
**LETORT VIEW COMMUNITY CENTER (OPEN TO THE PUBLIC)**

**Tiki Bar**: Hours of operation Thu & Fri 4-10pm. Tiki menu available 5-8pm.

**Tiki Bar Entertainment Schedule**

**June**
- 4 – Brad & Lou 6-9pm
- 11 – Rich Fehie 6-10pm
- 18 – Jack's Back 5:30-8:30pm
- 25 – Donna Jean Foster 5:30-8:30pm

FREE Shuttle bus service available every Thu - call (717) 226-3985 for pick up. Areas Available:

- **Keystone Arms** - West Point Drive & Patton Drive Intersection
- **Keystone Arms** - Taylor Avenue & MacArthur Drive Intersection
- **Carlwynne Apartments**
- **On the Square** - Corner of Hanover & High Streets near 1st Presbyterian Church
- **Seven Gables** - Corner of Rush Drive & Veterans Way
- **The Meadows** - Thomas Drive & Chickamauga Drive Corner (east Corner)
- **The Meadows** - Chickamauga Drive (west Corner)
- **Exchange** (corner of Sumner & Delaney near stop sign)
- **Marshall Ridge** - 2 stops East End and West End
- **Root Hall Gym** - Corner of Forbes & Barry Drive – LVCC

**Graduation Brunch**: Jun 5. Serving immediately after graduation. Adults: $18.95, Kids (5-12) $9.95 and 4 & under Free. Reservations must be made by Jul 22.

**DDE Graduation Brunch**: Jul 24. Serving immediately after graduation. Adults: $18.95, Kids (5-12) $9.95 and 4 & under Free.

**Sports – ☏ 245-3906**

**Strength for Wisdom.** U.S. Army War College and Carlisle Barracks

**Upcoming Events:**

**Fitness Classes**: Thorpe Fitness Center. TRX, TRX (for Adults over 40), Zumba and Spinning. All classes are FREE except Tae Kwon Do: Tue and Thu from 4:30-6pm at Thorpe Fitness Center. $15 per month.

**Performance Fitness**: Mon/-Wed/Fri at 6am. Optimize your strength and performance by using constantly varied functional movements at a high intensity. Class utilizes fitness equipment on the gym floor (barbells, kettlebells, plyoboxes, etc.) Led by Brian Sarjeant, Certified CrossFit Instructor.

**Massage Therapy**: Thorpe Fitness Center. Appointments available Mon-Sat. Call 717-701-3040

**BARRACKS CROSSING FRAME STUDIO – ☏ 245-3319**

**Coffee Cup Special**: Month of Jun 2015. 10% OFF any coffee mug with custom photo or graphic.

**July 4th Flag Special**: Month of Jul. 10% OFF any framed flag or flag box.

**Wedding Photo Framing Special**: Month of Aug 2015. 20% OFF wedding photo framing.

**Beginner Framing Classes**: Call for dates and times. Learn to frame your artwork (max. four per class). Cost: $50 (all supplies included).

**Adult Pastel Portrait Class**: 4 Classes being offered on Thu's from 5-7pm. $50 (all supplies included in price).

**Beginner’s Wheel Throwing Pottery Class**: Call for class times and dates. Four classes will be offered each month. $20 per class. Learn to hand build and throw

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**HERSHEY PARK**

**SUMMER 2015 DISCOUNT TICKETS**

**1 DAY ADMISSION**

$38.00 Adults (Ages 9-94) [Save $23.85]
$34.00 Juniors (Ages 3-8)
$34.00 Seniors (Ages 55-89)

Get your tickets at leisure travel services:

1000 Lancaster Ave.
Carlisle, PA 245-4648580

www.carlislewmr.com | Facebook page

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**OUTDOOR RECREATION**

**DAY HIKING TRIPS WITH LUNCH INCLUDED**

Come explore scenic Penns Valley with OCR $25 per Person.

Jul 30, Aug 18, Sep 23, Oct 1, Oct 22, Nov 3

All abilities welcome. Register 1 week prior to event.

245-4616 | www.carlislewmr.com | Facebook page

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**DINNER AND A KAYAK**

Sat 27th June 2-7pm

Kayak the Yellow Breeches and then enjoy a Western Style Dinner served at the end of the trip. Menu includes Chicken, Potatoes, and Salad.

$35 p/p Must register 1 week in advance

Facebook.com/CarlisleOutdoorRec
clay on a wheel. Limited seating available – 4 seats per class.

BARRACKS CROSSING AUTO SHOP – ☏ 245-3156

Cooling System Service Special: Month of Jun 2015. $5 OFF any cooling system service.

Oil Change Special: Month of Jul 2015. $5 OFF any oil change (up to 5 qts/standard oil).

Safety & Emission Inspection Special: Month of Aug 2015. $5 OFF State Safety and Emissions Inspection.

Automotive Detailing: Stop by and try our new auto detailing service with three packages to choose from. Call for an appointment.

ARMY COMMUNITY SERVICE ☏ 245-4357

Soldier Readiness Program (SRP)
Jun 10
2pm – 3pm
Soldiers and Family members will know what support and services are available to them during deployment separation. For more information contact 245-3685.

Career Search and Skill Assessment
Jun 11
9am – 11am
Don’t know what you want to be when you grow up? Attend the career class and learn about career fields and skills assessment to determine what you might be good at. Great for college teens also!

Hearts Apart/Waiting Families
Jun 16
10am – 11am
Is your spouse or loved one going to be deployed? Come join us for fun, food and friendship. Connect with new, prospective or waiting families. Blue Star Seminar Families are encouraged to stop by Army Community Service anytime for support during separation from their service member.

Educational Tract
Jun 17 and 18
8am – 4pm
Are you transitioning from the military and considering continuing your education? This tract will help you navigate the educational resources and programs out there for you.

Resume Class for Federal and Civilian Format
Jun 25
9am – 12:30pm
Learn how to structure your resume in the Federal and civilian format. Guidelines in writing your resume for employment. This a working workshop so bring all your materials.

Soldier for Life: Transition Assistance Program
Jul 6 - 10
8am – 4:30pm
For Service members and Spouses who are retiring or separating from the Military. Congressionally mandated Pre-Separation Briefing. This is a 5 day workshop to create a draft resume, interview preparation and VA Benefits entitlements. Limited spaces available. Register today! Next class to be held Aug 31-Sep 4.

LEISURE TRAVEL SERVICES ☏ 245-4048/3309

GET YOUR TICKETS AT THREE GREAT LOCATIONS:
Carlisle Barracks - 842 Sumner Road (located beside the Commissary)

Leisure Travel Services

Hersheypark Summer Discount Tickets: $38.00 Adults (ages 9-54) (save $23.85), $34.50 Junior (ages 3-8) (save $5.30) and $34.50 Seniors (ages 55-69) (save $5.30).

NYC Ground Zero “On Your Own”:
Jun 20. $57 Adults & Child 5+. Tickets for Ground Zero museum can be purchased at LTS.

NYC Ground Zero “On Your Own”: Jul 18. $57 Adults & Child 5+. Must register by Jun 15. Tickets for Ground Zero museum can be purchased at LTS.


Baltimore Aquarium: Discount tickets available.

Florida Vacations: Discount tickets available.
“SPASH LONE” SWIMMING POOL ☎ 245-5560
2015 SEASON SWIM LESSONS

Session I Jun 15–26, Session II Jul 6-17, Session III Aug 3-14, $40 per student per session. Youth Age Lessons (ages 6-14) 9:00-9:45am, Pre-School Lessons (ages 3-6) 9:55-10:25am and Tadpoles (ages 6-36 months). 10:30-11am - Classes are Mon – Thur with Fri being a make-up day if needed.

Aqua Zumba Classes: Mon & Wed, Jun 15-29, Jul 8-29 and Aug 3-31. $5 per class. 6:40-7:24pm. Payment is due 15 minutes prior to each class at the Pool Admission Office.

BOWLING – ☎ 245-4109
Grillin & Chillin: Jun 17, Jul 22, Aug 19, Sep 16 and Oct 7 from 11 am-1 pm. Seating Outside. A variety of grilled items will be offered. Regular snack bar will be limited to cold sandwiches, salad bar and deep fried items only.


Birthday Parties: Celebrate your birthday with us! Enjoy bowling, food, and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!

GOLF – ☎ 243-3262
Play & Ride/Weekday Special: Mon-Thu from 12-4 pm. $24/p. 18 Holes. Must call for a tee time.

Open Golf and Driving Range: Open Mon-Fri, 7am-dusk and Sat-Sun 6am-dusk.

Golf Lessons: Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

OUTDOOR REC – ☎ 245-4616

Bike Rides (half-day): Jul 9, 12, 18 & 26. $25 p/p. Transportation and bikes provided. All abilities welcome. Must register one week prior to event.

Kayaking: Jun 6, 20 & 25; Jul 11, 14, 19, 22 & 28. Experience Pennsylvania’s beautiful scenery by kayak. Basic paddling instruction is provided then followed by a day of boating and nature watching! $25 p/p. Location: Big Springs, Yellow Breeches & Conodoguinet. Must register one week prior to event.

Mountain Biking: Jun 19 & Jul 24. Come join Outdoor Recreation for a fun afternoon of mountain biking on beautiful local trails. $25 p/p. Bikes are provided. 3-7pm. Must register one week prior to event.

Day Hiking Trips with Lunch Included: Jul 30. Come explore Scenic Pennsylvania with Outdoor Recreation. $25 p/p. Lunch will consist of a wrap, fruit and trail snacks. Must register one week prior to event.

Dinner and a Kayak: June 7 and July 25. Kayak the Yellow Breeches and then enjoy a Western Style Dinner served at the end of the trip. Menu includes BBQ chicken, salad, dinner rolls & beverage. $35 p/p. Must register one week prior to event.

Basic Bike Maintenance Clinics: Jul 6, Aug 6, Sep 1, Oct 27, Nov 19 and Dec 1. Held at Outdoor Recreation from 6-7pm. If you ride a bicycle, then you need this class! Topics include how to lube a chain, fix a flat tire in record time, do minor adjustments to your bicycle and more.

Outdoor Gear Maintenance Clinics: Jun 23 and Dec 16. If you’re an outdoor enthusiast this class is for you. Learn how to extend the life of your outdoor gear and how to store, clean and repair valuable outdoor clothing and equipment. Held at Outdoor Recreation from 6-8pm. $20 p/p. Must register one week prior to event.

UltraLight Backpacking Clinic: Jun 17, Jul 16, Aug 13, Sep 17, Nov 12 and Dec 9. Learn how to choose and pack gear that lets you go fast and light. Held at Outdoor Recreation from 6-8pm. $20 p/p. Must register one week prior to clinic.

Interpretive Day Hikes: Jun 30 & Jul 21 from 10am-2pm. $15 p/p. Must register one week prior to event.

SKIES Programs – ☎ 245-4519
Register for all SKIES classes on line https://webtrac.mwr.army.mil/webtrac/carlislecym.html or call CYSS 245-4555


Monthly Dance Lessons:
Ballet: 3-4 years. Tue, 5-5:30pm, McConnell Youth Center, $35
Ballet: 5-6 years. Tue, 6-6:45pm, McConnell Youth Center, $40
Hip Hop Dance: 7-9 years. Thu, 6-6:45pm, McConnell Youth Center, $45

Monthly Art Lessons: McConnell Youth Center, Fee Based

Monthly Piano Lessons: 9 week sessions, 30 minutes, Building 637, Fee Based

Monthly Guitar Lessons: 10 week sessions, 30 minutes, Building 637, Fee Based

Birthday Parties: Celebrate your birthday with us! Enjoy bowling, food, and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!

Monthly Lock-In: 7am-7pm, registration required 3 days before lock-In, FREE

Monthly Social: School’s Out, Yard Games, Soccer, Water Games, Arts & Crafts, June 4 3-7pm, McConnell YS, FREE

Youth Sports & Fitness ☎ 245-3354
NFL Punt, Pass, Kick: A national skills competition for boys and girls between the ages of 6 and 15 to compete separately against their peers. Jul 11, 10am, Indian Field, FREE

Soccer Registration: 3-18 years registration opens Jul 13

Youth Sports Home School registration opens Jul 13. Grades 1-12

Friday Night Dodgeball: Every Fri night, 7-8:45pm, McConnell Youth Center, FREE open to youth in grades 1 - 12. Please bring a clean pair of sneakers to wear.

UPCOMING EVENTS

Welcome Jams:
High School: Jul 28, 6-9pm, 9-12th grade FREE

Middle School: Jul 29, 6-9pm, 6-8th grade, FREE

Elementary Ice Cream Social: Jul 30, 6-8pm, K-5th grade, FREE

County Fair/Newcomer’s Information Expo: Aug 12

www.carlislemw.com

Strike Zone Bowling Center
Now Selling 8 lb. Bags of Ice
$2.25 per bag

(717) 245-4109 | www.carlislemw.com | CarlisleBowling.com
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<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<td>June 1</td>
<td>0600-Performance Fitness</td>
<td>Brian</td>
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<td>0900-Body Blast (Leigh)</td>
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<td>1200-Dumbbell 30 Min Workout</td>
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<td>1630-Spin (Kelli)</td>
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<td>June 2</td>
<td>0900-Zumba (Regina)</td>
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<td>1000-TRX for Adults over 40</td>
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McConnell Youth Programs are excited to announce that not only do they have a school age children (SAC) summer camp, but they also have a middle school summer camp. Both camps will start June 8th and end on August 21st. If you are looking for somewhere that your school age children or middle school youth would enjoy attending, then McConnell Youth Programs is the place for them.

Their SAC program will feature many different activities from 6:30am-5:30pm each day. This includes, but not limited to, science, technology, art, music, drama and inside/outside physical activities. The children and youth will be swimming and bowling twice a week and attend field trips to numerous areas around the community. A few of their field trips will be to Pioneer Tunnel, a Senator’s game, Turkey Hill, Amish House and North Museum.

Their Middle School camp will take place from 6:30am-1:00pm each day, then they will merge into the open recreation program at 1:00pm. Youth members will participate in several Boys and Girls Club (BGCA) and 4H activities that range from cooking, technology experiments, gardening, community service and so much more. All participates will have the opportunity to participate in swimming and field trip events after 1:00pm.

Come on and enjoy the wonderful summer and enroll your child into their programs. Schedule an appointment for registration with Parent Central Service at 717-245-3801. More information can be found on their website at http://www.carlislemwr.com/family-programs/child-and-youth-services/summer-camp.

Can’t wait to see you this summer!
LOSE ➤ WEIGHT

Your personalized plan for long-term success is waiting. Our teams in Harrisburg or Mechanicsburg will work with you to choose the right strategy to help you successfully achieve your best weight. We offer cooking classes, exercise instruction and behavioral health consultations to provide you with the most support for best results.

☑ Weekly weight management program with educational classes and weekly check-ins

☑ Monthly weight management program with more flexibility

☑ Bariatric surgery, including gastric bypass, gastric sleeve, gastric banding and revisional surgery

GAIN ➤ ENERGY ➤ MOBILITY ➤ GOOD HEALTH ➤ KNOWLEDGE ➤ SUPPORT ➤ CONFIDENCE

Get started today! Call PinnacleHealth oneLine at (877) 499-3299 or visit pinnaclehealth.org/weightloss to register for your free information session.
FORT INDIANTOWN GAP
MORALE WELFARE & RECREATION DIRECTORY

MWR PROGRAMS
Marketing
☎ 717-245-4698
Corporate Sponsorship
☎ 717-245-3777
Community Club
Bldg. 9-65 Fisher Ave
Annville, PA 17003
☎ 717-861-2450
Community Club Catering
☎ 717-861-2450
Box Car Coffee Shop
☎ 717-861-2619 / 2450
Mon-Fri 6-10 am
Drill Weekends 6-9 am
Arrowheads Bar and Grill
☎ 717-861-9481
Mon-Thu 11 am-1 pm,
4 pm-Midnight
Fri 11 am-1 pm,
4 pm-2 am
Sat 5 pm-2 am
Community Club Cafeteria
☎ 717-861-9482
Mon-Fri 11 am-1 pm
DMVA Cafe
☎ 717-861-2450
Recreation Center
Bldg. 13-190
Annville, PA 17003
☎ 717-861-2296
Fri-Sun 6-10 pm
Leisure Travel Services
Bldg. 9-65 Fisher Ave
Annville, PA 17003
☎ 717-861-3994
Thu & Fri 9 am - 1pm
All-Army Sports Program
☎ 717-861-2647
Blue Mountain Sports Arena
Call for classes available
Bldg. 4-117
Annville, PA 17003
☎ 717-861-2711
Summer Hours:
Mon-Fri 6 am - 9 pm
Sat-Sun 8:30 am - 8 pm
Warrior Fitness Center
Bldg. 12-99
Annville, PA 17003
Open 24/7 with access key
☎ 717-861-9611
Sports/Racquetball Courts
☎ 717-861-2711
*reservations required
Outdoor Recreation
☎ 717-861-2711
Stumps Garage, Inc.
☎ 717-861-5440
KEY NUMBERS
Emergency
☎ 911
Chapel
☎ 717-861-2112
Credit Union
☎ 717-865-6641
Veterans Affairs
☎ 717-861-8902
Museum
☎ 717-861-2402
ID Card Center
☎ 717-861-8693
Judge Advocates
☎ 717-861-8891
HRO/Employment/Jobs
Federal:
☎ 717-861-8709
HRO/Employment/Jobs
State:
☎ 717-861-6993
SATO Travel
☎ 1-800-603-1993
Post Exchange
☎ 717-861-2058
Barber Shop
☎ 717-861-2058
Military Clothing
☎ 717-861-2976
Subway
☎ 717-865-1700
Tuition Assistance
☎ 717-861-9238
Public Affairs
☎ 717-861-8468
Police Department
☎ 717-861-2727
Fire Department
☎ 717-861-2111
Education Center
☎ 717-861-9341
Emergency Relief
☎ 717-861-8841
Medical Clinic
☎ 717-861-2091
Range Control
☎ 717-861-2152

FORT INDIANTOWN GAP
COMMUNITY POOL
June 5 – August 16, 2015
Monday – Sunday
11:30 AM – 7:30 PM

2015 RATES
MILITARY MEMBERS
(National guard, active, reserve, retired military
& military dependents)
Daily Rates: $4.00
Single Adult Pass: $8.00
Youth Ages 6-17 Pass: $5.50
Family Pass Sponsor: $15.00
Each Additional Family Member & Up: $13.75
FEDERAL/STATE EMPLOYEES
Daily Rates: $5.00
Single Adult Pass: $9.00
Youth Ages 6-17 Pass: $6.00
Family Pass Sponsor: $15.00
Each Additional Family Member: $7.00

CIVILIANS/PUBLIC
Daily Rates: $6.00
Single Adult Pass: $10.00
Youth Ages 6-17 Pass: $7.00
Family Pass Sponsor: $15.00
Each Additional Family Member: $8.00

5 years & under FREE
Minimum unaccompanied age is 12 years
Adult pass is for ages 18 and above

Open to the Public
Pool passes may be purchased at the pool
doors during normal hours of operation
Office: (717) 861-2656
Concession Stand: (717) 861-2994
Fort Indiantown Gap
Blair Read Building 1-4-126
Annville, PA

First Choice Magazine - Fort Indiantown Gap
Upcoming Events
Cigar Social
Jul 18, 2-4pm

Ongoing Events
Show on 13 HDTV’s
NASCAR
NFL Sunday Ticket
Hockey
...and much more!

NEW HOURS
Arrowheads Bar & Grill
Sun-Thur 11am – 10pm
Fri & Sat 11am – Midnight
OPEN TO THE PUBLIC
717-861-9481

JUNE EVENTS
Yuengs & Wings Tue Nights
Pair your wings with a pitcher of our Yuengling draft selections $10

Wed Trivia Nights
7-9pm
No Cover, Prizes, Open to the public, Full menu available

Line Dancing
Every Tue & Every Other Sun
$3 per person
6–7pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community Club Ballroom

GET A JOB WITH US
USAJOBS.GOV
**Exploring Cumberland Valley**

**BY: KRISTEN ROWE**

Cumberland Valley’s collection of outdoor attractions, historical sites and great dining offer endless possibilities for celebrating Father’s Day. If your dad is an outdoorsman, the Valley’s hiking and biking trails, fishing and boating streams and adventure parks will keep him busy all weekend. The Valley’s hiking trails include day-hiking along the Appalachian Trail, scenic overlooks and birdwatching hotspots. View our Top 10 at visitcumberlandvalley.com/10hikes. Biking trails include the historic streets of downtown Carlisle and cue sheets that take you through our scenic backroads and quaint downtowns. For more adventurous dads, schedule a day at Roundtop Mountain Resort for paintball, zip-lining, ropes courses and more.

Dads who are history buffs will enjoy the Valley’s assortment of self-guided tours. Find downloadable copies for 18th Century Architecture in Carlisle, Camp Michaux, the Old Public Graveyard, Civil War Walking Tours, Tavern Tours and more at visitcumberlandvalley.com. You can also take him to the free and interactive U.S. Army Heritage & Education Center in Carlisle and explore the indoor Soldier Experience Gallery and outdoor one-mile Army Heritage Trail with full-scale military exhibits.

Celebrate dad with a great meal in Cumberland Valley. Downtown Carlisle hosts a variety of flavors and menus from all around the world including Belgium, Morocco, Japan, England, Italy and others. The newly opened 1794 The Whiskey Rebellion, inside the Comfort Suites Downtown Carlisle, is another great option for Father’s Day. Their steak and seafood menu combined with specialty whiskies will make any dad happy. If it’s nice out, head to Wormleysburg and celebrate on one of the large decks at Dockside Willies or Dukes Bar & Grille.

There’s even more ways to celebrate Father’s Day with all the fun things to see and do in Cumberland Valley. Find more attractions, restaurants, events and shops to find a gift at VisitCumberlandValley.com. June also welcomes a calendar full of events. The following is a sample.

**87th Annual Jubilee Day @ Downtown Mechanicsburg – June 18**

Jubilee Day is the largest, longest running one-day street fair on the East Coast, attracting up to 70,000 attendees. This annual event features more than 325 vendors from near and far offering food, games, arts and crafts, retail products, carnival rides and more.

**2015 Pennsylvania Fly Fishing Heritage Day @ Allenberry – June 20**

The Pennsylvania Fly Fishing Museum Association is happy to present the 2015 Annual Heritage Day. Angling enthusiasts and supporters are invited to the Meadow and Picnic Pavilion at Allenberry Resort to take part in a great day of fly fishing activities.

**SHAPE’s 10th Annual Solstice Arts Festival @ Shippensburg Township Park – June 20**

SHAPE’s 10th Annual Solstice Arts Festival will feature fine art, live music, great food, children’s art activities, an eco-village, a wellness circle and the Art Wall. Designed for art lovers, foodies and music enthusiasts, this dynamic festival is sure to appeal to everyone in your family.

**A.T. Museum Public Program: Historic Wood and Canvas Canoes @ AT Museum – June 21**

Take a “zero” day and explore the lure of wood and canvas canoes with Howard Davis, who restores old and builds new wood and canvas canoes.
Diamond Sale

3 Days Only

Thursday, June 18th • Friday, June 19th • Saturday, June 20th

You Choose Your Savings!

- Millions of dollars in diamonds, engagement rings, earrings, pendants and more.
- 15 months interest free financing** or 6 months free layaway.
- Custom design services.
- Trade in or upgrade your diamond.

Receive a tax-free purchase or a gift card!*  

MountzJewelers.com

*See store for details.
**With approved credit.

Appointments available!
**COURTYARD CONCERT SERIES**

**JUNE 20 • 5 - 8 P.M.**

**CHRIS LEE**

Acoustic Guitar

**at the U.S. Army Heritage and Education Center**

Bring a blanket or lawn chair to sit on while you eat, drink, and enjoy the music!

- **Rain or Shine**
- **Scavenger Hunt for the kids with prizes!**
- **Sampling Leininger Summer Shandy**
- **Take home a Free Glass**
- **Gary’s Pig Roast and Cash Bar Available**

**FREE! OPEN TO THE PUBLIC!**

**INF0: 245-3999**

www.carlislewmr.com

**COURTYARD CONCERT SERIES**

**JULY 18 • 3 - 6 P.M.**

**THE OCTAVIA BLUES BAND**

Featuring Cruz Moreira Alves and the Octavia Blues Band, a driving performance of infectious joy audiences adore, yielding the region’s hottest “Blues-Rock” act!

**BRING A BLANKET OR A LAWN CHAIR TO SIT ON WHILE YOU EAT, DRINK, AND ENJOY THE MUSIC!**

**CASH BAR AND COURTYARD MENU**

**RAIN OR SHINE OPEN TO THE PUBLIC**

**INFO: 245-3099**

www.carlislewmr.com

**COURTYARD CONCERT SERIES**

**JUNE 20 • 5 - 8 P.M.**

**CHRIS LEE**

Acoustic Guitar

**at the U.S. Army Heritage and Education Center**

**FREE!**

**INFO: 215-3099**

www.carlislewmr.com

**COURTYARD CONCERT SERIES**

**JULY 25 • 5 - 8 P.M.**

**DONNA JEAN FOSTER**

Captivating audiences young and old from the streets of San Francisco to the Grand Ole Opry, this songstress extraordinaire is blessed with the gift of music. From roots to harmonica, to the Hammond B3, Donna Jean Foster inspires the world with blues and heartfelt renditions of classic tunes and originals.

**INFO: 245-3099**

www.carlislewmr.com

**COURTYARD CONCERT SERIES**

**AUGUST 15 • 5 - 8 P.M.**

**DONNA JEAN FOSTER**

**INF0: 245-3099**

www.carlislewmr.com

**COURTYARD CONCERT SERIES**

**AUGUST 29 • 5 - 8 P.M.**

**CHRIS LEE**

**INF0: 245-3099**

www.carlislewmr.com

**NEW YORK CITY GROUND ZERO**

**SATURDAY**

**JULY 18**

**$57 per person 5+**

**Registration required by: June 15**

**INF0: 245-4048**

www.carlislewmr.com

**FREE! OPEN TO THE PUBLIC!**

**TIKI BAR ENTERTAINMENT SCHEDULE**

**OPEN THURS & FRI 4 - 10 P.M.**

**MAY**

7 - Donna Jean Foster 3:30-8:30 P.M.
14 - Jack’s Back 5:30-8:30 P.M.
21 - Cody Smith & Friends 6-9 P.M.
28 - Brad & Lou 6-9 P.M.

**JULY**

3 - Cody Smith & Friends 6-9 P.M.
9 - Brad & Lou 6-9 P.M.
16 - Jack’s Back 5:30-8:30 P.M.
23 - Donna Jean Foster 5:30-8:30 P.M.

**AUGUST**

6 - Donna Jean Foster 5:30-8:30 P.M.
13 - Jack’s Back 5:30-8:30 P.M.
20 - Cody Smith & Friends 6-9 P.M.
27 - Brad & Lou 6-9 P.M.

**SEPTEMBER**

3 - Jack’s Back 5:30-8:30 P.M.
10 - Cody Smith & Friends 6-9 P.M.
Father’s Day is about celebrating, honoring and showing appreciation to dads, grandfathers, step-dads and all the men who act as father figures in our lives. The holiday celebrates the contributions and sacrifices that they make for their children’s lives. It is always celebrated on the third Sunday in June. This year Father’s Day is on June 21, 2015.

We thought we could give you some creative ways to help your children express their love and appreciation to the special dads and father figures in their lives. It can be difficult at times buying for them, especially if you want to get him something fun, useful or something they can enjoy. Fathers always enjoy gifts from the heart, so getting them something that goes with a hobby they love doing or something that he and the kids can do together, is the perfect gift they will love and cherish. The following are some ideas:

1. Have each of the kids paint their names on a solid white tie. They can use dad’s favorite color, they can write him a message or even draw a picture. Even if the father doesn’t wear ties all the time, it’s a nice gift for him to wear on special occasions.

2. The kids can make him a CD of his favorite songs to listen to on his way to work in the mornings or you can record the kids talking about their favorite memories with their dad and burn it onto a CD for him.

3. The kids may have drawn or painted a picture in school for their fathers. You can frame that for them to give as a gift so he can show it off on his desk at home or at work.

4. Kids love doing things with their dads. You can have the kids think of a favorite memory or activity that they did with their dad and have them plan to do it again to bring back the memories. This can be going to an amusement park, a sporting event or just doing something fun together at the house.

5. Most fathers and father figures have a special hobby that they love doing. The children can give gifts to encourage him in his hobby or talent that he loves.

6. Dad’s love to cook and experiment in the kitchen. On Father’s Day the kids can prepare an elaborate meal with his favorite dishes for him.

7. If the father loves to go fishing, the kids can plan a fishing trip with a secret picnic for him. If they want to be creative, they can create a map for him to follow to the surprise destination.

8. The kids can plan a trip, with the help of their mother, for their father to do something that he loves. This can be from going to his favorite sports team’s game, fishing, hiking on his favorite trail or going to his favorite restaurant. Anything that he loves to do that he doesn’t get to do often would be a great gift for him.

9. Let the father sleep in the Sunday morning of Father’s Day and have the kids take him his favorite breakfast in bed along with the newspaper. He will love just being able to not have to get up right away and to spend quality time with his family.

10. If the dad has a favorite picture of the family, the kids can frame it for him. He will love to show off the smiling faces of his loving family.

No matter the gift, if it’s something simple or something bought, it’s a gift from the heart and the fathers and father figures of the children will love it no matter what.
Army Community Service is looking for a few good men ... and women and teens, and retirees and ... You get the picture! Volunteering is good for your health. By being a volunteer, you increase your self-confidence, self-esteem and even develop a more positive outlook on life. Because you are doing something good for the community, you feel a sense of accomplishment and take pride in what you’ve done. Volunteering can be a social outlet and a resume builder at the same time. Volunteering also allows you to develop and practice skills often utilized in the workplace, such as planning projects, problem solving, critical thinking, time management, organization, communication and teamwork.

Sound like something you might like to try? Give us a call at Army Community Service and speak to our Army Volunteer Corps Program Manager at 717-245-4357. Army Community Service is looking for volunteers to:

- Teach Army Family Team Building Classes.
- Plan special events like the upcoming 50th anniversary of Army Community Service.
- Help in our office in a variety of capacities.
- Army Family Action Plan committee volunteer.

We also welcome teens during the summer who would like to work on volunteer service projects or get valuable “real world” experience. ACS Volunteer Corps can also connect you with other agencies on Post and in the local community to give of your time and talent. Call today and see what volunteering can do to change your life!
AQUA ZUMBA CLASSES

Have a blast while enjoying the perfect blend of toning and cardio at our very own Splash Zone Swimming Pool!

Mondays & Wednesdays • 6:40 PM - 7:25 PM
• June 15 - 29 • July 8 - 29 • August 3 - 19 • $5 per class

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www.carlislemw.com • @carlislemw

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Lemoyne, PA 17043
717-612-5690

www.ssr-attorneys.com
Open to Middle School & Teen Members

SCHOOL’S OUT

June 4 | 3 - 7 P.M.

A group picture will be taken and given to everyone!

- yard games
- soccer
- water games
- arts & crafts
- gymnasium & game room activities

Dinner provided: Sloppy Joes with Mac & Cheese

McConnell Youth Center | 459 Bouquet Road | Carlisle Barracks
717-245-4555 | www.CarlisleMWR.com | CarlisleBarracksCYSS