In this issue:
Exploring Cumberland Valley
What’s Happening in Lebanon Valley?
Proudly Serving the Military since 1936.

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Happy Spring! April not only brings us warmer weather but also the military tradition of celebrating the Military Child. As you may know, April is the month of the Military Child where we celebrate the accomplishments and sacrifices of our military children. Across the entire world, the military community will be honoring our children in very creative ways. This special celebration is a legacy of former Defense Secretary Caspar Weinberger and was established to underscore the important role children play in the Armed Forces community. Currently, there are 215,000 children/youth registered in 69 CYS programs throughout 192 Child Development Centers and 157 school-age, middle school, and teen centers across the world. Care of military children sustains our fighting force, and strengthens the health, security, and safety of our nation’s families and communities. This is a month set aside to take time to applaud our children for their service to this Nation. Please join me in thanking our children for their resilience, strength, and enthusiasm for their family, the Army, and of course, our country.

Across Family and Morale, Welfare & Recreation you will find a myriad of activities specifically designed to honor your family. Enjoy the warmer weather and your family!

**LETTER FROM THE DIRECTOR**

Elizabeth Knouse - Director

**What is Family and Morale, Welfare & Recreation?**

In 1940 a branch within the Army was established known as the Morale Division which later became known as “Special Services.” Family and MWR is a group of men and women who provide support and leisure activities to our Soldiers (active duty, Reserve, and Guard) their Families, military retirees, and civilian employees. Currently working in Family and MWR are approximately 37,000 employees worldwide and their mission is to deliver quality programs to Soldiers and their Families.
### Contents

APRIL 2017

**On the Cover**

From deployments to new schools, military children face many unique challenges. That’s why the Department of Defense has deemed April as the Month of the Military child. This April, Carlisle Barracks kicks off the month long celebration with a parade led by a band from Wilson Middle School. The parade started at the Moore CDC and proceeded to Upton Hall where the children were greeted by the Garrison Commander and Command Sergeant Major as well as parents and onlookers.

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Sponsorship and Advertising
☎️ 717-245-3777

Finance
☎️ 717-245-4696

Barracks Crossing
870 Jim Thorpe Road
Carlisle, PA 17013
Tue, Wed & Fri 10am-5pm
Thu 10am-8pm
Sat 9am-4pm
Closed Sat prior to a Mon Holiday

Auto Crafts
Mon-Fri 8am-5pm
☎️ 717-245-3156

Auto Self Service
Mon-Wed, Fri 8am-5pm
Thu 8am-8pm
Sat 9am-4pm
☎️ 717-245-3156

Frame & Engraving
☎️ 717-245-3319

Frame Studio - Self Help
Thu 1pm-8pm
Fri 10am-4pm
Sat 9am-4pm
☎️ 717-245-3319

Strike Zone Bowling Center
686 Letort Lane
Carlisle, PA 17013
Bowling Hours of Operation:
(Winter Hours)
Sep 6, 2016-May 30, 2017
Mon-Fri 8:30am-9pm
Sat 1-9pm (except during Youth Bowling Nov-Mar 9am-9pm)
Sun 1-8pm
☎️ 717-245-4109

Carlisle Barracks Golf Course
901 Jim Thorpe Road
Carlisle, PA 17013
Mon-Sun 8am-4pm
☎️ 717-243-3262

Outdoor Recreation (ODR)
860 Sumner Road
Carlisle, PA 17013

Sports Director
☎️ 717-245-4343/3906

Thorpe Hall Fitness
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-5pm
☎️ 717-245-3418

Root Hall Gymnasium
Mon-Fri 5:30am-8:30pm
Sat, Sun & Holidays Closed
☎️ 717-245-3433/3906

Indian Field Fitness Center
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays Closed
☎️ 717-245-3535

Army Community Service
632 Wright Avenue
Carlisle, PA 17013
Mon-Fri 8am-4:30pm
☎️ 717-245-4357

Family Advocacy Manager/ Exceptional Family Member
☎️ 717-245-3775

Consumer Affairs
Financial Asst. /AFTB/Army Emergency Relief
☎️ 717-245-4720

Employee Readiness/Transition Assistance Program
☎️ 717-245-3684

Army Family Action Plan/ Volunteer Manager
☎️ 717-245-4357

Relocation, Mobilization & Deployment
☎️ 717-245-3685

KEY POST NUMBERS

Emergency
☎️ 911

Post Operator
☎️ 717-245-3131

Chapel
☎️ 717-245-3318

Civilian Personnel / Jobs
☎️ 717-245-3923

Commissary
☎️ 717-245-3105

Members 1st Credit Union
☎️ 717-245-3900

Dental Clinic
☎️ 717-245-4542

Dunham Health Clinic
☎️ 717-245-3400

Education Center
☎️ 717-245-3943

ID Card Center, Military
☎️ 717-245-5353

Legal Office
☎️ 717-245-4940

Movie Theater, Reynolds
☎️ 717-245-4108

Optical Shop, PX
☎️ 717-249-5150

Police Desk
☎️ 717-245-4115

Post Exchange/Class VI
☎️ 717-243-2463

Post Lodging
☎️ 717-245-4245

Post Office, USPS
☎️ 717-258-1930

Sexual Assault Hotline
☎️ 717-245-4998

Motorcycle Registration
☎️ 717-245-4115

Cleaning, Tailoring, Shoe Repair
☎️ 717-258-1857

Vet Clinic
☎️ 717-245-4168
SPORTS – ☏ 245-3906
Strength for Wisdom. U.S. Army War College and Carlisle Barracks
Upcoming Events:
WELLBEATS: Now available at the Thorpe Fitness Center! Wellbeats provides a personalized approach to group fitness – giving people the right tools they need to reach their goals, regardless of their schedule, fitness ability or workout preferences.
Tae Kwon Do: Tue & Thu from 4:30-6pm. Ages 13-Adult (11-12 w/ parent) $15 a month per person. Instructor John Cerifko, 7th Degree Black Belt.
Cardiovascular Workout with some Insanity: Tue & Thu from 5-7pm. $5 per person. Instructor John Cerifko, 7th Degree Black Belt.
Fitness Classes: Thorpe Fitness Center. TRX, TRX (for Adults over 40), Zumba and Spinning. All classes are FREE except Tae Kwon Do. Tue and Thu from 4:30-6pm at Thorpe Fitness Center. $25 per month.
Performance Fitness: Mon/Wed/ Fri at 6am. Optimize your strength and performance by using varied functional movements at a high intensity. Classes utilize fitness equipment on the gym floor (barbells, kettlebells, plyoboxes, etc.) Led by Brian Sarjeant, Certified CrossFit Instructor.
Massage Therapy: Thorpe Fitness Center. Appointments available Mon-Sat. Call 717-701-3040

BARRACKS CROSSING FRAME STUDIO – ☏ 245-3319
Beginner Framing Classes: Call for dates and times. Learn to frame your artwork (max. four per class). Cost: $50 (all supplies included).

BARRACKS CROSSING AUTO SHOP – ☏ 245-3156
Automotive Detailing: Stop by and try our auto detailing service with three packages to choose from. Call for an appointment.

LEISURE TRAVEL SERVICES ☏ 245-4048/3309
GET YOUR TICKETS AT THESE GREAT LOCATIONS:
Carlisle Barracks - 842 Sumner Road (located beside Commissary)
Fort Indiantown Gap Community
Club - 9-65 Fisher Ave
Statue of Liberty & Ellis Island: May 6. Adult $62; Senior 62+ $58 and Children (4-12) $53. Must register by Apr 7.
Statue of Liberty & Ellis Island: May 20. Adult $62; Senior 62+ $58 and Children (4-12) $53. Must register by May 5.
New York City “On Your Own”: Jun 3. $59 per person. So much to see in the Big Apple! Must register by May 5.
Ground Zero Memorial Park & Times Square: Jun 24. $59 per person. Must register by May 24.
Ground Zero Memorial Park & Times Square: Jul 22. $59 per person. Must register by Jun 22.
Tickets available: Baltimore Aquarium, Disney Military Salute, Universal Studios, Legoland buy 1 day get 2nd day FREE, Busch Gardens, Seaworld and more all over the US available.
Baltimore Aquarium Discount Tickets: $27.95 Active Duty Military, $33.95 Adults, $20.95 Children (3-11) and $29.95 Senior (65+).
**BOWLING – ☏ 245-4109**

**Birthday Parties:** Celebrate your birthday with us! Enjoy bowling, food and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!

**Quartermania Bowling:** Fri & Sat from Jan 6 – Apr 15, 7-9pm First-Come-First-Served. $5 Cover Charge. 25 Cents per game/per person (shoe rental not included).

**Bowling – Pizza – Pins – Pop:** Every Sunday from 1-6pm. Special runs from Jan 8 – Apr 16. Only $28.95 per lane. $10 each additional person. (2 hours of bowling for 4 people, Shoe Rental, One Plain Pizza and One Pitcher of Soda).

**GOLF – ☏ 243-3262**

**Play & Ride/Weekday Special:** Mon-Thu, 12-4 pm. $24 p/p. 18 Holes. Must call for tee time.

**Open Golf and Driving Range:** Open Mon-Fri, 7am-dusk and Sat-Sun 6am-dusk.

**Golf Lessons:** Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

**OUTDOOR REC – ☏ 245-4616**

**MUST REGISTER ONE WEEK PRIOR FOR ALL EVENTS**

**Training Hikes:** Apr 23 from 10am-2pm. $23 per trip or get a Hiking Club Membership for $45 per month.

**Bike Maintenance Clinic:** Apr 6 & 20 from 5-6pm at ODR. $20 per person.

**Bike Riding Trips:** Apr 29 from 10am-2pm. $27 per person.

**Ultralight Backpacking Clinic:** Apr 13 from 5-6pm at ODR. $10 per person.

**Family Friendly Kayaking Trips:** Apr 8 & 9 from 10am-3pm. $35 per person.

**CHILD & YOUTH SERVICES**

**McConnell Youth Services – ☏ 245-4555,**

**Purple Up for Military Kids:** Wear Purple to support Military Children, All day April 14

**Family Movie Night:** We will be “Camping Out” and watching a family movie. Bring your sleeping bags, pillows and blankets. FREE. McConnell Youth Center

**Moore CDC – ☏ 245-3701**

**Month of the Military Child Kick-Off Parade:** Apr 3, 9am

**Easter Egg Hunt:** Apr 8, 9am, FREE, Moore CDC

**Scholastic Book Fair:** Apr 8 8:30 – 10am, Apr 10-14, 9am-5pm

**School Liaison Office – ☏ 245-4638**

**Parents Night Out:** Apr 21, 6-11pm, $45, includes snack, movie, games.

**School Age Care Programs – ☏ 245-4555**

**Middle School & Teen Programs - ☏ 245-4642**

**Operation Megaphone Lock-In:** Apr 28 7pm – Apr 29, 7am, FREE

**Youth Sports & Fitness – ☏ 245-3354**

**Spring Soccer Registration:** Feb-Mar, **Season:** April – May, Ages 3-19, call for pricing

**T-Ball Registration:** Feb-Mar, **Season:** April – May, Ages 3-6, $20/child

**UPCOMING/SPECIAL EVENTS:**

**Spring Yard Sale:** May 20

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**FAMILY AND MORALE, WELFARE & RECREATION**

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**RESIDENTIAL BROKERAGE**

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The month of April brings plenty of opportunities to get out and explore the Cumberland Valley. Check out the Top 10 events below featuring the first car show, performances, outdoor events and more.

1. Spring Carlisle @ Carlisle Fairgrounds – April 19th-23rd
Spring Carlisle, a collector and classic car swap meet, car corral and auction is held each April in America’s Automotive Hometown of Carlisle.
Address: 1000 Bryn Mawr Rd., Carlisle

2. Foreigner @ The Luhrs Center – April 28th
With ten multi-platinum albums and sixteen Top 30 hits, Foreigner is universally hailed as one of the most popular rock acts.
Address: 475 Lancaster Drive, Shippensburg

3. 2017 Harrisburg Beer Week @ Various Location – April 21st-29th
A variety of events are being held throughout the week celebrating the beer scene and breweries in Harrisburg and the Cumberland Valley. Check VisitCumberlandValley.com/events for details.

4. CPYB Presents The Sleeping Beauty @ Whitaker Center – April 8th-9th
Tchaikovsky’s fairytale of a beautiful princess, an evil sorceress, a hundred years’ sleep, and the awakening kiss of a handsome prince fills the stage in Alan Hineline’s The Sleeping Beauty.
Address: 225 Market St., Harrisburg

5. One Night of Queen @ The Luhrs Center – April 6th
One Night of Queen is a spectacular live concert, recreating the look, sound, pomp and showmanship of arguably the greatest rock band of all time.
Address: 475 Lancaster Drive, Shippensburg

6. 8th Annual Ironmaster’s Challenge @ Pine Grove Furnace State Park – April 30th
Choose from a 50k Ultra or a 15k Trek designed to test hikers and trail runners of all experience levels.
Address: 1100 Pine Grove Road, Gardners

7. Jack Hanna’s Into the Wild Live! @ The Luhrs Center – April 29th
America’s most beloved animal expert, Jack Hanna, brings his three-time Emmy Award winning television series to the live stage.
Address: 475 Lancaster Drive, Shippensburg

8. 5th Annual Downtown Carlisle Bunny Hop @ Downtown Carlisle Businesses – April 8th
This day of spring fun will center around a downtown-wide egg hunt, where children 12 and under can go from business to business collecting eggs and treats.

9. 11th Annual Race, Run, Ride & Ramble @ Shippensburg Township Park – April 23rd
Address: 304 Britton Road, Shippensburg

10. Allenberry Resort’s Dinner Detective @ The Allenberry Resort – April 8th
Address: 1559 Boiling Springs Rd., Boiling Springs

View a complete list of events and other things to see and do at VisitCumberlandValley.com
FAMILY AND MORALE, WELFARE & RECREATION

EASTER EGG HUNT
April 8 • 9 A.M.
- Egg hunt registration at 8:30 A.M.
- Infant & toddler egg hunt at 9:00 A.M.
- Pre-school to 5-year-old egg hunt at 9:15 A.M.
- Join us for the Egg Roll! 8:30 - 10:00 A.M.
Books make great Easter baskets!

Come before the hunts start to play
Guessing Games and win a prize!
All Easter eggs are filled with candy!
Find the special eggs in each
category and win a prize!
(One special egg per child, please)

Moore Child Development Center
415 Pinchot Road • Carlisle, PA
717-245-3900
www.CarliMWR.com • CarlisleBarracksCST

EASTER SUNDAY BRUNCH BUFFET
CARLISLE BARRACKS
Lestat View Community Center

April 16, 2017
Taking reservations from
10:30 A.M. - 2 P.M.
$24.95 Adults • $10.95 Kids (6-12)
4 & under Free • prices are subject to change

Menu
BREAKFAST SELECTIONS
Scrambled Eggs • Bacon • Home Fries
Hashbrowns • Breakfast Burrito • Brine • Toucan
Bagel Spread, Toast or Croissant
Sausage • Mushrooms • Peaches

CATERING STATIONS
ROCKFORD BAKING RIB-eye
Nestled in a Big Mac-style bag of Lettuce
with Lemon Herb Dressing

ROAST HAM SELECTIONS
Carved, Slawed Ham
Chardonnay-Soaked Ham
Karlof Honey Glazed Ham

SOUR SALAD & BEER STATION
 Choice Chicken • Chicken Club • Ham 
Sour Cream Dressing • French Salad Dressing

STEAK STATION
Ranch Style New York Steak • Salad Bar • Artisanal Rice

ASSORTED DESSERT STATION
ICE CREAM STATION WITH TOPPINGS

BOWLING PIZZA PINS POP
Every Sunday from 6-8 P.M.
Special Runs Jan 8th - April 16th

INFO: 717-245-4048
www.CarliMWR.com • CarlisleBowling

AWC Students
Pre-order Graduation Certificate Framing
Root Hall Cafeteria | 11:00 a.m. - 1:00 p.m.
March 29, 30 | April 11, 12, 18, 19 | May 3

Your framed AWC certificates will be available for pick up immediately after the graduation ceremony at the LCVC until 3:00 p.m.

Last day to order is Friday, May 2

www.CarliMWR.com • CarlisleMWR

CALL FOR AVAILABILITY
& TO PLACE YOUR ORDER*
717-245-4048

Please plan to purchase your tickets 1-4 full weeks prior to the date they are needed to activate them with your “my Disney experience” program. If tickets are not in stock it can take up to 4 weeks to get them into our offices.

* All $15 prices are subject to change

Disney has announced the
2017 Armed Forces Salute program

4-Day Park Hopper Tickets $260.00
4-Day Base Fun & More Tickets $206.00
5-Day Park Hopper Tickets $242.00
5-Day Base Fun & More Tickets $220.00
5-Day Hopper Fun & More Tickets $256.00

Tickets may be used January 1, 2017, through December 26, 2017, except that the tickets may not be used April 9, 2017. All tickets and options are not transferable and must be used by December 26, 2017. Eligibility requirements: Active Duty, Retired personnel only. The military person or the spouse of that person with current military ID must be present and activating a ticket for themselves or family and friends to utilize the tickets. A limit of 6 tickets per eligible military person will be allowed for the length of the program. Other restrictions may apply.

FAMILY AND MORALE, WELFARE & RECREATION

FIRST CHOICE MAGAZINE  |  FIND US ON FACEBOOK: MWR FIRST CHOICE

DISNEY WORLD 2017 ARMED FORCES SALUTE

10
April Employee Spotlight

EMILY GREENLAND

Emily has been a valued MWR employee ever since the Grand Opening of the Bowling Center Snack Bar Twenty One Years ago. She loves her customers and enjoys serving them on a daily basis. In her spare time Emily enjoys spending time with her two dogs. Emily also enjoys traveling the world. Her favorite destination so far in her travels has been Paris and the Eifel Tower.
Carlisle Barracks Offering Unique Movie Experience for Special Needs Children

BY: TOM ZIMMERMAN, CARLISLE BARRACKS PUBLIC AFFAIRS

A new program at Carlisle Barracks has opened the doors for children with special needs in the community to enjoy a movie going experience designed just for them.

Reynolds Theater has hosted two “sensory friendly” showing of new kids movies to allow children with special needs to enjoy watching a movie in the theater with their friends and family.

“Parents have come to me and said that they wished they could take their kids to the movies but it just wasn’t possible,” said Kelly Villalobos, director of the post Exceptional Family Member Program. “I thought it would be a great idea to offer something here for the kids and their families.” She has partnered with AAFES to hold two sensory free movie experiences in the last few months.

“Carsten enjoyed the experience,” said Lt. Col. Chad Bridges, an Army War College student whose son attended a recent screening of Moana. “The staff was terrific. The sensory friendly atmosphere provided an environment where he could watch a movie in a theater where in traditional theaters, he could not.”

The program has been a great success, with 78 people attending the first movie, a showing of Trolls and a recent showing of Moana brought 91 people to Reynolds Theater, from as far away as York, Pa.

“The event is sensory friendly to meet the diverse needs of this population,” said Villalobos. “Lights are kept on, the sound is lowered, and kids are free to get up and move around and talk.”

When movies are scheduled, email invitations are sent to each family with a special needs child. Movies are held on Saturdays on a quarterly basis at noon. Villalobos also provides the information to local agencies who work with special needs children to make the event available to them as well.

Plans are being developed for the next movie, for more information contact Kelly Villalobos at 717-245-3775.

Eagle View Middle School offering sensory free showing

Eagle View Middle School will present a dress rehearsal of Beauty and the Beast for our Exceptional Family Members on April 27. The show will begin at 6:00 PM and run until 9:00 PM. This showing will provide two roped off sections in the rear of the auditorium one of these sections will have the lights turned up. Children will be free to move around and talk during this showing.

Prior to the showing there will be a meet and greet for families to meet the lead characters in the show. Families should be advised that because this is a dress rehearsal that there may be times where the production stops and restarts, however the ultimate goal will be to run the show in it’s entirety on this evening. Eagle View Middle School will collect a $5.00 admission fee per person upon entry.

This event is not sponsored or endorsed by the United States Army. All money collected will go to the Eagle View Middle School. This information is provided solely for the consideration of military families of EMFPs who have limited opportunities for their children to enjoy the arts.

ABOVE PICTURE: Cassie Villalobos, Emily Brown, Samantha Villalobos and Carsten Bridges pose for a photo during a recent sensory free movie showing at Reynolds Theater. Lights are kept on, the sound is lowered, and kids are free to get up and move around and talk, which is helpful for children with special needs.
Navy Federal is proud to be a part of the U.S. Army War College community, and we invite you to stop by our newest branch and check out our special offers.

**VISIT US AT:** Carlisle Barracks, 842 Sumner Road, Carlisle, PA

**Branch Hours:**
Monday–Friday, 9 am to 5 pm
Saturday, 9 am to 1 pm

[navyfederal.org](http://navyfederal.org) 1-888-842-6328

Federally insured by NCUA. © 2017 Navy Federal NCUA 10057 (3-17)
In April 1917, the United States officially entered World War I, a conflict once known as “the war to end all wars.” Unlike anything before it, World War I fundamentally changed the way in which war was fought, and evolved the concept of diplomatic relations into what it is today. One hundred years later, the effects of World War I are more apparent than ever. On Thursday, April 6, 2017 at 3:00 p.m., the United States Army Heritage and Education Center (USAHEC) will unveil the final installment of its World War I commemorative exhibit, “Good-Bye Broadway, Hello France: America in the Era of World War I.” The USAHEC’s exhibit opening will occur in conjunction with the U.S. World War I Centennial Commission’s ceremony, happening the same day, and honoring the legacy of World War I, and the United States of America’s pivotal role. The Centennial Commission’s event will be held at the National World War I Museum and Memorial in Kansas City, MO.

The first section of the exhibit, currently on display in the USAHEC’s Ridgway Hall, provides an overview of the war. The second section will highlight the numerous battles that occurred in World War I, and the stories of the Soldiers who fought in them. Artifacts, photographs, and archival materials will help tell these stories, and create in an in-depth and engaging battlefield landscape. During the exhibit opening, World War I reenactors will be onsite to further immerse visitors into the lives of these Soldiers, and to answer questions about this critical period of American history. The exhibit will also examine how the birth of new technologies, such as machine guns, tanks, poison gas, artillery, and aircraft, were integral in both influencing the outcome of the war, and increasing the utter devastation it caused.

The second phase of “Goodbye Broadway, Hello France” will open at 3:00 p.m. on Thursday, April 6, 2017, and is free and open to the public. The exhibit will be on display at the USAHEC until November 2019. For more information about “Good-Bye Broadway, Hello France” or any of the other exhibits, please visit our website: www.USAHEC.org.
CHILD ABUSE AND NEGLECT

PREVENT

CHILDREN THRIVE IN SAFE, STABLE, NURTURING HOMES.

If you are concerned about a child’s safety and well-being, contact:

Your local Family Advocacy Program
717-245-3775

Your local Family & Military Support Center
717-245-4357

The Childhelp National Child Abuse Hotline:
800-422-4453

For additional information, call Military OneSource
800-342-9647 or visit www.militaryonesource.mil.

Thorpe Fitness Center Schedule 717-245-3418

Thorpe Hall is available for use by active duty, retired military and their authorized family members, DA civilians, Reserve and National Guard personnel, DoD contracted employees, technical representatives, and employees of military banking facilities and credit unions. Classes subject to change without notice.

3. 0600 - Performance Fitness (Brian/Jess)
   0900 - Body Blast (Brian/Jess)
   1015 - Yoga Tune Up (Linda)
   1200 - Barbell 30 Min Workout (Brian)
   1630 - Spin (Kelli)
4. 0600 - Intro to Performance Fitness (Jess)
   0830 - Intro to Performance Fitness (Jess)
   0900 - Zumba (Regina)
   1000 - TRX for Adults over 40 (Brian)
   1200 - Spin (Brian)
   1630 - Hybrid boot camp (Brian)
   1630 - Tae Kwon Do (John Cerifko)
   1800 - Cardiovascular (John Cerifko)
5. 0600 - Performance Fitness (Brian)
   0900 - Body Blast (Brian)
   1015 - Yoga Tune Up (Linda)
   1200 - Barbell 30 Min Workout (Brian)
   1630 - Spin (Kelli)
6. 0900 - Zumba (Regina)
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13. 0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
14. Training Holiday
17. Training Holiday
18. 0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
19. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelli)
20. 0600 - Intro to Performance Fitness (Jess)
    0830 - Intro to Performance
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
24. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelli)
25. 0600 - Intro to Performance Fitness (Jess)
    0830 - Intro to Performance
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
26. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelli)
27. 0600 - Intro to Performance Fitness (Jess)
    0830 - Intro to Performance
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
28. 0600 - Performance Fitness (Brian/Jess)
    0900 - Body Blast (Brian/Jess)
    1200 - Barbell 30 Min
April 1st Birdhouse Painting Project 9:30 am to 12 (Noon)
Get ready for springtime by painting a new birdhouse at Brushstrokes on Canvas.
info@brushstrokesoncanvas.com

April 2nd Community Skating Party, 5 to 8 pm.
Enjoy an evening roller skating at the Mt. Gretna Roller Rink. Listen to a short talk on the Farmers Encampment, part of the 125th Anniversary of Mt. Gretna. mtgretnahistory.org

April 6 Hands on Nature Series, 9:30 to 11:30 am
A nature immersion program for children ages 2 to 5. Meets for 9 consecutive Thursdays April 6 to June 1. Each morning will have a theme. Snacks provided. Fee and registration required. governordick@hotmail.com

April 8th Easter Egg Scramble 10 am
Hunt for Easter Eggs on the side lawn of the Lebanon YMCA, 201 N. 7th Street. Rain date April 15th. Lebanonpa.com

April 9th Orienteering Event, Governor Dick Park, Mt. Gretna 10 am. Learn about this sport and participate in the event sponsored by the Delaware Valley Orienteering Association. governordick@hotmail.com

April 15 Kids Outside Painting Class 9:30 am to 12 (Noon)
info@brushstrokesoncanvas.com

April 17th Ice Day Adventure Camp 8:30 to 4:30 pm.
Fun on the ice---skating or hockey, field fun at in the net plus other activities, lunch and snacks. Klick Lewis Arena, Annville. www.klicklewisarena.com

April 23 Bark for Life Lebanon County 10 am
Enjoy a day of fun with your favorite canine while raising money for cancer research. Held at Union Canal Tunnel Park, Lebanon. yalonda.rice@cancer.org
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Get (4) DAYS for the Price of a (1) DAY Park to Park Ticket!

TICKET OPTION #1: 2-Park, 4-Day Park to Park Ticket
(University of Florida™ and Universal's Islands of Adventure™)
ADULT - $179.00
CHILD (3-9) - $174.00

TICKET OPTION #2: 3-Park, 4-Day Park to Park Ticket
(Valid for use beginning May 25, 2017 when Volcano Bay opens)
ADULT - $219.00
CHILD (3-9) - $214.00

BOTH tickets available for purchase: NOW through December 28, 2017
Expiration Date (last date of use): December 31, 2017

Tickets are available for use on ANY 4 days between date of purchase and December 31, 2017 with NO Blackout dates.

Last day of use December 31, 2017, when the ticket expires in full (tickets include holidays).

Maximum of (6) tickets per valid military ID may be purchase at base ITT/LTS office at a time.

The following qualify to purchase who possess a valid military photo ID:
• Active or Retired U.S. Military
• National Guard
• Reservists
• U.S. Coast Guard
• Spouses of Eligible Service Members
• DOD Civilians

Tickets also include four (4) days of admission to select live entertainment venues in Universal CityWalk™

Tickets must be used by the same person on any and all days (Non-Transferable)
**MWR PROGRAMS**

**Marketing**
☎ 717-245-4698

**Corporate Sponsorship**
☎ 717-245-3777

**Community Club**
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
☎ 717-861-2450

**Community Club Catering**
☎ 717-861-2450

**Box Car Coffee Shop**
Mon-Fri 6-10 am
Drill Weekends 6-9 am
☎ 717-861-2619 / 2450

**Arrowheads Bar and Grill**
Mon-Thu, 11am-10 pm
Fri, 11am-Midnight
Sat, 4pm-Midnight
Sun, 4-10pm
☎ 717-861-9481

**Community Club Cafeteria**
Mon-Fri 11 am-1 pm
☎ 717-861-9482

**DMVA Cafe**
☎ 717-861-2450

**Recreation Center**
Bldg. 13-190
Annville, PA 17003
Fri-Sun 6-10 pm
☎ 717-861-2296

**Leisure Travel Services**
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
Thu & Fri 9am - 1pm
☎ 717-861-3994

**All-Army Sports Program**
☎ 717-861-2647

**Blue Mountain Sports Arena**
Call for classes available
Bldg. 4-117
Annville, PA 17003
Winter Hours: Start Oct 5:
Mon-Fri 6 am-8 pm
Sat-Sun 8:30 am-8 pm
☎ 717-861-2711

**Warrior Fitness Center**
Bldg. 12-99
Annville, PA 17003
Open 24/7 with access key
☎ 717-861-9611

**Sports/Racquetball Courts**
*Reservations required
☎ 717-861-2711

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**Outdoor Recreation**
☎ 717-861-2711

**Stumps Garage, Inc.**
☎ 717-861-5440

**KEY NUMBERS**

**Emergency**
☎ 911

**Chapel**
☎ 717-861-2112

**Credit Union**
☎ 717-865-6641

**Veterans Affairs**
☎ 717-861-8902

**Museum**
☎ 717-861-2402

**ID Card Center**
☎ 717-861-8693

**Judge Advocates**
☎ 717-861-8991

**HRO/Employment/Jobs**

Federal:
☎ 717-861-8709

HRO/Employment/Jobs
State:
☎ 717-861-6993

**SATO Travel**
☎ 1-800-603-1993

**Subway**
☎ 717-865-1700

**Tuition Assistance**
☎ 717-861-9238

**Public Affairs**
☎ 717-861-8468

**Police Department**
☎ 717-861-2727

**Fire Department**
☎ 717-861-2111

**Education Center**
☎ 717-861-9341

**Emergency Relief**
☎ 717-861-8841

**Medical Clinic**
☎ 717-861-2091

**Range Control**
☎ 717-861-2152

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**Fort Indiantown Gap Community Club**
The Community Club at Fort Indiantown Gap is open to the public and offers a charming venue for your next wedding, anniversary, conference, retirement ceremony, or other special occasion. It features plenty of flexible meeting/banquet space with a dedicated professional catering staff, creative cuisine, and superb service.

We understand choice of venue is one of the most important decisions you will make in preparation for your event. Let the Fort Indiantown Gap Community Club provide the attention, service, flexibility, affordability, and individualism you deserve.

Call today to reserve your next function.
☎ 717-861-2450

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**Fort Indiantown Gap Blue Mountain Sports Arena**

**Building 4-117**
☎ 717-861-2711
HOURS Arrowheads Bar & Grill
Mon-Thu, 11am-10pm
Fri, 11am-Midnight
Sat, 4pm-Midnight
Sun, 4-10pm
Call ahead eat-in or take-out
717-861-9481
OPEN TO THE PUBLIC

EVENTS Arrowheads Bar & Grill/FTIG Community Club
Yuengs & Wings Tuesday Nights
Pair your wings with a pitcher of our Yuengling draft selections $10
Pizza Buffet Wednesday’s
11am-1pm
$7.95
Wednesday Trivia Nights
7-9pm
No Cover, Prizes, Open to the Public, Full Menu Available
Draught Friday’s
$2 off a pitcher
Domestic and Imported Draft Beer

Line Dancing Every Tuesday & Every Other Sunday
$4 per person
6–7pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community Club Ballroom

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Hockey
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UPCOMING EVENTS
Fort Indiantown Gap Community Club: 717-861-2450

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