In this issue:

Dear Legal Eagle...

Holiday Coloring Contest Winners

What’s the Story with the “Pop” Warner House?
Proudly Serving the Military since 1936.

GEICO salutes our Military members. We’ve made it our mission to not only provide you and your family with great coverage, but also to offer flexible payment options, numerous discounts, and overseas coverage to suit the demands of your unique lifestyle.

We stand ready to serve you. Get a free quote today.
Happy New Year! It is time to make new resolutions for the upcoming year. Among those new resolutions might be getting back into an exercise routine after the holiday season. MWR offers many different class times and workout options to suit your goals and lifestyle. Please see the schedule in this issue and choose a class that’s right for you. If working out at the gym does not appeal to you, we offer dance classes at the Letort View Community Center, as well as bowling at the Strike Zone Bowling Center. Both activities provide good exercise while having fun with your entire family.

If the winter blues are getting you down, sign up for one of our many day trips through LTS. We offer discounted tickets to many area attractions, as well as bus trips your whole family can enjoy. Sign up for a trip today and get rid of that cabin fever! Whatever your resolution might be, MWR wishes you all the best for a healthy and prosperous New Year!

What is Family and Morale, Welfare & Recreation?

In 1940 a branch within the Army was established known as the Morale Division which later became known as “Special Services.” Family and MWR is a group of men and women who provide support and leisure activities to our Soldiers (active duty, Reserve, and Guard) their Families, military retirees, and civilian employees. Currently working in Family and MWR are approximately 37,000 employees worldwide and their mission is to deliver quality programs to Soldiers and their Families.
On the Cover
Snow boating or snow kayaking is a winter sport that has officially been around since 2002. The first race was held in Lienz, Austria by a local group of kayakers. Snow kayaking isn’t anything new, but it’s a new event for the fine folks at Outdoor Recreation. Why not join them on January 28 and February 26 and have a blast with the kayaks in the powder?

Features

5 Carlisle Barracks Directory
6 Carlisle MWR Happenings
8 Exploring Cumberland Valley
9 Letterkenny Army Depot Directory
10 Dear Legal Eagle...
14 What’s the Story with the “Pop” Warner House?
15 Thorpe Fitness Center Schedule
17 Holiday Coloring Contest Winners
18 Fort Indiantown Gap Directory
19 Fort Indiantown Gap MWR Happenings
MWR PROGRAMS
Directorate of Family & MWR
46 Ashburn Drive
Carlisle, PA 17013
Mon-Fri 7:30am-4:30pm
☎ 717-245-4332

Marketing
☎ 717-245-4533

Sponsorship and Advertising
☎ 717-245-3777

Finance
☎ 717-245-4696

Barracks Crossing
870 Jim Thorpe Road
Carlisle, PA 17013
Tue, Wed & Fri 10am-5pm
Thu 10am-8pm
Sat 9am-4pm
Closed Sat prior to a Mon Holiday

Auto Crafts
Mon-Fri 8am-5pm
☎ 717-245-3156

Auto Self Service
Mon-Wed, Fri 8am-5pm
Thu 8am-8pm
Sat 9am-4pm
☎ 717-245-3156

Frame & Engraving
☎ 717-245-3319

Frame Studio - Self Help
Thu 1pm-8pm
Fri 10am-4pm
Sat 9am-4pm
☎ 717-245-3319

Strike Zone Bowling Center
686 Letort Lane
Carlisle, PA 17013
Bowling Hours of Operation:
(Winter Hours)
Sep 6, 2016-May 30, 2017
Mon-Fri 8:30am-9pm
Sat 1-9pm (except during Youth Bowling Nov-Mar 9am-9pm)
Sun 1-8pm
☎ 717-245-4109

Carlisle Barracks Golf Course
901 Jim Thorpe Road
Carlisle, PA 17013
Mon-Sun 8am-4pm
☎ 717-243-3262

Outdoor Recreation (ODR)
860 Summer Road
Carlisle, PA 17013
Hours
Nov 1 - May 1
Tue-Fri 9am-5pm
☎ 717-245-4616

Sports Director
☎ 717-245-4343/3906

Thorpe Hall Fitness
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-3pm
☎ 717-245-3418

Root Hall Gymnasium
Mon-Fri 5:30am-8:30pm
Sat, Sun & Holidays Closed
☎ 717-245-3433/3906

Indian Field Fitness Center
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays Closed
☎ 717-245-3535

Army Community Service
632 Wright Avenue
Carlisle, PA 17013
Mon-Fri 8am-4:30pm
☎ 717-245-4357

Family Advocacy Manager /
Exceptional Family Member
☎ 717-245-3775

Consumer Affairs
Financial Asst. / AFTB/Army
Emergency Relief
☎ 717-245-4720

Employee Readiness/Transition Assistance Program
☎ 717-245-3684

Army Family Action Plan /
Volunteer Manager
☎ 717-245-3685

Relocation, Mobilization & Deployment
☎ 717-245-3685

KEY POST NUMBERS
Emergency
☎ 911
Post Operator
☎ 717-245-3131
Chapel
☎ 717-245-3318
Civilian Personnel / Jobs
☎ 717-245-3923
Commissary
☎ 717-245-3105
Members 1st Credit Union
☎ 717-245-3900

Dental Clinic
☎ 717-245-4542

Education Center
☎ 717-245-3943

Film Center, Military
☎ 717-245-3533

Legal Office
☎ 717-245-4940

Movie Theater, Reynolds
☎ 717-245-4108

Optical Shop, PX
☎ 717-249-5150

Police Desk
☎ 717-245-4115

Post Exchange/Class VI
☎ 717-243-2463

Post Lodging
☎ 717-245-4245

Post Office, USPS
☎ 717-258-1930

Sexual Assault Hotline
☎ 717-448-1067

Motorcycle Registration
☎ 717-245-4115

Cleaning, Tailoring, Shoe Repair
☎ 717-258-1857

Vet Clinic
☎ 717-245-4168

The Army MWR Credit Card
from CHASE
www.chasemilitary.com/army
LEHORT VIEW COMMUNITY CENTER (OPEN TO THE PUBLIC)  
☎ 245-4329

Pershing Tavern: Open Wed-Thur from 4-10pm. Tavern Menu available from 5-9pm. Open to the Public.

Shuttle Bus available every Thur from 5-10pm - call 717-226-3985 to schedule pick up

Valentine’s Dinner Dance: Sat, Feb 11.

St. Patrick’s Day Bash: Fri, Mar 17 at the Pershing Tavern.

SPORTS – ☎ 245-3906
Strength for Wisdom. U.S. Army War College and Carlisle Barracks

Upcoming Events:

Country Heat: High energy low impact dance workout! Wednesday’s 6:30pm at Jim Thorpe Fitness Center.

WELLBEATS: Now available at the Thorpe Fitness Center! Wellbeats provides a personalized approach to group fitness – giving people the right tools they need to reach their goals, regardless of their schedule, fitness ability or workout preferences.

Tae Kwon Do: Tue & Thu from 4:30-6pm. Ages 13-Adult (11-12 w/ parent) $15 a month per person. Instructor John Cerifko, 7th Degree Black Belt.

Cardiovascular Workout with some Insanity: Tue & Thu from 6-7pm. $5 per person. Instructor John Cerifko, 7th Degree Black Belt.

Fitness Classes: Thorpe Fitness Center. TRX, TRX (for Adults over 40), Zumba and Spinning. All classes are FREE except Tae Kwon Do: Tue and Thu from 4:30-6pm at Thorpe Fitness Center. $15 per month.

Performance Fitness: Mon/Wed/Fri at 6am. Optimize your strength and performance by using varied functional movements at a high intensity. Classes utilize fitness equipment on the gym floor (barbells, kettlebells, plyoboxes, etc.) Led by Brian Sarjeant, Certified CrossFit Instructor.

Massage Therapy: Thorpe Fitness Center. Appointments available Mon-Sat. Call 717-701-3040

BARRACKS CROSSING FRAME STUDIO – ☎ 245-3319

Beginner Framing Classes: Call for dates and times. Learn to frame your artwork (max. four per class). Cost: $50 (all supplies included).

Adult Pastel Portrait Class: 4 classes being offered on Thu from 5-7pm. Cost: $150 (all supplies included in price).

BARRACKS CROSSING AUTO SHOP – ☎ 245-3156

Automotive Detailing: Stop by and try our auto detailing service with three packages to choose from. Call for an appointment.

LEISURE TRAVEL SERVICES ☎ 245-4048/3309

GET YOUR TICKETS AT THESE GREAT LOCATIONS:

Carlisle Barracks – 842 Sumner Road (located beside Commissary)

Fort Indiantown Gap Community Club – 9-65 Fisher Ave

Harlem Globetrotters: Discount tickets available! Thu, Feb 16, 7pm show, seating section 119 rows U & W $30.00 (save $11.35) and seating section 112 Rows U & V $22.50 (save $5.85).


Ground Zero Memorial Museum: Sat, Mar 18. Adults $83; Active Duty/Retired Military/65+/College Students with ID $77 and Age 7-17 $73. Must register by Mar 1.

Cherry Blossom Festival/ Washington, DC (On-Your-Own): Sat, Apr 1. $27 per person ages 3 & up and 2 and under FREE. Children 2 and under may sit on an adults lap free of cost. If a seat...
is required, a ticket must be purchased for $27. Must register by Mar 17.

Cherry Blossom Festival/Washington, DC (On-Your-Own): Sat, Apr 8. $27 per person ages 3 & up and 2 and under FREE. Children 2 and under may sit on an adults lap free of cost. If a seat is required, a ticket must be purchased for $27. Must register by Mar 24.

Tickets available: Baltimore Aquarium, Disney Military Salute, Legoland buy 1 day get 2nd day FREE, Busch Gardens, SeaWorld and more all over the US available.

Baltimore Aquarium Discount Tickets: $27.95 Active Duty Military, $33.95 Adults, $20.95 Children (3-11) and $29.95 Senior (65+).

BOWLING – ☏ 245-4109

Birthday Parties: Celebrate your birthday with us! Enjoy bowling, food and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!

Quartermania Bowling: Fri & Sat from Jan 6 – Apr 15. 7-9pm First-Come-First-Served. $5 Cover Charge. .25 Cents per game/per person (shoe rental not included).

Bowling – Pizza – Pins – Pop: Every Sunday from 1-6pm. Special runs from Jan 8 – Apr 16. Only $28.95 per lane. $10 each additional person. (2 hours of bowling for 4 people, Shoe Rental, One Plain Pizza and One Pitcher of Soda).

Monday Night Mixed League: Jan 16-Apr 17 from 6:30-9:00pm. 3 Games Semi-Competitive. $11 per person. Organizational meeting on Jan 9 at 6:30pm.

Thursday Night “Happy Hour” Fun League: Jan 12-Apr 6 from 5-7pm. 2 Games- Fun Competition – Music. $8.25 per person. Organizational meeting on Jan 5 at 5pm.

GOLF – ☏ 243-3262

Play & Ride/Weekday Special: Mon-Thu, 12-4 pm, $24 p/p. 18 Holes. Must call for tee time.

Open Golf and Driving Range: Open Mon-Fri, 7am-dusk and Sat-Sun 6am-dusk.

Golf Lessons: Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

OUTDOOR REC – ☏ 245-4616

MUST REGISTER ONE WEEK PRIOR FOR ALL EVENTS

Training Hikes: Jan 8, Mar 4, 5 & 8 from 10am-2pm. $10 per trip or get a Hiking Club Membership for $45 per month.

Bike Maintenance Clinic: Jan 10, Feb 2, Mar 3 & 23 from 5-6pm at ODR. $20 per person.

Waterfall Hike and Lunch: Jan 7 & Mar 11 from 10am-3pm. $25 per person (transportation and box lunch provided). Come experience the largest waterfall in Maryland.

Appalachian Trail Preparation: Jan 12 from 5-6pm at ODR. $10 per person. Informative clinic to learn some important planning tools.

Intro to Snowshoeing: Jan 19 & 25; Feb 8, 15 & 21 from 10am-12pm. $10 per person (snowshoes and transportation included).

Snowshoeing Trips: Jan 21 & 29; Feb 4, 11, 12 & 25 from 10am-3pm. $25 per person (snowshoes and transportation included).

Cross Country Skiing: Jan 22 & Feb 5 from 8am-4pm. $40 per person (skis and transportation provided). A great way to stay physically fit during the winter.

Snow Kayaking: Jan 28 & Feb 26 from 10am-Noon. $10 per person (transportation and kayak provided).

Ultralight Hiking Clinic: Feb 16 from 5-6pm at ODR. $20 per person. Learn the foundations of ultralight hiking.

Valley Forge Bike Trip: Mar 19 from 8am-5pm. $40 per person (transportation and bikes included).

Geocaching on Bikes: Mar 12 & 18 from 12am-2pm. $10 per person. Come learn how to find secret treasures with a GPS receiver. Great activity for the whole family. We will use bikes to ride between geocaches. Bikes and transportation provided.

Bike Touring 101: Mar 16 from 5:00-6:30pm. A local expert will be teaching you how to plan your next bike touring trip.

Bike Riding Trips: Mar 29, Apr 4 & 26 from 10am-2pm. $25 per person.

CHILD & YOUTH SERVICES

McConnell Youth Services – ☏ 245-4555

Moore CDC – ☏ 245-3701

Vision Screening: Jan 17, 9:30am, Call the CDC for information

Dr. Seuss Week: Mar 1-3

School Age Care Programs – ☏ 245-4616

Socials: Jan 21, 5-10pm

Super Bowl Party: Feb 5, 6-10pm

Middle School & Teen Programs ☏ 245-4642

Mad Science Social: Jan 21, 5-10pm

Super Bowl Social: Feb 5, 6-10pm

March Madness Social: Mar 25, 5-10pm

Open Rec: Jan 14, Jan 21, Jan 28, Feb 11, Feb 18, Mar 11, Mar 18, Mar 25, Noon-4pm

Youth Sports & Fitness – ☏ 245-3354


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Peter “Pete” Collins
Realtor

I Listen

14 Moves
12 Years Active Duty
23 Years Civil Service
21 Years in Carlisle/Mechanicsburg
Homeowner, Tenant and Landlord

I Understand

• Backed by the expertise of a nationwide organization

• A reputation for finding workable solutions

I Care

Office: 717.243.8080
Cell: 717.226.4589
Peter.Collins@cbhomes.com
52 West Pomfret Street
Carlisle, PA 17013

www.1stchoicemag.com | January 2017 | 7
Celebrate the New Year at some of these events in the Cumberland Valley! Ahead this January are a number of performances, community events and the famed Pennsylvania Farm Show.

Seussical @ H. Ric Luhrs Performing Arts Center – January 22
“Oh, the thinks you can think” when Dr. Seuss's best-loved stories collide and cavort in an unforgettable musical caper! Adapted from the Broadway version, this musical adaptation, especially for young audiences, features The Cat in the Hat as the host and emcee (and all-around mischief-maker) in this romp through the Seuss classics. 475 Lancaster Dr., Shippensburg

2017 Pennsylvania Farm Show @ PA Farm Show Complex – January 7-14
Celebrate agriculture at the 2017 Pennsylvania Farm Show, the largest agricultural exposition in the country. With nearly 6,000 animals, 10,000 competitive exhibits and 300 commercial exhibits spread throughout 11 buildings, the Farm Show offers something for the whole family. 2300 North Cameron St, Harrisburg

Plaza Suite @ Little Theatre of Mechanicsburg - January 13, 14, 20-22, 27-29
Three separate stories concerning relationship issues are presented, each largely taking place in suite 719 of the Plaza Hotel in New York City. 915 South York Street, Mechanicsburg

Pennsylvania Auto Show @ PA Farm Show Complex – January 26-29
Hundreds of the hottest new cars and trucks are displayed all in one place. You can also stop by the Powersports Hall to see boats, personal watercraft, motorcycles, ATVs, and more. 2300 North Cameron St, Harrisburg

Activities Fair @ Bosler Library – January 15
See what your community has to offer at our Activities Fair! Local clubs and social groups will be on hand to tell you all about what they do and the programs they have. 158 West High St, Carlisle

First Fridays in Downtown Mechanicsburg! – January 6
Come to downtown Mechanicsburg and celebrate the start of the weekend with our First Fridays. Enjoy food, art, live music, dining, specials and downtown shopping at its finest. Main & Market Sts., Mechanicsburg

Find more things to see and do at VisitCumberlandValley.com.
¡Hasta Luego Amigos!

With this issue of First Choice we say goodbye to two members of the Family and Morale Welfare and Recreation office at Carlisle Barracks, Kevin Small and John Bannon.

Kevin Small has been the Recreation and Business Operations Chief at Carlisle Barracks for the past 10 years. After years of working as a civilian in the Armed Forces, Kevin is finally hanging up his boots and retiring. Kevin plans on sipping Mai Tais on the sunny shores of Costa Rica with his girlfriend, Christie Brinkley and his dog, Lassie.

John Bannon has been with us at Carlisle Barracks for 10 years as the Information Services Officer. He, his wife, Elyse and his son, Patrick will be moving to South Korea where John will be joining the staff at Camp Humphreys.

We wish them both good luck and we’ll definitely miss seeing their faces in the hallways.

John Bannon celebrating his birthday in style.

Kevin Small enjoying the fall weather at Carlisle Barracks.

LETTERKENNY ARMY DEPOT MORALE WELFARE & RECREATION DIRECTORY

Letterkenny Army Depot Operator (Information) ☏ 717-267-8111
Driver Hotline Number ☏ 717-267-5220
Office of the Commander ☏ 717-267-8300
Tieman Child Development Center ☏ 717-267-5219
Parent Central Registration ☏ 717-245-3801
Public Affairs Office ☏ 717-267-9741
Police, Fire, Ambulance: Emergency ☏ 911
Police, Fire, Ambulance: Non-Emergency ☏ 717-267-9101
Security Office ☏ 717-267-8800

DOIM Technical/Hardware Support ☏ 717-267-8000
LEAD Quality Hotline ☏ 717-267-9693 or DSN 570-9693
CAC and Military ID Office ☏ 717-267-8751
EEO office and Sexual Harassment Hotline ☏ 717-267-8324
Letterkenny Munitions Center ☏ 717-267-8400
US Army Occupational Health Clinic ☏ 717-267-8017

LETTERKENNY ARMY DEPOT MORALE WELFARE & RECREATION DIRECTORY

WELLBEATS OFFERS HUNDREDS OF CLASSES ACROSS A VARIETY OF CHANNELS. EACH WELLBEATS CHANNEL HAS A SPECIFIC AREA OF FOCUS AND CONTAINS A COLLECTION OF 20 - 50 MINUTE CLASSES OF VARYING INTENSITY TAUGHT BY VARIOUS INSTRUCTORS. WELLBEATS PROGRAMMING IS DESIGNED TO MEET ANY PARTICIPANT WHERE THEY ARE AT IN THEIR FITNESS JOURNEY AND HELP THEM PROGRESS SMARTLY.

WELLBEATS PROVIDES A PERSONALIZED APPROACH TO GROUP FITNESS – GIVING PEOPLE THE RIGHT PROGRAM VARIETY AND TOOLS THEY NEED TO REACH THEIR GOALS, REGARDLESS OF THEIR SCHEDULE, FITNESS ABILITY OR WORKOUT PREFERENCES.

WELLBEATS IS ONE OF THE MANY PROGRAMS OFFERED HERE AT THE THORPE FITNESS CENTER.
Dear Legal Eagle:

I am currently TDY in Hawaii. Before I left, I gave my neighbor a special power of attorney to take care of my Yorkipoo designer dog, Cuddles. The authorities include being able to take her to the vet, to doggie daycare, buy food, and pay the vet bill and groomers. Well, my neighbor said the other day that when he tried to get money from the bank to pay the vet, the bank would not let him. What gives?

Generally, in Pennsylvania, an institution that is presented with a properly executed power of attorney (POA) must accept it or explain why within seven business days. From what you describe, the bank may have reason to decline the POA since it mainly pertains to maintenance and care of your dog, not your bank account. The bank has no way of knowing whether the money will be used to pay for doggie expenses in accordance with the POA you’ve executed or for a different, unauthorized purpose. To ensure that your vet bills get paid, maybe you can provide an allotment directly to your neighbor, or else negotiate an online payment system with your vet.

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Dear Legal Eagle: I PCS’ed to Carlisle for the year to attend the War College. My spouse, three kids and our dog came with me. My spouse got a job at a local consulting firm, but they are taking out Pennsylvania taxes from his paycheck even though he told them we are military. We were Washington state residents last year; where do we file taxes this year?

The good news is you can get them filed at the Carlisle Barracks Tax Center for free! However, I suppose what you want to know is the residency status of you and your spouse for filing purposes this year. The Servicemembers Civil Relief Act (SCRA) makes clear that if you are simply in Pennsylvania to fulfill military obligations, you will not lose your Washington state residency. Likewise, under the Military Spouses Residency Relief Act, your spouse should not be taxed on income by Pennsylvania for wages he is earning at the local consulting firm. He does not automatically lose his Washington residency either if he is here accompanying you during your military orders. However, it is common for employers to nonetheless withhold taxes from paychecks. In this case, you should file a non-resident tax return in Pennsylvania to claim a refund for the taxes withheld. Residency for military personnel and their family members can be tricky, with the devil in the details. You can get expert help by consulting your Carlisle Barracks Tax Center, or the Legal Assistance Office.

The Carlisle Barracks Tax Center will be opening February 1, 2017! The Tax Center is an IRS-certified tax assistance site, offering free tax return preparation to active duty servicemembers, military retirees, and their dependents. Returns are prepared by expert volunteers, some with over 20 years of tax preparation experience. Appointments are available first come, first served and are made by calling (717) 245-3986 starting January 23. If the appointment is for both you and a spouse, you must either both be present or the absent spouse must provide a power of attorney.
MONDAY NIGHT MIXED LEAGUE
14 WEEKS | JAN 16th - APRIL 17th | 6:30-9:00 P.M. | $11
3 GAMES SEMI-COMPETITIVE
ORGANIZATIONAL MEETING JAN 6 @6:30PM

BOWLING PIZZA PIN POP
Every Sunday from 6-8 PM.
Jason Crum | MSSM Col 2 | Bowling Center | www.carlisle.mwr.com | 717-245-1069

CO-ED YOUTH BASKETBALL LEAGUES
JAN 9 - MAR 3 • GRADES K - 12
Practices & games held at McConnell Youth Center
Mini Camps: Dec 12 - 14, 2016 (Attendance Mandatory)
Register Nov 14, 2016 - Jan 4, 2017
VOLUNTEER COACHES NEEDED
Registration: Call or visit Youth Services 245-4555
or call Youth Sports 245-3354
to get started or for more information on;
www.carlisleFMWR.com | CarlisleBarracksCYS

BASIC BIKE MAINTENANCE CLINICS
AT OUTDOOR RECREATION
Join us for this information class on basic bike maintenance and adjustments for only $20 per person!
One class each month through December. Check our website or Facebook page for clinic dates and times.
245-4816 • www.carlisleMWR.com • CarlisleOutdoorRec

WANT RESULTS?
SCHEDULE YOUR FREE PERSONAL TRAINING TRIAL TODAY!
OUTDOOR RECREATION 2017

WINTER EVENTS

JANUARY

7 | Waterfall Hike | $25 (Transportation & Lunch)
19 & 25 | Intro into Snowshoeing | $10 (Transportation & Snowshoes)
21 & 29 | Snowshoeing | $25 (Transportation & Snowshoes)
22 | Cross Country Skiing | $40 (Transportation & Skis)
28 | Snowshoeing | $10 (Transportation & Kayak)

FEBRUARY

4, 11, 12 & 25 | Snowshoeing | $25 (Transportation & Snowshoes)
5 | Cross Country Skiing | $40 (Transportation & Skis)
8, 15 & 21 | Intro into Snowshoeing | $10 (Transportation & Snowshoes)
26 | Snowshoeing | $10 (Transportation & Kayak)

PRICES ARE PER PERSON | MUST REGISTER AT LEAST ONE WEEK PRIOR TO EVENT
FOR MORE INFORMATION OR TO REGISTER, CONTACT OUTDOOR RECREATION
245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

APPALACHIAN TRAIL PREPARATION

HELD AT OUTDOOR RECREATION

JAN 12 | 5-6PM | $10 P/P
MUST REGISTER ONE WEEK PRIOR TO EVENT
CONSIDERING TACKLING THE APPALACHIAN TRAIL?
COME TO OUR INFORMATIVE CLINIC TO LEARN SOME IMPORTANT
PLANNING TOOLS.

245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

OUTDOOR RECREATION 2017

WATERFALL HIKE & LUNCH

JAN 7 | 10 AM - 3 PM | $25 P/P
COME EXPERIENCE THE TALLEST WATERFALL IN MARYLAND!
ALL ABILITIES WELCOME! TRANSPORTATION AND BOX LUNCH PROVIDED
REGISTER AT LEAST ONE WEEK PRIOR TO EVENT
245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

OUTDOOR RECREATION 2017

TRAINING HIKES

JAN 8 | MARCH 4, 5, 8 | 10 A.M. - 2 P.M.
HIKING IS A GREAT WAY TO STAY PHYSICALLY FIT AND MAKE NEW FRIENDS.
ALL ABILITIES WELCOME
$10 PER TRIP (TRANSPORTATION INCLUDED)
OR GET A HIKING CLUB MEMBERSHIP FOR $45 PER MONTH
MUST REGISTER ONE WEEK PRIOR TO TRIP
245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

OUTDOOR RECREATION 2017

INTRO TO SNOWSHOEING

JAN 19 | JAN 25 | FEB 8 | FEB 15 | FEB 21
10 AM - 12 PM | $10 P/P
JOIN OUTDOOR RECREATION FOR AN EXCITING INTRODUCTION TO SNOWSHOEING!
ALL ABILITIES WELCOME! SNOWSHOES & TRANSPORTATION PROVIDED
REGISTER AT LEAST ONE WEEK IN ADVANCE
245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

OUTDOOR RECREATION 2017

2017 SNOWSHOEING TRIPS

JAN 21 | JAN 29 | FEB 4 | FEB 11 | FEB 12 | FEB 25
10 AM - 3 PM | $25 P/P
COME EXPERIENCE SCENIC PENNSYLVANIA IN A UNIQUE WAY!
SNOWSHOEING IS A GREAT WAY TO STAY PHYSICALLY FIT AND WARD OFF CABIN FEVER!
ALL ABILITIES WELCOME! SNOWSHOES & TRANSPORTATION PROVIDED
REGISTER AT LEAST ONE WEEK PRIOR TO EVENT
245-4616 | www.carlislemwr.com | @carlisleoutdoorrec

OUTDOOR RECREATION 2017

CROSS COUNTRY SKIING

JAN 22 | FEB 5 | 8 AM - 4 PM | $40 P/P
A GREAT WAY TO STAY PHYSICALLY FIT DURING THE WINTER! BURN UP TO 640
CALORIES AN HOUR! ALL ABILITIES WELCOME! BRING A LUNCH, WATER, AND
DRESS FOR THE WEATHER. LOCATION WILL BE BASED ON SNOW CONDITIONS.
REGISTER AT LEAST ONE WEEK PRIOR TO EVENT
245-3657 | www.carlislemwr.com | @carlisleoutdoorrec
OUTDOOR RECREATION 2017

SNOW KAYAKING
JAN 28 | FEB 26 | 10 AM - 12 PM | $10 P/P

TIS THE SEASON FOR FUN WINTER SPORTS! WHILE MOST PEOPLE SWITCH TO SKIS FOR THE WINTER SEASON, OUTDOOR REC WILL BE HAVING A BLAST WITH OUR KAYAKS IN THE POWDER! TRANSPORTATION AND KAYAK PROVIDED.

REGISTER AT LEAST ONE WEEK PRIOR TO EVENT
245-4616 | WWW.CARLISLEMWR.COM | CARLISLEOUTDOORREC

ULTRALIGHT BACKPACKING CLINIC AT OUTDOOR RECREATION
FEB 16 | 5-6PM | $20 P/P
MUST REGISTER ONE WEEK PRIOR TO CLINIC.

COME LEARN ABOUT THE FOUNDATIONS OF ULTRALIGHT HIKING FROM OUTDOOR RECREATION AND LEARN HOW TO GET YOUR PACK DOWN. HIKING DOESN’T HAVE TO BE A PAINFUL EXPERIENCE.

245-4616 | WWW.CARLISLEMWR.COM | CARLISLEOUTDOORREC

OUTDOOR RECREATION
WATERFALL HIKE AND LUNCH
ALL ABILITIES WELCOME
MARCH 11 | 10 AM - 3 PM | $25 PER PERSON

Come experience the tallest waterfall in Maryland. All abilities welcome. Transportation and box lunch provided.

OUTDOOR RECREATION
GEOCACHING ON BIKES
ALL ABILITIES WELCOME | MARCH 12 & 16 | 12 PM - 2 PM | $10 PER PERSON

REGISTER AT LEAST ONE WEEK PRIOR TO EVENT | 245-4616 | WWW.CARLISLEMWR.COM | CARLISLEOUTDOORREC

OUTDOOR RECREATION
VALLEY FORGE BIKE TRIP
MARCH 19 | 8AM-5PM
$40 | TRANSPORTATION & BIKES INCLUDED

COME EXPERIENCE THE BREATHTAKING BEAUTY OF VALLEY FORGE NATIONAL PARK. WE WILL RIDE 27 MILES OF TRAILS THROUGH THE PARK. ALL ABILITIES WELCOME.

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Glenn Scoobey Warner, born on April 5, 1871 in Springville, New York, would become an important figure in Carlisle Indian Industrial School history. He was the football coach who worked with famous footballer and Olympian Jim Thorpe and went on to coach the team to a win against the Army football team in 1912. “Pop” Warner, as he was affectionately nicknamed by his players, grew up in New York and after a few years spent with his family in Texas, he attended Law School at Cornell University. It was there that Warner learned to play football.

After finding that he had a talent for the game, Warner coached at the University of Georgia and then returned to coach at his Alma Mater. In 1898, a dispute over who would be the head coach the following season led to Warner’s departure and his coaching job at the Carlisle Indian Industrial School. Hired by Richard H. Pratt, founder and first superintendent of the Carlisle Indian Industrial School, Warner was offered an astounding salary of $1,200 for the year. Warner worked with the young Native-American men to make them into a team that could compete with the other major universities around the country. He found that the Native-American boys had a different skill set than the young men he coached previously. The men were typically smaller than other college players, but they were fast and agile. The footballers at the school also gave Warner more flexibility with his plays. Warner developed several new types of plays throughout his tenure at Carlisle, which his players quickly learned. Warner was important to the Carlisle football team in many ways, but he is probably best known for his work with Jim Thorpe, Carlisle’s defeat of the Army team in 1912, and his contributions to the modern game of football. Thorpe showed his talent throughout the game and led the team to a 27-6 victory over the favored Army team. Additionally, Warner made another contribution to the Carlisle Indian Industrial School when he wrote the school song “Old Carlisle, Dear Carlisle,” that was sung to the tune of “Oh, Tannenbaum.”

During his coaching career at the Carlisle Indian Industrial School, Pop Warner lived in the unassuming house on Pratt Avenue, located near the primary entrance to the school. Built in 1905, the house “adopts a traditional American foursquare domestic design.” There was a trolley that transported students and faculty into town directly in front of the home on the way to a stop along what is now Armstrong Hall.

Today, the building is used as family quarters.
Thorpe Hall is available for use by active duty, retired military and their authorized family members, DA civilians, Reserve and National Guard personnel, DoD contracted employees, technical representatives, and employees of military banking facilities and credit unions. Classes subject to change without notice.

3. 0600 - Intro to Performance Fitness (Jess/Brian)
   0900 - Zumba (Regina)
   1000 - TRX for Adults over 40 (Brian)
   1200 - Spin (Brian)
   1630 - Hybrid boot camp (Brian)
   1630 - Tae Kwon Do (John Cerifko)
   1800 - Cardiovascular (John Cerifko)

4. 0600 - Performance Fitness (Brian)
   0900 - Body Blast (Brian)
   1015 - Yoga Tune Up (Linda)
   1200 - Barbell 30 Min Workout (Brian)
   1630 - Spin (Kelly)

5. 0600 - Intro to Performance Fitness (Jess/Brian)
   0900 - Zumba (Regina)
   1000 - TRX for Adults over 40 (Brian)
   1200 - Spin (Brian)
   1630 - Hybrid boot camp (Brian)
   1630 - Tae Kwon Do (John Cerifko)
   1800 - Cardiovascular (John Cerifko)

6. 0600 - Performance Fitness (Brian/Jess)
   0900 - Body Blast (Brian/Jess)
   1015 - Country Heat (Valentina)

7. 0900 - Zumba (Valentina)

8. 0600 - Performance Fitness (Brian)
   0900 - Body Blast (Brian)
   1015 - Yoga Tune Up (Linda)
   1200 - Barbell 30 Min Workout (Brian)
   1630 - Spin (Kelly)

9. 0600 - Performance Fitness (Brian)
   0900 - Body Blast (Brian)
   1015 - Yoga Tune Up (Linda)
   1200 - Barbell 30 Min Workout (Brian)
   1630 - Spin (Kelly)

10. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

11. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

12. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

13. 0600 - Performance Fitness (Brian/Jess)
    0900 - Body Blast (Brian)
    1015 - Country Heat (Valentina)

14. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

15. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

16. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

17. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

18. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

19. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

20. 0600 - Performance Fitness (Brian/Jess)
    0900 - Body Blast (Brian/Jess)
    1015 - Country Heat (Valentina)

21. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

22. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

23. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

24. 0600 - Performance Fitness (Brian/Jess)
    0900 - Body Blast (Brian/Jess)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)

25. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)

26. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)

27. 0600 - Performance Fitness (Brian/Jess)
    0900 - Body Blast (Brian/Jess)
    1015 - Country Heat (Valentina)

28. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

29. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

30. 0600 - Performance Fitness (Brian)
    0900 - Body Blast (Brian)
    1015 - Yoga Tune Up (Linda)
    1200 - Barbell 30 Min Workout (Brian)
    1630 - Spin (Kelly)

31. 0600 - Intro to Performance Fitness (Jess/Brian)
    0900 - Zumba (Regina)
    1000 - TRX for Adults over 40 (Brian)
    1200 - Spin (Brian)
    1630 - Hybrid boot camp (Brian)
    1630 - Tae Kwon Do (John Cerifko)
    1800 - Cardiovascular (John Cerifko)
If you receive the Morale, Welfare and Recreation 2016 Customer Satisfaction Survey, please make sure you take a few minutes to fill it out. We know you’re busy, but your participation will help ensure these critical programs and activities continue to meet your needs. We value your opinion.
Holiday Coloring Contest Winners

We received so many fantastic entries for the Carlisle Barracks FMWR Holiday Coloring Contest! Thanks to everyone who participated! We loved seeing the creativity and coloring ability of all the entries. All five of our winners will be notified no later than Tuesday, January 3, 2017.

Congratulations to our winners!

Ages 4-6 Winner
Collin Williams

Ages 10-12 Winner
Sarah Cain

Ages 7-9 Winner
Briana Bitri

Ages 13-17 Winner
Lauren Cain

Ages 18+ Winner
Kwong-Jing, Hoo

Ages 10-12 Winner
Sarah Cain
FORT INDIANTOWN GAP
MORALE WELFARE & RECREATION DIRECTORY

MWR PROGRAMS

Marketing
☎ 717-245-4698

Corporate Sponsorship
☎ 717-245-3777

Community Club
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
☎ 717-861-2450

Community Club Catering
☎ 717-861-2450

Box Car Coffee Shop
Mon-Fri 6-10 am
Drill Weekends 6-9 am
☎ 717-861-2619 / 2450

Arrowheads Bar and Grill
Mon-Thu, 11am-10pm
Fri, 11am-Midnight
Sat, 4pm-Midnight
Sun, 4-10pm
☎ 717-861-9481

Community Club Cafeteria
Mon-Fri 11 am-1 pm
☎ 717-861-9482

DMVA Cafe
☎ 717-861-2450

Recreation Center
Bldg. 13-190
Annville, PA 17003
Fri-Sun 6-10 pm
☎ 717-861-2296

Leisure Travel Services
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
Thu & Fri 9am - 1pm
☎ 717-861-3994

All-Army Sports Program
☎ 717-861-2647

Blue Mountain Sports Arena
Call for classes available
Bldg. 4-117
Annville, PA 17003
Winter Hours Start Oct 5:
Mon-Fri 6 am-8 pm
Sat-Sun 8:30 am-8 pm
☎ 717-861-2711

Warrior Fitness Center
Bldg. 12-99
Annville, PA 17003
Open 24/7 with access key
☎ 717-861-9611

Sports/Racquetball Courts
*Reservations required
☎ 717-861-2711

Outdoor Recreation
☎ 717-861-2711

Stumps Garage, Inc.
☎ 717-861-5440

KEY NUMBERS

Emergency
☎ 911

Chapel
☎ 717-861-2112

Credit Union
☎ 717-865-6641

Veterans Affairs
☎ 717-861-8902

Museum
☎ 717-861-2402

ID Card Center
☎ 717-861-8993

Judge Advocates
☎ 717-861-8991

HRO/Employment/Jobs

Federal:
☎ 717-861-8709

HRO/Employment/Jobs

State:
☎ 717-861-6993

SATO Travel
☎ 1-800-603-1993

Post Exchange
☎ 717-861-2058

Barber Shop
☎ 717-861-2058

Military Clothing
☎ 717-861-2976

Subway
☎ 717-865-1700

Tuition Assistance
☎ 717-861-9238

Public Affairs
☎ 717-861-8468

Police Department
☎ 717-861-2727

Fire Department
☎ 717-861-2111

Education Center
☎ 717-861-9341

Emergency Relief
☎ 717-861-8841

Medical Clinic
☎ 717-861-2091

Range Control
Hunting & Fishing
☎ 717-861-2152

The Community Club at Fort Indiantown Gap is open to the public and offers a charming venue for your next wedding, anniversary, conference, retirement ceremony, or other special occasion. It features plenty of flexible meeting/banquet space with a dedicated professional catering staff, creative cuisine, and superb service.

We understand choice of venue is one of the most important decisions you will make in preparation for your event. Let the Fort Indiantown Gap Community Club provide the attention, service, flexibility, affordability, and individualism you deserve.

Call today to reserve your next function.
☎ 717-861-2450

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Sat, 4pm-Midnight
Sun, 4-10pm
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OPEN TO THE PUBLIC

EVENTS
Super Bowl Party LI
Sunday, February 5
3:30pm
Half Price appetizers at Half Time
Food Specials
Prizes
First 25 people will receive an
Official Super Bowl Game Program
No Cover Charge
Open to the Public

Arrowheads Bar & Grill
FTIG Community Club
Yuengs & Wings Tuesday Nights
Pair your wings with a pitcher of
our Yuengling draft selections $10
Pizza Buffet Wednesday’s
11am-1pm
$7.95

Wednesday Trivia Nights
7-9pm
No Cover, Prizes, Open to the
Public, Full Menu Available

Draught Friday’s
$2 off a pitcher
Domestic and Imported Draft Beer

Line Dancing
Every Tuesday & Every Other
Sunday
$4 per person
6-7pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community
Club Ballroom

LIVE BROADCASTS
Shown on 13 HDTV’s
NASCAR
NFL Sunday Ticket
Basketball
Hockey
…and much more!

UPCOMING EVENTS
Super Bowl LI Party, February 5, 2017
Fort Indiantown Gap Community
Club: 717-861-2450

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FTIG Community Club
717-861-2450
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KE JONES
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BATH FITTER
KITCHEN SAVER
FAMILY FORD
HERSHEY ENTERTAINMENT
HOMESPIRE WINDOWS LLC
MARCELLO’S
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