In this issue:
Planning Your Vacation with LTS!
Happy New Year! I hope you all had a great 2015. It’s time to make those resolutions for the year ahead. Among those new resolutions might be getting back into an exercise routine after the holiday season. MWR offers many different class times and workout options to suit your goals and lifestyle. Please see the schedule in this issue and choose a class that’s right for you. If working out at the gym does not appeal to you, we have dance classes at the Letort View Community Center, numerous trips with Outdoor Recreation, as well as bowling at the Strike Zone Bowling Center. All activities provide good exercise while having fun with your family.

If the winter blues are getting you down, sign up for one of our many day trips through LTS. Start planning your vacation with MWR. Check out our feature article on how utilizing military resorts can offer you an experience of a lifetime while saving you money. If you aren’t interested in traveling, we offer discounted tickets to many area attractions, as well as bus trips your whole family can enjoy. Sign up for a trip today and get rid of that cabin fever!

Whatever your goals are this year, MWR wishes you all the best for a healthy and prosperous new year!
On the Cover
Do you need a vacation? Check out our feature this month on the “Top 5 Getaways for the Military Community” or stop by Leisure Travel Services at Carlisle Barracks or Fort Indiantown Gap to plan your next holiday. Take advantage of your MWR benefits today!

Regulars

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14 Planning Your Family Vacation with LTS
There is a reason we use the word ‘diagnose’ when we talk about fixing cars. Figuring out what is wrong with your car has a lot of similarities to figuring out what is wrong with someone who is ill. Vehicles are a mass of complex systems that can produce a variety of symptoms when something goes wrong. As with a human diagnosis, a specific symptom may be indicative of a number of problems. Figuring out the specific cause takes training and experience.

Sometimes the diagnosis of your vehicle’s trouble comes down to a matter of trial and error. This can be frustrating because time and money are on the line. You may feel you should only be paying for repair work. Of course, you only want to pay for the right repair and a proper diagnosis is part of getting it right. Like at the doctor’s office some of what you pay is for the doctor’s time and effort to figure out what is wrong and not for the actual care.

The good news is that owners can do a lot to help out their service technician in figuring out what is wrong with their car. Again, the medical office is a good analogy. The more information you can give your doctor about where it hurts, when it hurts and how it hurts, the more quickly he will be able to help you. In the same way, the more you can tell your service technician about when the problem the more efficiently he will be able to get you back on the road.

If fluid is leaking from your car you should note the color of the fluid and where the puddle forms on the ground. Also note if the leak occurs only when it is hot, cold, if the car has been parked for a while or the engine is hot. “I hear the sound when I turn left” is more helpful than “I hear the sound when I turn”. After speaking with your service technician you will get a feel for the kind of information they need.

If you drop your car off leave a detailed note describing the problem. Not having enough information will only lead to frustration for your technician and yourself. Good communication leads to better car. If your vehicle occasionally stalls or sputters you may need a little more patience because these types of problems are intermittent. In order to fix the problem your technician will to reproduce the symptoms which may take a while.

In these cases specific information can be invaluable and can reduce the time needed to reproduce the symptoms. Good preventative maintenance goes a long way to keeping your car out of the repair shop. If you do need it repaired good communication will get you back on the road quickly.
USAG CARLISLE BARRACKS
MORALE WELFARE & RECREATION
DIRECTORY

MWR PROGRAMS
Directorate of Family & MWR
46 Ashburn Drive
Carlisle, PA 17013
Mon-Fri 7:30am-4:30pm
☎ 717-245-4332
Marketing
☎ 717-245-4533
Sponsorship and Advertising
☎ 717-245-3777
Finance
☎ 717-245-4696
Barracks Crossing
717-245-3107
870 Jim Thorpe Road
Carlisle, PA 17013
Tue, Wed & Fri 10am-5pm
Thu 10am-8pm
Sat 9am-4pm
Closed Sat prior to a Mon Holiday
Auto Crafts
Mon-Fri 8am-5pm
☎ 717-245-3156
Auto Self Service
Mon-Wed, Fri 8am-5pm
Thu 8am-8pm
Sat 9am-4pm
☎ 717-245-3156
Frame & Engraving
☎ 717-245-3319
Frame Studio - Self Help
Thu 1pm-8pm
Fri 10am-4pm
Sat 9am-4pm
☎ 717-245-3319
Strike Zone Bowling Center
686 Letort Lane
Carlisle, PA 17013
Mon-Thur 8:30am-9pm
Fri 8:30am-9pm
Sat 1-9pm
Sun 1-8pm
☎ 717-245-4109
Carlisle Barracks Golf Course
901 Jim Thorpe Road
Carlisle, PA 17013
Mon-Sun 8am-4pm
☎ 717-243-3462
Golf Course
☎ 717-243-3262
19th Hole Snack Bar
Closes for Winter Oct 19th
☎ 717-245-3267
Child, Youth & School Age Services
459 Bouquet Road
Carlisle, PA 17013
Mon-Fri 6:30am-6pm
CYS Division Chief
☎ 717-245-4283
CYS Central Registration
☎ 717-245-3801
School Liaison Officer
☎ 717-245-4638
Youth Center
☎ 717-245-4555
Youth Sports
☎ 717-245-4519
Child Development Center
455 Fletcher Road
Carlisle, PA 17013
Mon-Fri 6:30am-5:30pm
☎ 717-245-3701
Letort View Community Center
313 Lovell Avenue
Carlisle, PA 17013
☎ 717-245-4329
Letort View Catering
Tue-Thu 9am-5pm
☎ 717-245-3960/4049
Joint Deli (Army War College)
Mon-Fri 7am-2pm
☎ 717-245-4883
USAHEC Catering
☎ 717-243-3099
Café Cumberland
950 Soldiers Drive
Carlisle, PA 17013
Mon-Sat 10am-2pm
☎ 717-245-3377
Leisure Travel Services
842 Summer Road
Carlisle, PA 17013
Mon-Fri 9am-4:30pm
☎ 717-245-4048
Army Heritage Center LTS Desk
Fri-Sat 11am-2pm
☎ 717-245-3883
Outdoor Recreation (ODR)
860 Summer Road
Carlisle, PA 17013
Tue-Fri 9am-5pm
Closed for lunch 1-1:30pm
Sat, Sun, and Mon Closed
☎ 717-245-4616
Sports Director
☎ 717-245-4343/3906
Thorpe Hall Fitness
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-5pm
☎ 717-245-3418
Root Hall Gymnasium
Mon-Fri 5am-8:30pm
Sat, Sun & Holidays Closed
☎ 717-245-4343/3906
Indian Field Fitness Center
Mon-Fri 5am-8:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays 10am-5pm
☎ 717-245-3535
Main Bar
Open Thu-Fri 4-10pm
Army Community Service
632 Wright Avenue
Carlisle, PA 17013
Mon-Fri 8am-4:30pm
☎ 717-245-4357
Family Advocacy Manager/
Exceptional Family Member
☎ 717-245-3775
Consumer Affairs
Financial Asst. / AFTB/Army
Emergency Relief
☎ 717-245-4720
Employee Readiness/Transition
Assistance Program
☎ 717-245-3684
Army Family Action Plan/
Volunteer Manager
☎ 717-245-4357
Relocation, Mobilization &
Deployment
☎ 717-245-3685

KEY POST NUMBERS
Emergency
☎ 911
Post Operator
☎ 717-245-3131
Chapel
☎ 717-245-3318
Civilian Personnel / Jobs
☎ 717-245-3923
Commissary
☎ 717-245-3105
Members 1st Credit Union
☎ 717-245-3900
Dental Clinic
☎ 717-245-4542
Dunham Health Clinic
☎ 717-245-3400
Education Center
☎ 717-245-3943
ID Card Center, Military
☎ 717-245-3333
Legal Office
☎ 717-245-4940
Movie Theater, Reynolds
☎ 717-245-4108
Optical Shop, PX
☎ 717-249-5150
Police Desk
☎ 717-245-4115
Post Exchange/Class VI
☎ 717-243-2463
Post Lodging
☎ 717-245-4245
Post Office, USPS
☎ 717-258-1930
Sexual Assault Hotline
☎ 717-448-1067
Motorcycle Registration
☎ 717-245-4115
Cleaning, Tailoring, Shoe Repair
☎ 717-258-1857
Vet Clinic
☎ 717-245-4168

2nd Thurs of Each Month | Aug ’15 - June ’16 | 5:30 - 7:30 PM
• A Max of 4 students per class
• Children over the age of 14 are welcome with parental supervision
• Must RSVP (717) 245-3156

870 Jim Thorpe Rd | Carlisle, PA | www.carislemwr.com | CarlisleFMWR

WWW.1STCHOICEMAG.COM | JANUARY 2016 5
LETORT VIEW COMMUNITY CENTER (OPEN TO THE PUBLIC) ☏ 245-4329

Main Bar: Hours of operation: Thu & Fri 4-10pm. Bar menu available 5-8pm. Open to the Public.
Shuttle Bus available every Thur from 4-9pm - call 717-226-3985 for pick up. Areas available:
-- Keystone Arms - West Point Drive & Patton Drive Intersection
-- Keystone Arms - Taylor Avenue & MacArthur Drive Intersection
-- Carlwynne Apartments
-- On the Square - Corner of Hanover & High Streets near 1st Presbyterian Church
-- Seven Gables - Corner of Rush Drive & Veterans Way

-- The Meadows - Thomas Drive & Chickamauga Drive Corner (east Corner)
-- The Meadows - Chickamauga Drive (west Corner)
-- Exchange (corner of Sumner & Delaney near stop sign)
-- Marshall Ridge - 2 stops: East End and West End
-- Root Hall Gym - Corner of Forbes & Barry Drive – LVCC


Valentines Dinner Dance: Feb 13. Long Stem Red Rose for the Ladies and Champagne for Two. $80 per couple. Bar opens at 5pm, Dinner at 5:30pm and Dancing with DJ Bob Folz at 7pm. Reservations required by Feb 10.

SPORTS – ☏ 245-3906

Strength for Wisdom. U.S. Army War College and Carlisle Barracks Upcoming Events:
Tae Kwon Do: Tue & Thu from 4:30-6pm. Ages 13-Adult (11-12 w/ parent) $15 per person a month. Instructor John Cerifko, 5th Degree Black Belt.
Cardiovascular Workout with some Insanity: Tue & Thu from 6-7pm. $5 per person. Instructor John Cerifko, 5th Degree Black Belt.

Run Carlisle Barracks: An organized run will be held every Sat at 7am. Train for 10 weeks and be ready for the Army 10 Miler or any upcoming 10 mile run! Participants may register at the Thorpe Fitness Center.

Strength Challenge: Starts Mar 12, 2016

Fitness Classes: Thorpe Fitness Center. TRX, TRX (for Adults over 40), Zumba and Spinning. All classes are FREE except Tae Kwon Do: Tue and Thu from 4:30-6pm at Thorpe Fitness Center. $15 per month.

Performance Fitness: Mon/Wed/Fri at 6am. Optimize your strength and performance by using constantly varied functional movements at a high intensity. Class utilizes fitness equipment on the gym floor (barbells, kettlebells, plyoboxes, etc.) Led by Brian Sarjeant, Certified CrossFit Instructor.

BARRACKS CROSSING FRAME STUDIO – ☏ 245-3319

Open Drawing Class: Classes will be held bi-weekly on the 1st and 3rd Thu of each month from 5:30-7:30pm from now through Jun 2016. $20 per class. The objective of this class is to develop the observational skills and drawing techniques of the student. This class is designed to encourage and allow the student to progress in their drawing ability at their own pace. No prior experience is required or expected.

Beginner Framing Classes: Call for dates and times. Learn to frame your artwork (max. four per class). Cost: $50 (all supplies included).

Adult Pastel Portrait Class: 4 classes being offered on Thu from 5-7pm. Cost: $150 (all supplies included in price).

BARRACKS CROSSING AUTO SHOP – ☏ 245-3156

Preventive Maintenance Classes: FREE classes will be held now through Jun 2016 on the 2nd Thu

Massage Therapy: Thorpe Fitness Center. Appointments available Mon-Sat. Call 717-701-3040
of each month from 5:30-7:30pm. Must RSVP. A max of 4 students per class. Children over 14 are welcome with parental supervision.

**Automotive Detailing:** Stop by and try our auto detailing service with three packages to choose from. Call for an appointment.

**ARMY COMMUNITY SERVICE**

***Resilience Training***
January 12, 9am – noon
Bldg 632, Wright Avenue
Hunt the Good Stuff and Problem Solving

**Boots to Business**
January 19-20, 8am – 4pm
Bldg 632, Wright Avenue
The Two-day Self-Employment Intensive Training Workshop is offered in collaboration with the U.S. Small Business Administration (SBA), the Institute for Veterans and Military Families at Syracuse University (IVMF), the Department of Defense and the Department of Veterans Affairs. We are recruiting 25 interested transitioning service members, military spouses, and veterans to participate in the workshop. You will learn if starting a business is right for you, if your business idea is feasible and much more!

**Interview Class**
January 21, 9am – 11am
Bldg 632, Wright Avenue
Learn interview skills and techniques before your next interview. Bring your resume.

**Salary Negotiation Class**
January 21, 1pm – 3pm
Bldg 632, Wright Avenue
Learn the ins and outs of salary negotiation. Bring your resume.

**Career Technical Track**
January 26, 8am – 4:30pm
Conducted by the Department of Veterans Affairs, the Career Technical Training Track assists service members, spouses and dependents in transitioning to civilian life, while navigating through the decisions involved in selecting a technical career.

**Resume Class**
January 28, 1- 4 pm
Bldg 632, Wright Avenue
Learn how to structure your resume in the Federal and civilian format. Guidelines in writing your resume for employment.

**Dress for Success**
January 28, 10 am – noon
Army Community Service

**LEISURE TRAVEL SERVICES**

***Leisure Travel Services***

GET YOUR TICKETS AT THREE GREAT LOCATIONS:
Carlisle Barracks - 842 Summer Road (located beside the Commissary)
U.S. Army Heritage & Education Center - 950 Soldiers Drive
Fort Indiantown Gap Community Club - 9-65 Fisher Ave

Tickets available:
- Baltimore Aquarium, Disney Military Salute, Universal Military Promo buy 1 day get 2nd day FREE tickets, Legoland buy 1 day get 2nd day FREE, Busch Gardens, Seaworld and lots more all over the US available.

**BOWLING**

*Bowling Pizza Pins Pop: Every Sunday from 6-8pm. Jan 10 - May 27, 2016. Only $28.95 per lane. $10 each additional person. 2 hours of bowling for 4 people, shoe rental, 1 plain pizza and 1 pitcher of soda.

**GOLF**

***Play & Ride/Weekday Special***
Mon-Thu, 12-4 pm. $24 p/p. 18 Holes. Must call for tee time.

***Open Golf and Driving Range***
Open Mon-Fri, 7am-dusk and Sat-Sun 6am-dusk.
Golf Lessons: Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

OUTDOOR REC – 245-4616

MUST REGISTER ONE WEEK PRIOR FOR ALL EVENTS

Bike Maintenance Clinic: Jan 7 from 7-8pm at Outdoor Recreation. $20 p/p

Intro to Climbing: Jan 8 from 5-9pm. $30 p/p

Waterfall Hike and Lunch Trip: Jan 9 from 10am-3pm. $25 p/p

Sledding Trip: Jan 10 from 10am-2pm. $10 p/p

Appalachian Trail Prep Clinic: Jan 14 from 7-8pm at Outdoor Recreation. $20 p/p

Intro to Snowshoeing: Jan 21 from 10am-12pm. $10 p/p

Snowshoeing Trip: Jan 23 from 10am-3pm. $25 p/p

Sledding Trip: Jan 24 from 10am-2pm. $10 p/p

Intro to Snowshoeing: Jan 27 from 10am-12pm. $10 p/p

Blue Knob Ski Trip: Jan 30 from 7am-5pm. $125 p/p

Cross Country Skiing: Jan 30 from 7am-5pm. $40 p/p

Snowshoeing: Jan 31 from 10am-3pm. $25 p/p

CHILD YOUTH AND SCHOOL SERVICES 245-4555

School Liaison Office 245-4638

Parents Night Out: Jan 22, 5:30-10:30pm, Need a night out or going to the Chili Cook-Off? We provide certified child care, dinner, snacks, games & a movie, $30 per child, Registration Deadline Jan 15, 5pm, Infants-PK at CDC-Call 245-3701, K-6th graders at YS -Call 245-4555.

School Age Care Programs 245-4555

Party: Jan 8, 4-6pm, FREE

Social: Jan 16, Noon-4pm, FREE

Activities: Jan 19, 4:30-5:30pm, FREE

“Lock-In”: Jan 29, 7pm-Midnight, FREE

4H Programs: 4H Programs, Cloverbuds, Gardening, Drama, Art, Photography, Electricity, Cooking, Astronomy, 4:40-5:15 pm, M, Tu, W, F- Join anytime!

SKIES Programs – 245-4519

Ongoing Fee Based Programs through June: Art Lessons, Piano Lessons, Guitar Lessons

Register for all SKIES classes on line https://webtrac.mwr.army.mil/webtrac/carlisleycms.html or call CYSS 245-4555

Middle School & Teen Programs 245-4642

Snow Tubing Trip: Jan 12, Noon-6pm,$15 includes ticket and transportation, bring cash for food on the way home, Rego Deadline Jan 6, 7pm.

Guys Night In Social: Jan 16, 4-8pm. FREE

Mad Science Lock-In: Jan 22-23, 7pm-7am, Grades 6-8 only, must be registered, FREE

Girls Night In Social: Jan 30, 4-8pm. FREE

After School Programs: Bored?, Nothing to do? Join us for activities, gym time, chill zone, creative arts, cooking, computers, video games, pinball, dodgeball/basketball league teams, GREAT snack choices and much more! M-Th, 2:45-7pm, Fr, 2:45-9pm, FREE

Keystone Club: A teen program geared towards teaching youth through three fundamental topics of Academic Success, Career Preparation and Community Service.

Youth Sports & Fitness 245-3354

Spring Sports Registration Begins: February 8, Soccer, T-Ball, Running Club, Golf

Friday Night Dodgeball: Every Fri night, 7-8:45pm, McConnell Youth Center. FREE open to youth in grades 1 - 12.

UPCOMING EVENTS

Easter Egg Hunt: March 19, 9am start, Moore CDC

Month of the Military Child: April

America’s Armed Forces Day Kid’s Run: May 21

GET A JOB WITH US USAJOBS.GOV

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Thorpe Fitness Center Schedule  717-245-3418

Thorpe Hall is available for use by active duty, retired military and their authorized family members, DA civilians, Reserve and National Guard personnel, DoD contracted employees, technical representatives, and employees of military banking facilities and credit unions. Classes subject to change without notice.

January 4.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)
17:30- Yoga Tune Up (Linda)
1630 Zumba Toning (Wendi) (2nd Floor)

January 5.
0900- Zumba (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)

January 6.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)

January 7.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)
1630 Zumba Toning* (Wendi) 2nd floor

January 8.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)

January 9.
10:00 Zumba Toning (Wendi)

January 10.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)
17:30- Yoga Tune Up (Linda) 1630 Zumba Toning (Wendi) (2nd Floor)

January 11.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)

January 12.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)

January 13.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)

January 14.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)
1630 Zumba Toning* (Wendi) 2nd floor

January 15.
0600- Performance Fitness (Brian)
9:00- Yoga Tune Up (Linda)

January 18.
MLK Day – NO CLASS

January 19.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)

January 20.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)

January 21.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)
1630 Zumba Toning* (Wendi) 2nd floor

January 22.
0600- Performance Fitness (Brian)
9:00- Yoga Tune Up (Linda)

January 23.
10:00 Zumba Toning (Wendi)

January 24.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)
17:30- Yoga Tune Up (Linda)
1630 Zumba Toning (Wendi) (2nd Floor)

January 25.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)
17:30- Yoga Tune Up (Linda)
1630 Zumba Toning (Wendi) (2nd Floor)

January 26.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)

January 27.
0600- Performance Fitness (Brian)
0900- Body Blast (Brian)
10:15- Yoga Tune Up (Linda)
1200- Barbell 30 Min Workout (Brian)
1630- Spin (Kelli)

January 28.
0900- Zuma (Regina)
1000- TRX for Adults over 40 (Brian)
1200- Spin (Brian)
1630- Hybrid boot camp (Brian/Kelli)
1630- Tae Kwon Do (John Cerifko)
18:00- Cardiovascular (John Cerifko)
1630 Zumba Toning* (Wendi) 2nd floor

January 29.
0600- Performance Fitness (Brian)
9:00- Yoga Tune Up (Linda)
4 Disney Theme Parks ... 4 Magical Days...1 Specially Priced Ticket!

Experience the magic and fun of all four Walt Disney World® Theme Parks in Florida! Military members and their families can purchase a specially priced 4-Day Theme Park ticket with Park Hopper® option and save!

Enjoy the flexibility to come and go through Magic Kingdom® Park, Epcot®, Disney’s Hollywood Studios® and Disney’s Animal Kingdom® Theme Park. Visit your Base Ticket office for details.
Walking down 8th Street in Lebanon, Pa one can’t help but notice the beautiful Farmer’s Market building. It stands tall and proud, boasting beautiful windows, ornamental copper detailing, and a large clock tower. From the street, you’d never guess the secrets held inside.

The 30,000-square-foot building is a favorite among locals and visitors alike. You will find it sitting on Eighth Street between Cumberland and Chestnut streets in downtown Lebanon. Today, the building is home to over 20 vendors, the Visit Lebanon Valley Visitor’s Center, and The Foundry Craft Grillery Restaurant. Most days, the building is buzzing with activity. But, once the crowds die down and the silence of nightfall sets in, employees of the building have had some strange experiences that has them wondering, are the spirits of the past still here?

Local folklore would say yes. In the 1870’s the small town of Lebanon made national news with the infamous murder case of the Blue Eyed Six. In those days, the site served as the Lebanon County Courthouse and jail.

The Legend of the Blue Eyed Six

In the 1870’s, a group of six Lebanon Valley men hatched a plan to take out an insurance policy on a local hermit by the name of Joe Raber. At that time, it was perfectly legal to purchase a policy on anyone you so choose, as long as that person agreed. While the clan of six may have thought that the hermit Raber would not be missed when they murdered him to collect the money, the fatal flaw in their plan was that they spoke about their plans loudly, and drunkenly, in the local tavern.

When Joe Raber’s body was found in an Indiantown Gap creek in December 1878, the men were arrested and jailed in the basement of the 8th Street Courthouse. During the six-month trial, a court reporter noticed that all of the men had cold, blue eyes. And so the name The Blue-Eyed Six was coined. The trial being found guilty. The sixth blue-eyed man, only 18 years old, was acquitted (although he became ill and died a few months later).

The other five men were hung in the courtyard of the property.

Fire destroyed the structure just a few years later. While the building has been completely rebuilt, you can still find a hint of its past. The stone foundation of the courthouse remains intact in the basement of the market where you can still see the jail cells which once housed the Blue Eyed Six. And the open mezzanine of the Farmer’s Market? That was the Courtyard, where the infamous Blue-Eyed Six were hung in 1879.

After the fiery destruction of the Lebanon County Jail, construction began on the Market House. In 1892 after nearly a two-year construction process, the Lebanon Farmers Market was dedicated. In addition to the farmers market, the Market House has been occupied by a diverse tenant list over the years. From the Lebanon Family Theatre featuring Vaudeville performances in the early days to being the home of the Crestview Secretarial School in the 1950s, the Market House has been home to many.

But its longest tenant was the S. Kantor Sewing Company that operated in the building from the 1930s until the late 1990’s. Other tenants have included Parry Printing and the Lebanon Stamp and Coin.

The Farmers Market operated continuously at this location until the mid-1960s when it closed due to expansion of the sewing factory. In 2003, the Market House was purchased as part of a downtown revitalization plan and was beautifully restored and once again houses the Lebanon Farmer’s Market.

With such a long history, it is natural that many feel the spirits of the past are lingering inside. According to an article from the Lebanon Daily News, in 2011 the Quest Paranormal Society was brought in for an overnight investigation. Quest uses a variety of elements, such as video, audio and personal experience, to determine if paranormal activity is present at a location. A six-hour investigation and multiple pieces of evidence were found in both the mezzanine and the basement.

Whether the building is still home to five of the Blue-Eyed Six may be a matter of whether you choose to believe or not. Super-natural spirits aside, today the Lebanon Farmer’s Market boasts its own spirit – that of history, entrepreneurship, and strong sense of community. Come check it out for yourself. The Visit Lebanon Valley office will be open Tuesdays-Friday 10-4 or Saturdays 10-3. Visit our website at VisitLebanonValley.com for more information.
MWR PROGRAMS

Marketing
☎️ 717-245-4698

Corporate Sponsorship
☎️ 717-245-3777

Community Club
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
☎️ 717-861-2450

Community Club Catering
☎️ 717-861-2450

Box Car Coffee Shop
Mon–Fri 6–10 am
Drill Weekends 6–9 am
☎️ 717-861-2619 / 2450

Arrowheads Bar and Grill
Sun–Thu 11 am–10 pm,
Fri–Sat 11 am–midnight
☎️ 717-861-9481

Community Club Cafeteria
Mon–Fri 11 am–1 pm
☎️ 717-861-9482

DMVA Cafe
☎️ 717-861-2450

Recreation Center
Bldg. 13-190
Annville, PA 17003
Fri–Sun 6–10 pm
☎️ 717-861-2296

Leisure Travel Services
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
Thu & Fri 9 am – 1 pm
☎️ 717-861-3994

All-Army Sports Program
☎️ 717-861-2647

Blue Mountain Sports Arena
Call for classes available
Bldg. 4-117
Annville, PA 17003
Winter Hours Start Oct 5:
Mon–Fri 6 am–8 pm
Sat–Sun 8:30 am–8 pm
☎️ 717-861-2711

Warrior Fitness Center
Bldg. 12-99
Annville, PA 17003
Open 24/7 with access key
☎️ 717-861-9611

Sports/Racquetball Courts
*Reservations required
☎️ 717-861-2711

Outdoor Recreation
☎️ 717-861-2711

Stumps Garage, Inc.
☎️ 717-861-5440

KEY NUMBERS

Emergency
☎️ 911

Chapel
☎️ 717-861-2112

Credit Union
☎️ 717-865-6641

Veterans Affairs
☎️ 717-861-8902

Museum
☎️ 717-861-2402

ID Card Center
☎️ 717-861-8693

Judge Advocates
☎️ 717-861-8891

HRO/Employment/Jobs
Federal:
☎️ 717-861-8709

HRO/Employment/Jobs
State:
☎️ 717-861-6993

SATO Travel
☎️ 1-800-603-1993

Post Exchange
☎️ 717-861-2058

Barber Shop
☎️ 717-861-2058

Military Clothing
☎️ 717-861-2976

Subway
☎️ 717-865-1700

Tuition Assistance
☎️ 717-861-9238

Public Affairs
☎️ 717-861-8468

Police Department
☎️ 717-861-2727

Fire Department
☎️ 717-861-2111

Education Center
☎️ 717-861-9341

Emergency Relief
☎️ 717-861-8841

Medical Clinic
☎️ 717-861-2091

Range Control
Hunting & Fishing
☎️ 717-861-2152

MORALE WELFARE & RECREATION

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SINGLES AWARENESS DAY
NO DATE? CELEBRATE!

FEBRUARY 13, 2016
6 PM – MIDNIGHT
✦ MUSIC ✦
✦ FOOD SPECIALS ✦
✦ SPECIALTY DRINKS ✦

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Note: This section contains events and promotions for the Fort Indiantown Gap Community Club, including a singles awareness day event on February 13, 2016. The club offers music, food specials, and specialty drinks, and is open to the public. For more information, call 717-861-9481.
One special way the U.S. military provides travel value for the community is through the Armed Forces Recreation Centers (AFRC’s). These full-service resort hotels are Joint Service Facilities that provide quality, wholesome and affordable, family-oriented vacation and recreation opportunities to service members, their families, and other authorized patrons (including official travelers) of the Total Defense Force. Check out and consider one of these fabulous resorts for your next family vacation.

Garmisch, Germany - The Edelweiss Lodge and Resort is located in one of the most desirable destinations in the Bavarian Alps, the idyllic Garmisch-Partenkirchen area, nestled at the foot of sweeping Alpine vistas. Just 56 miles from Munich, 34 miles from Innsbruck, the Edelweiss Lodge and Resort is located in the heart of Europe providing recreation, sports, tours and lodging for our overseas American service members and their families.

For reservations or more information visit www.edelweisslodgeandresort.com.

Orlando, FL - Shades of Green® on Walt Disney World Resort is an Armed Forces Recreation Center located on the Walt Disney World® Resort in Orlando, Florida. Newly expanded it is a true resort destination offering an ideal mix of exceptional resort accommodations and friendly hospitality.

Located on a peaceful wooded setting, Shades of Green® features 586 oversized guest rooms, cascading waterfalls, lush tropical gardens, spectacular views from private patios and balconies amid stunning sunrises. With diverse dining options, championship golf, plenty of kid’s activities and a premier location on WALT DISNEY WORLD Resort, Shades of Green has all you are looking for in a totally relaxing vacation destination.

For reservations or more information visit www.shadesofgreen.org.
Waikiki, HI - The beautiful Hale Koa Hotel is nestled on a 72-acre tropical oasis fronting one of the finest stretches of beach in Waikiki. The Hale Koa also offers a multitude of entertainment opportunities beyond just “fun in the sun”.

You can enjoy top notch restaurants, shows and special events right on the property as well as The Point Fitness area where guests have an opportunity to keep up their fitness training while on vacation. If working out is not what you had in mind for your island vacation, The Hotel hosts Heaven on Earth Spa concessionaire offering poolside massages, facials and other body spa services for our guests.

A perfect blend of impeccable service and affordable prices makes the Hale Koa Hotel an unparalleled value for your next vacation experience.

For reservations or more information call 1-800-367-6027 or visit www.halekoa.com.

Yongsan, Korea - Dragon Hill Lodge is a U.S. Department of Defense owned hotel in Seoul, South Korea. It is co-located with, and is a part of, the Yongsan Garrison military community. The hotel features 394 rooms and suites, a conference center, three restaurants with a variety of cuisines, game room, a shopping area known as “Market Square,” and a complete world-class fitness center including saunas and pool.

Dragon Hill Lodge serves thousands of guests each year, all of whom are required to be active or retired military, DOD employees, or their family members. Rates vary by the rank and purpose of the visit however, the Lodge provides a great value compared to other hotels in the area.

For reservations or more information www.dragonhilllodge.com.

Tokyo, Japan - The New Sanno Hotel, situated in the heart of the exciting Tokyo, offers 149 luxurious rooms, a variety of accommodations and restaurants in a helpful, English-speaking environment. It offers a swimming pool, recreational facilities, a Navy Exchange, and other services designed specifically for military travelers. The New Sanno Hotel is available to active duty and retired U.S. military personnel eligible to use other Armed Forces Recreation Centers, as well as DoD civilian employees duty stationing in Japan, contractors on DoD orders to execute contracts for the U.S. Armed Forces stationed in Japan, US Embassy Tokyo personnel and individuals administratively attached to U.S. Embassy Tokyo.

The New Sanno Hotel delivers a tremendous value for travelers especially when compared to comparable hotels in the Tokyo area.

For reservations or more information, visit www.thenewsanno.com.
The month of January is a great time to try something new. There’s no better place to get started than the Trip Ideas on VisitCumberlandValley.com. Click on the “Trip Ideas” tab for suggestions of great things to do for families, couples, history buffs, outdoor enthusiasts, food and wine connoisseurs and more!

Each trip idea suggests great area attractions, shops and restaurants all based on your interests. A few you won’t want to miss this winter include the Murder Mystery Weekends at Allenberry, skiing at our state parks or Roundtop Mountain Resort, the Cumberland Valley Antique Trail and all the best places to find tea and cookies.

You can also view our Winter seasonal page at www.visitcumberlandvalley.com/ winter for a complete list of fun and cozy things to do this season including outdoor adventure, arts and culture and shopping opportunities.

Get inspired to try something new by reading local reviews and recommendations while discovering new things to see and do on the Cumberland Valley Blog, www.cumberlandvalleypa.com. Feel free to share your thoughts and comments on some of our blogger’s favorite shops, restaurants and attractions.

Welcome 2016 with an event in Cumberland Valley.

**Exploring Cumberland Valley**

**First Day Hike @ Kings Gap Environmental Education Center – Jan 1st**
Reserve to start the New Year on the right foot with an easy 1.5 mile hike on fairly level trails in the Pine Plantation. Learn about the park’s trail system and more hiking opportunities throughout the coming year. Waterproof footwear is recommended. Trekking poles will be available to use. Meet in the Pine Plantation parking lot. Registration is not required for this free hike. Leashed dogs are welcome. In the case of snow on the trails, snow shoes will be made available for use (limited sizes).

**First Saturday Art Show @ The Garden Gallery & Nancy Stamm’s Galleria – Jan 2nd**
The galleries will feature original paintings, drawings, ceramics, glass, jewelry and handmade cards. The artists featured on First Saturday will continue to be displayed through the end of the month.

**Christmas Fun “Rudolf Rides the Rails” @ Mechanicsburg Museum Association – Through Jan 16th**
Free family fun for children of all ages. Visit the Lionel train layout with push-button operated buildings. See the new Rudolf Village layout, vintage toys, dolls, and much more.

**Big Hands/Little Hands: Making an Easy Dinner @ The Kitchen Shoppe & Cooking School – Jan 9th**
Snowed in? Out of bread and rolls? No worries! Let’s make an easy dinner with homemade rolls right from the ingredients on hand in your pantry. Menu includes: Quick Homemade Hamburger Rolls, The Ultimate Meat-Free Burger (even the meat lovers will enjoy) and One-Skillet Side.

**A Creative Night Out: Matisse Cut Outs! @ Carlisle Arts Learning Center – Jan 21st**
The sensational Museum of Modern art show from last year inspires organic formed collage shapes of hand-painted paper! CALC’s Creative Night Out includes all materials and instruction, as well as refreshments, in a supportive and enjoyable atmosphere suitable for every experience level.

**Appalachian Audubon Society Presents: Raptor Migration @ Christ Presbyterian Church – Jan 21st**
Keith Bildstein, PhD, is Director of Conservation Science at Hawk Mountain, where he has been on staff since 1992. He is well known for his work in raptor migration and is currently conducting research on New World Vultures and Hooded Vultures in Africa. His book, Migrating Raptors of the World: Their Ecology and the Conservation, is the basis for his talk.

**Three Dog Night @ The Luhrs Center – Jan 30th**
Legendary music icons, Three Dog Night, celebrate their 4th decade bringing with them some of the most astonishing statistics in popular music. In the years 1969 through 1974, no other group achieved more top 10 hits, moved more records or sold more concert tickets than Three Dog Night.
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2015 was a year filled with special moments for Army Community Service. We celebrated our 50th Anniversary in July with a pool party and picnic and were so happy that you came to celebrate with us! In-processing the new US Army War College students gave us a great opportunity to meet the new Families that live and work at Carlisle Barracks. We hope we gave you a great introduction to the installation and the surrounding community. Throughout the year we planned various events to support our Military Families and Soldiers. In spite of colder weather, the Family Fun Fair held in celebration of Month of the Military Child was a great success. The weather didn’t keep you away and the kids really enjoyed the carnival games and bouncy houses last April.

Holiday Assistance and Toys for Tots programs filled our office with holiday cheer. Two new programs, Military Family Month Photo Shoots in November and a Sensitive Santa program held in early December were both popular and we hope to offer them again next year. As we look forward to 2016 we hope you will find your way to Army Community Service and say hello. We provide many individualized programs like Spouse Employment Assistance, Family Advocacy, Financial Programs, Consumer Awareness and Soldier for Life transition. We appreciate all of you who volunteered with us in 2015. The Army Family Action Workshop produced very relevant issues to submit to Department of the Army Headquarters. We look forward to serving you in 2016.
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MORALE WELFARE & RECREATION
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Letterkenny Army Depot Operator (Information)
☎ 717-267-8111

Driver Hotline Number
☎ 717-267-5220

Office of the Commander
☎ 717-267-8300

Tieman Child Development Center
☎ 717-267-5219

Parent Central Registration
☎ 717-245-3801

Public Affairs Office
☎ 717-267-9741

Police, Fire, Ambulance: Emergency
☎ 911

Police, Fire, Ambulance: Non-Emergency
☎ 717-267-9101

Security Office
☎ 717-267-8800

DOIM Technical/Hardware Support
☎ 717-267-8000

LEAD Quality Hotline
☎ 717-267-9693
or DSN 570-9693

CAC and Military ID Office
☎ 717-267-8751

EEO office and Sexual Harassment Hotline
☎ 717-267-8324

Letterkenny Munitions Center
☎ 717-267-8400

US Army Occupational Health Clinic
☎ 717-267-8017

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