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Carlisle Barracks to Trim Gym Hours
New Series Takes a Look at Carlisle Barracks History
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With brisk mornings and leaves just starting to change, it must be October in central Pennsylvania! Time for corn mazes, pumpkin carving and apple picking. Having spent time across the country, there is certainly no better time to be in PA than in the fall. There is so much to see and do, it can be difficult to get it all in just before winter sets in. Family and MWR is here to help you experience it all!

What better way to experience fall at Carlisle Barracks than to join us for the Annual Oktoberfest! This year's Oktoberfest will be held Thursday-Sunday, October 6-9 at The U.S. Army Heritage and Education Center. There will be fun for all ages with a terrific music line up of live-local entertainment. No Oktoberfest would be complete without the Happy Wanderers, the best of authentic German music. Please come out and join the Family and MWR team celebrating live-local entertainment and tons of food! A full schedule of entertainment, games and tapping of the Official War College MWR Brew. We will once again host the crowd loving competitions such as the Hot Dog Eating Contest, Kids Apple Pie Eating Contest, Keg Toss, Stein Holding Contest, Sauerkraut Eating Contest and even the Wife Carrying Contest. We hope to see you there!

If you are looking for places to go this October, our facilities here on Post offer a variety of trips and tours around the area. For you New York City explorers they also have Radio City “Rockettes” Christmas Show tickets available for purchase. Outdoor Recreation also has trips planned for those who love the outdoors. There are half day bike rides, kayaking trips to explore the beautiful scenery and even a day hiking trip with lunch provided. Spending time with your family is important to us in MWR and we love being able to plan trips for the whole family to enjoy. Making memories for your family is what we do!

Looking for ways to improve your community and services? The Army Family Action Plan is the Army’s primary tool to communicate to leaders issues of importance to Soldiers, Retirees, Family Members and Civilians. This gives leaders different perspectives of adjustments and improvements that will improve recruitment, retention and work-life satisfaction. You can submit issues at any time to the Army Community Service’s website at http://carlislebarracks.carlisle.army.mil/acs/forms/afap_request.cfm or give them a call, they are always willing to help! ACS is also seeking volunteers for a one day workshop in November to serve as delegates, recorders, facilitators, subject matter experts and event planners. Please call the Army Community Service AFAP Coordinator at 717-245-4357 to volunteer today.

Employee Spotlight

Dorian Finney

Being a native of Harrisburg, Dorian attended Indiana University of PA Academy of Culinary Arts obtaining a Associate’s Degree. After completing her internship with a well-known local caterer, she continued back to IUP to major in Dietetics. While studying, she learned her passion for catering was greater. She’s ecstatic to bring her love for entertaining and party planning to the LVCC. She can’t wait to share her passion and positive energy with the AWC.

What is Family and Morale, Welfare & Recreation?

In 1940 a branch within the Army was established known as the Morale Division which later became known as “Special Services.” Family and MWR is a group of men and women who provide support and leisure activities to our Soldiers (active duty, Reserve, and Guard) their Families, military retirees, and civilian employees. Currently working in Family and MWR are approximately 37,000 employees worldwide and their mission is to deliver quality programs to Soldiers and their Families.
On the Cover

Join First Choice magazine on a trip down memory lane as we begin a new series looking at local military history. Our first stop will be at the Hessian Powder Magazine Museum at Carlisle Barracks. One of the oldest buildings on the post, it was built in 1777. Be sure to take the time and walk through the museum and enjoy its rich history for yourself.

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MORALE WELFARE & RECREATION
DIRECTORY

MWR PROGRAMS
Directorate of Family & MWR
46 Ashburn Drive
Carlisle, PA 17013
Mon-Fri 7:30am-4:30pm ☎ 717-245-4332
Marketing ☎ 717-245-4533
Sponsorship and Advertising ☎ 717-245-3777
Finance ☎ 717-245-4696
Barracks Crossing
870 Jim Thorpe Road
Carlisle, PA 17013
Tue, Wed & Fri 10am-5pm
Thu 10am-8pm
Sat 9am-4pm
Closed Sat prior to a Mon Holiday
Auto Crafts
Mon-Fri 8am-5pm ☎ 717-245-3156
Auto Self Service
Mon-Wed, Fri 8am-5pm
Thu 8am-8pm
Sat 8am-4pm
Closes Sat prior to a Mon Holiday
Frame & Engraving ☎ 717-245-3319
Frame Studio - Self Help
Thu 1pm-8pm
Fri 10am-4pm
Sat 9am-4pm
Cost: $10 per unit
Strike Zone Bowling Center
686 Letort Lane
Carlisle, PA 17013
Bowling Hours of Operation:
(Winter Hours)
Sep 6, 2016-May 30, 2018
Mon-Fri 8:30am-9pm
Sat 1-9pm (except during Youth Bowling Nov-Mar 9am-9pm)
Sun 1-8pm
Carlisle Barracks Golf Course
901 Jim Thorpe Road
Carlisle, PA 17013
Mon-Sun 8am-4pm ☎ 717-243-3462
Golf Course ☎ 717-243-3262

Outdoor Recreation (ODR)
860 Sumner Road
Carlisle, PA 17013
Hours
May 1 - Oct 30
Mon 8am-5pm
Tue-Thu 9am-9pm
Fri 8:30am-5:30pm
Sat and Sun Closed ☎ 717-245-4616
Sports Director ☎ 717-245-4343/3906
Thorpe Hall Fitness
Mon-Fri 5am-7:30pm
Sat 7am-5pm
Sun 8am-5pm
Holidays Closed ☎ 717-245-3418
Root Hall Gymnasium
Mon-Fri 5am-6pm
Sat, Sun & Holidays Closed ☎ 717-245-4343/3906
Indian Field Fitness Center
Mon-Fri 5am-6pm
Sat, Sun & Holidays Closed ☎ 717-245-3535
Army Community Service
632 Wright Avenue
Carlisle, PA 17013
Mon-Fri 8am-4:30pm ☎ 717-245-4357
Family Advocacy Manager/
Exceptional Family Member
Mon-Fri 8am-4:30pm ☎ 717-245-3775
Consumer Affairs
Financial Asst. /AFTB/Army
Emergency Relief ☎ 717-245-4720
Employee Readiness/Transition
Assistance Program ☎ 717-245-3684
Army Family Action Plan/
Volunteer Manager ➓ 717-245-4357
Relocation, Mobilization &
Deployment ☎ 717-245-3685

19th Hole Snack Bar
Closes for Winter Oct 19th ☎ 717-245-3267
Child, Youth & School Age
Services
459 Bouquet Road
Carlisle, PA 17013
Mon-Fri 6:30am-6pm
CYS Division Chief ☎ 717-245-4283
CYS Central Registration
Mon-Fri 8am-5pm ➓ 717-245-3901
School Liaison Officer ➓ 717-245-4555/4638
Youth Center ➓ 717-245-4555
Youth Sports ➓ 717-245-4519
Child Development Center
455 Fletcher Road
Carlisle, PA 17013
Mon-Fri 6:30am-5:30pm ➓ 717-245-3701
Letort View Community Center
313 Lovell Avenue
Carlisle, PA 17013
Mon-Fri 8:30am-5:30pm ➓ 717-245-3684
Pershing Tavern
Wed-Thu 4-10pm ➓ 717-245-4450
Letort View Catering
Tue-Fri 9am-4pm ➓ 717-245-3960/4049
Joint Deli (Army War College)
Mon-Fri 7am-2pm ➓ 717-245-4883
USAHEC Catering ➓ 717-243-3099
Café Cumberland
950 Soldiers Drive
Carlisle, PA 17013
Mon-Sat 10am-2pm ➓ 717-245-3377
Leisure Travel Services
842 Sumner Road
Carlisle, PA 17013
Mon-Fri 9am-4:30pm ➓ 717-245-4048

KEY POST NUMBERS
Emergency ➓ 911
Post Operator ➓ 717-245-3131
Chapel ➓ 717-245-3318
Civilian Personnel / Jobs ➓ 717-245-3923
Commissary ➓ 717-245-3105
Members 1st Credit Union ➓ 717-245-3900
Dental Clinic ➓ 717-245-4542
Dunham Health Clinic ➓ 717-245-3400
Education Center ➓ 717-245-3943
ID Card Center, Military ➓ 717-245-3533
Legal Office ➓ 717-245-4940
Movie Theater, Reynolds ➓ 717-245-4108
Optical Shop, PX ➓ 717-249-5150
Police Desk ➓ 717-245-4115
Post Exchange/Class VI ➓ 717-243-2463
Post Lodging ➓ 717-245-4245
Post Office, USPS ➓ 717-258-1930
Sexual Assault Hotline ➓ 1-800-656-4673
Motorcycle Registration ➓ 717-245-4115
Cleaning, Tailoring, Shoe Repair ➓ 717-258-1857
Vet Clinic ➓ 717-245-4168

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Nov 3 & Dec 1

• Create a fun painting - no art skills required!
• Easy, step-by-step instructions from our trained artist!
• Full food and bar menu available for purchase

More Info: 717-3940/4949
www.CarlisleMWR.com • @CarlisleViewCatering
Buy your tickets online now! www.amuseduncorked.com/events/classes

BASIC BIKE MAINTENANCE CLINICS
AT OUTDOOR RECREATION

Join us for this information class on basic bike maintenance and adjustments for only $20 per person!

One class each month through December. Check our website or Facebook page for clinic dates and times.

245-4816 • www.CarlisleMWR.com • @CarlisleOutdoorRec

Carlisle Barracks • Sports Thanksgiving
5K DRUMSTICK DASH FUN RUN
NOV 12 | REGISTER @ 8AM • RACE @ 9AM

Register at the following locations before Nov 9 to save on registration fee:
Jim Thorpe Fitness Center, Root Hall Gym, Indian Field Fitness Center or McConnell Youth Center

INFO: 245-3968
WWW.CARLISLE.MWR.COM • CARLISLE.MWR

SAT. OCT 22ND | DULLES AIRPORT | $26 P/P AGES 3+
INCLUDES TRANSPORTATION (MWR BUS) AND BUS CAPTAIN. BUS DRIVER TIP NOT INCLUDED
REGISTRATION REQUIRED BY OCT 7TH
WWW.CARLISLE.MWR.COM • IFP SOUNDS COUNT TIX

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• Less than .2 miles from the gate
• FREE shuttle within Carlisle
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FAMILY AND MORALE, WELFARE & RECREATION
Dear Legal Eagle:

I just signed a year-long lease to a beautiful ranch-style house. We loved it at first, but with all the recent rains, the basement keeps flooding and my storage boxes are destroyed. I have notified my landlord on multiple occasions but all she tells me to do is mop it up and put my boxes on pallets. Since she is not being responsive, can I break my lease? It’s really getting bad; the boxes are getting mildew and I start wheezing whenever I go down there.

Sorry you are experiencing water problems! A leaky or flooding basement alone may not be enough to break your lease, despite the issues you are experiencing. Check your rental agreement—is there a provision which deals with the landlord’s responsibility to maintain the pipes and proper drainage? Is your basement furnished such that it is considered ‘living space’? Then maybe the implied warranty of habitability comes into play and the landlord would have to address the mold issue for health reasons. Basically, the implied warranty of habitability means that the premises you rent must be safe and sanitary. You should inform the landlord in writing about your concerns and give them a reasonable amount of time to fix the situation. If the landlord does not respond or the problem persists, further document and follow up. Some issues are serious enough that you may be able to get the issue repaired yourself and deduct the cost from your next rent payment, or break the lease. But this is a serious step and you should definitely seek legal advice before taking such course of action.

------------------------

Dear Legal Eagle:

There is a person in my neighborhood who walks his dog every night by my house. Some nights, either because he thinks it’s funny or some other nefarious purpose, he chucks the doggie bag of his dog’s “business” onto my lawn and keeps walking. It’s been happening off and on for weeks, and last week I finally caught it on surveillance camera. What are my options?

Well, it’s certainly a bad joke. First, I think you write him a letter asking him to stop and letting him know you are aware it’s him because of recorded evidence. It sounds unlikely, but perhaps he may not know it’s your property. If he does not respond to your personal pleas, then you should look into contacting the authorities with your video evidence. It sounds like he might be committing a summary offense, which could result in a fine at least. It may make him think twice about his funny prank.

Legal Eagle is brought to you by the Carlisle Barracks Legal Assistance Office (717) 245-4940; Alycia Marie Stokes, intern, and CPT Katie Dang, Judge Advocate. The information contained herein is provided for informational purposes only and should not be construed as legal advice.
SPORTS – ☏️ 245-3906

Strength for Wisdom. U.S. Army War College and Carlisle Barracks
Upcoming Events:

WELLBEATS: Now available at the Thorpe Fitness Center!
WELLBEATS provides a personalized approach to group fitness – giving
group leaders the right program variety and tools they need to reach
their goals, regardless of their schedule, fitness ability or workout
preferences.

Tae Kwon Do: Tue & Thu from
4:30-6pm. Ages 13-Adult (11-12 w/ parent) $15 per person a month.
Instructor John Cerfiko, 7th Degree Black Belt.

Cardiovascular Workout with
some Insanity: Tue & Thu from
6-7 pm. $5 per person. Instructor
John Cerfiko, 7th Degree Black Belt.

Run Carlisle Barracks: An
organized run will be held every
Sat at 7am. Train for 10 weeks and
be ready for the Army 10 Miler or
any 10 mile run! Register at the
Thorpe Fitness Center.

Fitness Classes: Thorpe Fitness
Center. TRX, TRX (for Adults over
8-11am. Adults $12. Kids (5-10) $6
& 4 and under Free. Reservations
required by noon Dec 14.

BARRACKS CROSSING FRAME
STUDIO – ☏️ 245-3319

Beginner Framing Classes: Call for
dates and times. Learn to frame
your artwork (max. four per class).
Cost: $50 (all supplies included).

Adult Pastel Portrait Class: 4
classes being offered on Thu from
5-7pm. Cost: $150 (all supplies
included in price).

BARRACKS CROSSING AUTO
SHOP – ☏️ 245-3156

Automotive Detailing: Stop by and
try our auto detailing service with
three packages to choose from.
Call for an appointment.

LEISURE TRAVEL SERVICES
☎️ 404-4084/3309

GET YOUR TICKETS AT THESE
GREAT LOCATIONS:

Carlisle Barracks - 842 Summer
Road (located beside Commissary)

Fort Indiantown Gap Community
Club - 9-65 Fisher Ave

Tickets available: Baltimore
Aquarium, Disney Military Salute,
Universal Military Promo buy 1 day
get 2nd day FREE tickets, Legoland
buy 1 day get 2nd day FREE, Busch
Gardens, SeaWorld and lots more
all over the US available.

FAMILY AND MORALE, WELFARE & RECREATION

LERTOS VIEW COMMUNITY CENTER (OPEN TO THE PUBLIC)
☎️ 245-4329

Pershing Tavern: Open Wed-
Thur from 4-10pm. Tavern Menu
available from 5-9p. Open to the
Public.

Shuttle Bus available every Thur
from 5-10pm - call 717-226-3985
to schedule pick up

Pershing Tavern Entertainment:

October
Oct 20 – Rich Fehle 5-9pm Oct 27
– Brad & Lou 5:30-8:30pm

November
Nov 3 – Jack’s Back 5-8pm Nov 17
– Rich Fehle 5-9pm

December
Dec 1 – Brad & Lou 5-9pm

Sip and Paint: Nov 3 and Dec 1
Buy your tickets online now!
www.amuseduncorked.com/

Seafood Dinner Dance: Nov
4. Dinner buffet 5:30-7:00pm.
Entertainment provided by ‘DJ
Bob Foltz” 7-10pm. $29.95 per
person. Reservations required by
Oct 30.

Traditional Thanksgiving Feast:
Nov 24. Seating from 11am-
2:30pm. Adults $26.95, Kids (ages
5-12) $12.95 & 4 and under FREE.

Baltimore Aquarium Discount
Tickets: $27.95 Active Duty Military,
$33.95 Adults, $20.95 Children (3-
11) and $29.95 Senior (65+).

Udvar-Hazy Center/Smithsonian
National Air and Space Museum:
Oct 22. $26 p/p ages 3+. Children
2 & under free (must be on lap).
If a seat is required, cost is $26. Must
Register by Oct 7.

The Amish Experience: Oct 29.
Adult $65/Child 2-12 $53. Must
register by Oct 11. Price includes:
Transportation, Bus Captain,
‘Jacob’s Choice’ Movie, Amish
Country Homestead, the full
Plain & Fancy traditional meal and
professional step-on guide service
on your bus for all stops.

Ground Zero Memorial Park and
Museum: Nov 5. Adults: $102,
Veterans/Seniors 65+/College: $96;
Youth 7-17: $93. Must
register by Oct 1. Price includes:
Transportation, admission to
Ground Zero Memorial Museum
and 60 minute tour and bus leader.

Sight and Sound Theater –
SAMSON: Nov 12. Adults $88,
Children 4-10 $42 and 3 and under
$17 (not recommended). Includes
Roundtrip bus transportation, bus
captain and show ticket. Must
register by Oct 18.

Koziers Christmas Village: Nov
18. Children 3 and under $8.00,
Children (4-10) $17.00. Adults (11-
64) $19.00 and Seniors 65+ $18.00.
Must register by Nov 7.

Army/Navy Football Game:
Dec 10 at M & T Bank Stadium,
Baltimore, MD. Tickets Only
$93.50/Coach Transportation $40.
Payment in Full NLT Oct 15.

NYC Radio City Christmas
Spectacular “Rockettes” or
Day on Your Own: Dec 3.
Transportation & Show $189.
Transportation Only $60. Register
by Nov 28
NYC Radio City Christmas Spectacular

BOWLING – ☎️ 245-4109
Birthday Parties: Celebrate your birthday with us! Enjoy bowling, food and friendship while leaving the set-up and cleaning to us. Enjoy FREE WiFi while visiting us!
Cosmic Bowling: Every Saturday from 7-9pm. $9 per person. Top 40 Hits – Bowling - Cosmic Lights! Call to reserve your lane(s).
Youth League 2016-2017: Saturday mornings beginning Nov 6 from 10am-Noon! Sign-ups will be held Oct 29 from 10am-Noon. Open to all youth ages 6-18. USBC sanctioned league. Sign-up fee $35 (includes USBC sanctioning fee for awards) and cost per week $9.
Fall Saver Card: Sep 1 – Nov 30. 25 games for $25 + one pair of rental shoes! Each additional shoe rental will be $2 per pair.

GOLF – ☎️ 243-3262
Play & Ride/Weekday Special: Mon-Thu, 12-4 pm. $24 p/p. 18 Holes. Must call for tee time.
Open Golf and Driving Range: Open Mon-Fri, 7am-dusk and Sat-Sun 6am-dusk.
Golf Lessons: Lessons conducted by LPGA Teaching Professional Kathy Chambers and PGA Pro Terry Myers.

OUTDOOR REC – ☎️ 245-4616
MUST REGISTER ONE WEEK PRIOR FOR ALL EVENTS
Bike Maintenance Clinic: Oct 3 & 26 from 6-7pm at ODR. $20 per person.

Fall Hike and Lunch: Oct 15, 17, 19, 23 & 29 from 10am-2pm. $25 per person.
Mountain Biking: Oct 21 from 10am-3pm. $30 per person.
Fall Color Bike Ride: Oct 16 & 28 from 10am-2pm. $25 per person.
Lehigh Gorge Bike Ride: Oct 22 from 8am-6pm. $45 per person.
Training Hikes: Nov 1, 12, 16 & 19 from 10am-2pm. $10 per trip or get a Hiking Club Membership for $45 per month.
Ultralight Backpacking Clinic: Nov 10 and Dec 7 from 5-6pm at ODR. $20 per person.

CHILD YOUTH AND SCHOOL SERVICES
McConnell Youth Services – ☎️ 245-4555
Halloween Parade & Costume Contest:
October 31, 4:30pm, Indian Field
Trick-or-Treat: October 31, 6-8pm, On the Barracks
Moore CDC – ☎️ 245-3701
School Liaison Office – ☎️ 245-4638
School Age Care Programs – ☎️ 245-4555
Middle School & Teen Programs – ☎️ 245-4642
Visual Art Club – Every Wednesday, 5pm
Youth Sports & Fitness – ☎️ 245-3354

UPCOMING EVENTS:
Christkindlesmarkt: Dec 3 at U.S. Army Heritage and Education Center
Tree Lighting: Dec 7

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By the middle of the 18th century, German immigrants occupied a central place in American life. Germans accounted for one-third of the population of the American colonies, and were second in number only to the English. The German language was widely spoken in nearly every colonial city.

German immigration boomed in the 19th century. Wars in Europe and America had slowed the arrival of immigrants for several decades starting in the 1770s, but by 1830 German immigration had increased dramatically. Once established in their new home, these settlers wrote to family and friends in Europe describing the opportunities available in the U.S.

As Germans became one of the predominant immigrant groups of the 19th century, it was only natural that they would come to have a powerful influence over the development of American culture. Some German contributions to U.S. life are easy to pinpoint — sauerkraut, for example, or the tuba, or the national fondness for beer. However, the German influence on life in the United States runs much deeper, influencing many of the institutions, traditions, and daily habits that many today think of as being American.

For example, the U.S. education system would be unrecognizable without ideas championed by German immigrants. German culture has long cultivated a strong commitment to education, and Germans brought this dedication with them to their new home. In 1855, German immigrants in Wisconsin launched the first kindergarten in America, based on the kindergartens of Germany. Germans introduced physical education and vocational education into the public schools, and were responsible for the inclusion of gymnasiums in school buildings. More important, they were leaders in the call for universal education, a notion not common in the U.S. at the time.

It may even be argued that Germans invented the American weekend. Before the arrival of the Germans, many communities in the American colonies observed the sabbath, with an emphasis on rest and family time spent at home. Germans, however, had a long tradition of organized Sunday recreation. After the arrival of German immigrants, new large-scale recreational facilities began to appear in U.S. towns — picnic grounds, bandstands, sports clubs, concert halls, bowling alleys, and playgrounds, all suitable for a weekend excursion with the family. Anyone who uses one of today’s theme parks, civic orchestras, swimming pools, or urban parks owes a debt to the German passion for recreation.

Many traditions that we think of as being fundamentally American, were either introduced or popularized by German immigrants in the 19th century. We can thank German immigrants for the Christmas tree, Santa Claus, and the Easter Bunny.

For more than a century, hundreds of thousands of the newest German immigrants made their way to America’s farm country, where they helped form the backbone of the nation’s agriculture. As previous generations of Germans had before them, these immigrants made their homes on the outskirts of European settlement, where land was affordable.

Even while German farmers were moving west, the urban German American population was growing as never before. Skilled German workers rolled into American cities during the 19th century, bringing with them specialized skills from their homeland. German Americans were employed in many urban craft trades, especially baking, carpentry, and the needle trades. Many German Americans worked in factories founded by the new generation of German American industrialists, such as John Bausch and Henry Lomb, who created the first American optical company; Steinway, Knabe and Schnabel (pianos); Rockefeller (petroleum); Studebaker and Chrysler (cars); H.J. Heinz (food); and Frederick Weyerhaeuser (lumber).
10: CHICKEN FRIED STEAK
If you’ve been to the South you’ve probably seen chicken fried steak on the menu. Did you know that it originated in the Lone Star State and has German roots? German immigrants brought the dish wiener schnitzel to the area, and it morphed into what we now call chicken fried steak.

9: THE THREE RING BINDER
Just about everyone in America has used a three ring binder, especially during their high school and college days. This invention comes to us from Friedrich Soennecken. It was invented in Bonn, Germany in 1886, the same year he patented the three hole punch!

8: THE GINGERBREAD HOUSE
The gingerbread house first appeared in the Grimm’s Fairy tale, Hansel and Gretel. The book was produced as a German opera by the same title. The opera was usually produced during the holidays and it became a tradition for the German opera houses to display a gingerbread house in the lobby. The tradition spread from there to bakeries and eventually into homes.

7: ADVENT CALENDARS
The first printed Advent calendars appeared in the early 20th century. Gerhard Lang produced the first calendars in Germany and several years later he decided to add little doors that would open to reveal the date or a scripture. Candies and treats were not added to the calendars until after World War II.

6: CHRISTMAS TREES
Although there is documentation that Christmas trees were first used in present day Estonia and Latvia, it was the Germans who really started the whole decorating tradition. Originally trees were dressed with wax candles, fruits and trinkets. The idea eventually began to spread when royal families from neighboring countries started joining in the tradition.

5: THE EASTER BUNNY
The Easter Bunny first appeared in 16th century writings in Germany. In the 1700s, Pennsylvania Dutch settlers brought the tradition of the Easter Bunny with them to the new world. Their children believed that if they were good, the Easter bunny would come and lay eggs and treats into nests the children made out of upturned hats and bonnets.

4: THE BRIDAL CHORUS
It’s the song most brides walk down the aisle to and it is credited to Richard Wagner’s 1850 opera Lohengrin. Another popular wedding song is the Wedding March composed by Felix Mendelssohn, from A Midsummer Night’s Dream. It’s often used as the recessional at weddings.

3: THE MOBILE HOME
The pre-fabricated home was invented by Warner Sell of Berlin. After WWII, there was a need for places to house the U.S. forces occupying the area. Sell’s company manufactured over 5000 prefabricated houses.

2: THE DISNEY CASTLE
Walt Disney made a career “borrowing” from German culture. The success of Cinderella, Rapunzel, Sleeping Beauty and Snow White would not have happened without Grimm’s Fairy Tales. Cinderella’s castle, as iconic as Mickey Mouse, is a close replica of the Neuschwantstein Castle in Bavaria.

1: THE ALL-AMERICAN HOT DOG
This universally popular food is based on the Frankfurter, a pork sausage that originated in 13th century Germany. Don’t forget the condiments! Whenever you use Heinz ketchup or Hellman’s mayonnaise, you are enjoying the products of companies founded by German immigrants.
As the U.S. Army and Installation Management Command face a changing environment, one characterized by reduced resources, leaders at Carlisle Barracks are committed to preserving quality of life on the installation despite constraints affecting military morale, welfare and recreation programs.

Since 1989, U.S. Congress has appropriated funds to cover Family, Morale, Welfare and Recreation programs with a direct link to readiness, including fitness centers. Recreational programs across the Army will be reduced by $105 million in fiscal year 2017. Carlisle Barracks’ share will be a $192,000 reduction which equates to approximately 15 percent of the appropriated funds from previous years.

Army facilities such as outdoor recreation, auto skills, travel offices, arts and crafts, bowling and child and youth programs are less directly related to readiness and receive a lower authorization of appropriated funds and typically must cover the majority of their cost with user fees. Other programs, such as golf courses and clubs must be self-supporting with user fees covering all costs.

During the last few weeks, Carlisle Barracks leaders closely scrutinized all MWR programs to determine how to address the shortfall. Facility and program utilization were analyzed with a focus on meeting the needs of the Carlisle Barracks community.

“It’s of critical importance to the command at Carlisle Barracks to continue offering quality services from MWR that you’ve come to expect for you and your families,” said Lt. Col. Greg Ank, Garrison Commander, when speaking of the reduction in funding. “We have taken a hard look at usage rates and our most popular activities to ensure we continue to serve you the best we can with the resources we maintain.”

Ank said he was proud of the programs offered by MWR and thanked the community for helping to sustain them.

Following the re-balance of MWR’s appropriated funds, there have been changes to the hours of operations for the three on-post fitness centers. The Indian Field and Root Hall gyms will close an hour earlier during the week and will be closed on weekends. The changes create an anticipated $53,000 in savings in manpower costs.

Effective Oct. 1, the following changes will be in effect:

INDIAN FIELD FITNESS CENTER
Open Monday-Friday, 5 a.m. to 6 p.m.
Closed on weekends

ROOT HALL GYM
Open Monday-Friday, 5 a.m. to 6 p.m.
Closed on weekends

THORPE HALL GYM
Open Monday-Friday 5 a.m. to 7:30 p.m.
Saturday 7 a.m. to 5 p.m.
Sunday 8 a.m. to 5 p.m.

Additionally other business decisions were made internally to reduce costs. DFMWR is also exploring the implementation of user fees for fitness classes, much like exists off-post. More information will be made available before the new fee schedule is implemented. It is expected to take effect in early 2017.

For more information on how the cuts affect IMCOM installations nationwide watch the video from Lt. Gen. Kenneth Dahl, IMCOM Commander at https://youtu.be/JyDT0qgdXEc
Thorpe Fitness Center Schedule 717-245-3418
Thorpe Hall is available for use by active duty, retired military and their authorized family members, DA civilians, Reserve and National Guard personnel, DoD contracted employees, technical representatives, and employees of military banking facilities and credit unions. Classes subject to change without notice.

1. 0700 - Run CBKS (Brian)
   2. 0700 - Performance Fitness (Brian)
   3. 0700 - Body Blast (Brian)
   4. 1015 - Yoga Tune Up (Linda)
   5. 1200 - Barbell 30 Min Workout (Brian)
   6. 1630 - Spin (Kelli)

4. 0600 - Intro to Performance Fitness (Jess/Brian)
   5. 0900 - Zumba (Regina)
   6. 1000 - TRX for Adults over 40 (Brian)
   7. 1200 - Spin (Brian)
   8. 1630 - Hybrid boot camp (Brian)
   9. 1630 - Tae Kwon Do (John Cerifko)

7. Training Holiday
   9. Columbus Day

10. 0600 - Intro to Performance Fitness (Jess/Brian)
     11. 0900 - Body Blast (Brian)
     12. 1015 - Yoga Tune Up (Linda)
     13. 1200 - Barbell 30 Min Workout (Brian)
     14. 1630 - Spin (Kelli)

15. 0600 - Performance Fitness (Brian)
     16. 0900 - Zumba (Regina)
     17. 1000 - TRX for Adults over 40 (Brian)
     18. 1200 - Spin (Brian)
     19. 1630 - Hybrid boot camp (Brian)
     20. 1630 - Tae Kwon Do (John Cerifko)

21. 0600 - Performance Fitness (Brian/Jess)
     22. 0900 - Body Blast (Brian)
     23. 1015 - Yoga Tune Up (Linda)
     24. 0600 - Performance Fitness (Brian)

25. 0900 - Zumba (Regina)
     26. 1000 - TRX for Adults over 40 (Brian)
     27. 1200 - Spin (Brian)
     28. 1630 - Hybrid boot camp (Brian)
     29. 1630 - Tae Kwon Do (John Cerifko)

30. 0600 - Performance Fitness (Brian)
     31. 0900 - Body Blast (Brian)
     32. 1015 - Yoga Tune Up (Linda)
     33. 1200 - Barbell 30 Min Workout (Brian)

34. 1630 - Spin (Kelli)

35. 0600 - Performance Fitness (Brian/Jess)
     36. 0900 - Body Blast (Brian)
     37. 1015 - Yoga Tune Up (Linda)
     38. 1200 - Barbell 30 Min Workout (Brian)
     39. 1630 - Spin (Kelli)
HAPPY HALLOWEEN!

COFFEE/GOODIES & HALLLOWEEN PARADE - INDIAN FIELD
6:30 p.m. Costume Judging and Parade Line up
5:00 p.m. Parade Start
5:30 p.m. Prizes awarded for Most Creative, Spookiest/Costliest,
Pop Culture, Cutest, Best Pet, and Best Family
TRICK-OR-TREATING ON POST - 6 - 8 P.M.
MIDDLE SCHOOL & TEEN HALLOWEEN PARTY - 6 - 8 P.M. AT MCCONNELL YC
FREE & open to grades 6 - 12. Come in your favorite costume!
Music, Snacks, & Halloween Games! Must be a registered CYSS member to attend.
(717) 245-4535 | www.carislemwr.com | @carislemwr

SUNDAY, OCT 31

BREAKFAST WITH SANTA
Letten Vew Community Center - Carlisle Barracks
Open to the public!
Sun, Dec 18 | 8 - 11 A.M.
Age 11+: $12 | Age 5-10: $6 | 4 & Under: Free
Reserve seats by Dec 14. Call 245-3900/4049
Menu available online at www.carislemwr.com
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SEPTEMBER 15: BRAD & LOUI 5:30-8:30PM
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OCTOBER 20: RICH FEHLE 5-9PM
OCTOBER 27: BRAD & LOUI 5:30-8:30PM
NOVEMBER 3: JACK’S BACK 5-8PM
NOVEMBER 17: RICH FEHLE 5-9PM
DECEMBER 1: BRAD & LOUI 5-9PM
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WWW.CARISLEMWR.COM | OPEN TO THE PUBLIC
'What’s the story with…?' is a phrase commonly heard at Carlisle Barracks. With more than 50 buildings in the National Historic Register, the post has a history unlike many others.

Kicking off the series is a look at the oldest building on post, the Hessian Powder Magazine.

During the Revolutionary War, the British government hired Hessian soldiers from German speaking states in Europe to fight in America. Following the American victory at the Battle of Trenton in December 1776, General Washington and his men took several Hessian soldiers prisoner. Some of these Hessian prisoners were sent to Carlisle to provide labor. It is thought that about 40 of them built the Hessian Powder Magazine in 1777.

The structure is 70 feet x 22 feet and is made of limestone with brick-lined interior walls which are four feet thick. It has a vaulted stone roof covered by timbers and tin. Within the building are three main rooms and four cells on the west end of the building. The doors to the cells are thought to be from around the late 1700s.

Though this building was constructed for the purpose of storing sulfur, brimstone, and other explosive materials, the building has served many purposes throughout its history. After the War of 1812, this original usage continued, but the building was refitted with vaulted brick ceilings, traversed entrances, ventilation shafts, and lightning rods, to make it safer to store highly flammable supplies. By the 1830s, the Hessian Powder Magazine took on its new name of “Hessian Guardhouse,” along with its new function as a guardhouse for the Cavalry School, which operated on Carlisle Barracks from 1838-1871.

During the Carlisle Indian Industrial School days selected students received law enforcement training at the guard house and eventually used those skills at the new entrance to post, located on Pratt Ave, near the Letort Spring Run.

In 1948, the Hessian Powder Magazine became the Hessian Powder Museum and was opened to the public, a function it still holds today. Inside you will find static displays that highlight all of the major eras of Carlisle Barracks history. What buildings would you like to learn more about? Send an email to usarmy.carlisle.awc.mbx.atwc-cpa@mail.mil with the Subject Line: “What’s the story with?” and we’ll include in an upcoming edition.
Sign up as a Human and experience the thrill of running from the blood-thirsty Undead. Or sign up as the Undead and do your best to keep the Humans from reaching the finish line unscathed. Humans will make their way around the path at the U.S. Army Heritage and Education Center and Carlisle Barracks Golf Course trying not to be “caught” in the Undead Zones. Undead participants can do their own makeup or sign up to have it done on race day morning. Space is limited so get your time slot today!

The race will be held in conjunction with Oktoberfest.

Register online today at carlislefamilyymca.org!

REGISTRATION FEES
Early Registration (Aug 1 - Sept 1, 2016)
Humans = $25 | Undead (own makeup) = $20 | Undead + makeup = $30
Late Registration (Sept 12 - Oct 6, 2016) — REGISTER BY SEPT 21 TO GUARANTEE A SHIRT!
Humans = $30 | Undead (own makeup) = $25 | Undead + makeup = $35
Race Day Registration (Oct 7-9, 2016)
Humans = $35

Which team will you choose?

TEAM HUMAN vs. TEAM UNDEAD

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Cumberland Valley is a great place to experience all things fall. The harvest season is a wonderful time to visit for people of all ages. Our fall festivals celebrate the season with food, music, crafts and family fun.

Discover a collection of our festivals and other fun events below. Find a complete list of events and other things to see and do at VisitCumberlandValley.com.

**Celebrate American Craft Week – Oct. 1-16**
Cumberland Valley businesses will be celebrating American-made craft the first two weeks of October. Over 30 events will be held ranging from demos, workshops and hands-on art seminars. View the full events list at VisitCumberlandValley.com/Craft.

**Corn Maze @ Paulus Orchards – through Oct. 30**
The theme of this year’s corn maze is “Linus and Charlie Brown in the Pumpkin Patch.” You can also pick your own apples and pumpkins.

**Fall Fun at Paulus Farm Market – through Nov. 18**
Enjoy the fall fun fort featuring corn and soybean boxes, bouncy horses, mini maze, slides and more. The outdoor hay play is filled with straw bales, tires and tubes for exploring. On the weekends, enjoy hayrides, the corn maze, pumpkin picking and pumpkin chunking.

**Fall Harvest Days @ Ashcombe Farm & Greenhouses – Oct. 1-2, 7-10, & 14-30**
Activities, for all ages including farm animals, hay slide, corn maze, hay jump, corn box, tunnels, field games, pick-your-own pumpkins and horse drawn hayrides.

**Garden Harvest Day @ Kings Gap – Oct. 2**
Enjoy leaf printing, apple cider pressing, pumpkin painting, children’s games and crafts, hay rides, mansion and garden tours, craft vendors, food stands, and live music.

**Oktoberfest @ USAHEC – Oct. 6-9**
Join the Carlisle Barracks for a good time filled with entertainment, games, activities and the unveiling of the official brew of the Army War College.

**Pennsboro Pumpkin Fest @ Adams Ricci Community Park – Oct. 8-9**
A two-day community event featuring crafts, food, games, contests and entertainment.

**Covered Bridges, Cemeteries, & Fall Foliage Tour – Oct. 13**
A trip through Perry County to see four covered bridges, talk about local cemeteries in the area, and experience the brilliant colors of fall.

**Fall Furnace Fest @ Pine Grove Furnace State Park – Oct. 15-16**
This event features food and craft vendors, live music, environmental education programs, hayrides, pumpkin carving, scarecrow making, kid’s crafts and campsite decorating.

**Halloween Heritage and Moonlight Walk @ Kings Gap – Oct. 18**
In this program intended for adults, come find out the history behind Halloween, followed by a walk in the moonlight.

**Silver Spring Township Fall Festival @ Stony Ridge Park – Oct. 22**
Nearly 100 vendors will share their arts and crafts project.

**A Hauntingly Delightful Halloween Tea @ The Rosemary House – Oct. 23-30**
Clever culinary artist, Nancy Reppert, will create a delightful afternoon tea party for you to enjoy with your family and friends. Costumes encouraged.
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☎ 717-267-9741
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☎ 717-267-9101
Security Office
☎ 717-267-8800

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☎ 717-267-8000
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or DSN 570-9693
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☎ 717-267-8751
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Community Club Catering
☎ 717-861-2450

Box Car Coffee Shop
Mon-Fri 6-10 am
Drill Weekends 6-9 am
☎ 717-861-2619 / 2450

Arrowheads Bar and Grill
Mon-Thu, 11am-10pm
Fri, 11am-Midnight
Sat, 4pm-Midnight
Sun, 4-10pm
☎ 717-861-9481

Community Club Cafeteria
Mon-Fri 11 am-1 pm
☎ 717-861-9482

DMVA Cafe
☎ 717-861-2450

Recreation Center
Bldg. 13-190
Annville, PA 17003
Fri-Sun 6-10 pm
☎ 717-861-2296

Leisure Travel Services
Bldg. 9-65 Fisher Avenue
Annville, PA 17003
Thu & Fri 9am - 1pm
☎ 717-861-3994

All-Army Sports Program
☎ 717-861-2647

Blue Mountain Sports Arena
Call for classes available
Bldg. 4-117
Annville, PA 17003
Winter Hours Start Oct 5:
Mon-Fri 6 am-8 pm
Sat-Sun 8:30 am-8 pm
☎ 717-861-2711

Warrior Fitness Center
Bldg. 12-99
Annville, PA 17003
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Sports/Racquetball Courts
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☎ 717-861-2976

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The Community Club at Fort Indiantown Gap is open to the public and offers a charming venue for your next wedding, anniversary, conference, retirement ceremony, or other special occasion. It features plenty of flexible meeting/banquet space with a dedicated professional catering staff, creative cuisine, and superb service.

We understand choice of venue is one of the most important decisions you will make in preparation for your event. Let the Fort Indiantown Gap Community Club provide the attention, service, flexibility, affordability, and individualism you deserve.

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As always, Service with a smile...

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We understand choice of venue is one of the most important decisions you will make in preparation for your event. Let the Fort Indiantown Gap Community Club provide the attention, service, flexibility, affordability, and individualism you deserve.

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Seattle’s Best Coffee + Breakfast Sandwiches + Freshly Baked Goods
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Arrowheads Bar & Grill
Mon-Thu, 11am-10pm
Fri, 11am-Midnight
Sat, 4pm-Midnight
Sun, 4-10pm

Call ahead eat-in or take-out
717-861-9481
OPEN TO THE PUBLIC

EVENTS Arrowheads Bar & Grill/FTIG Community Club

Halloween Party, Oct 29, 8pm-Midnight, Costumes Encouraged
PA Generations Band, Nov 19, 8-11pm
Yuengs & Wings Tuesday Nights
Pair your wings with a pitcher of our Yuengling draft selections $10
Pizza Buffet Wednesday’s
11am-1pm
$7.95

Wednesday Trivia Nights
7-9pm
No Cover, Prizes, Open to the Public, Full Menu Available

Draught Friday’s
$2 off a pitcher
Domestic and Imported Draft Beer

Line Dancing
Every Tues & Every Other Sunday
54 per person
6-7pm – Lesson
7-9pm – All Request Dance Party
Open to the public & all ages
Dancing held in the Community Club Ballroom

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Shown on 13 HDTV’s
NASCAR
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Basketball
Hockey
…and much more!

UPCOMING EVENTS
Breakfast with Santa, Dec 10, 9am-Noon
New Year’s Eve Party, Hits of the Decades, Dec 31, Costumes Encouraged
Super Bowl LI Party, Feb 5, 2017
Fort Indiantown Gap Community Club: 717-861-2450

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NOVEMBER 24, 2016

Serving from
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FRESH SOUP, FRESH SALAD GREENS, & BREAD BAR STATION
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Carlisle Barracks
October 6th - 9th

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